



Table Runner & Placemats



Featuring the Autumn Meadow Collection by Duncan MacDougal
Shipping to stores June 2024



Finished Table Runner Size: 60 in x 22 ½ in (152.4 cm x 57.15 cm)

Finished Placemat Size: 19 ¼ in x 15 ½ in (48.895 cm x 39.37 cm)

Fabric Needed

3 Wishes® Autumn Meadow Collection

TABLE RUNNER:

- 1 ½ yards – Damask Flowers (22223-WHT-CTN-D)
- ⅔ yard – Fallen Leaves (22222-MLT-CTN-D) includes Binding
- ⅔ yard – Autumn Meadow Landscape (22219-MLT-CTN-D)
- ⅓ yard – Flowers of the Forest (22220-BLK-CTN-D)
- ¼ yard – Deer Friends (22221-GRN-CTN-D)
- 2 yards – Damask Flowers (22223-WHT-CTN-D) for Backing

PLACEMATS:

- 1 yard – Fallen Leaves (22222-MLT-CTN-D) includes Binding
- ½ yard – Damask Flowers (22223-WHT-CTN-D)
- ½ yard – Autumn Meadow Landscape (22219-MLT-CTN-D)
- ⅜ yard – Flowers of the Forest (22220-BLK-CTN-D)
- ¼ yard – Deer Friends (22221-GRN-CTN-D)
- 1 ½ yards – Damask Flowers (22223-WHT-CTN-D) for Backing

Not included in the 3 Wishes® Autumn Meadow Collection

- 1 yard – Solid White (½ yard each for Table Runner and Placemats)

Additional Supplies Needed:

- 68 in x 31 in (172.72 cm x 78.74 cm) Cotton batting for Table Runner and (4) 23 in x 19 in (58.42 cm x 48.26 cm) cotton batting for Placemats
- Piecing and sewing thread
- Quilting and sewing supplies
- Even-feed foot (optional for quilting)

Before You Begin

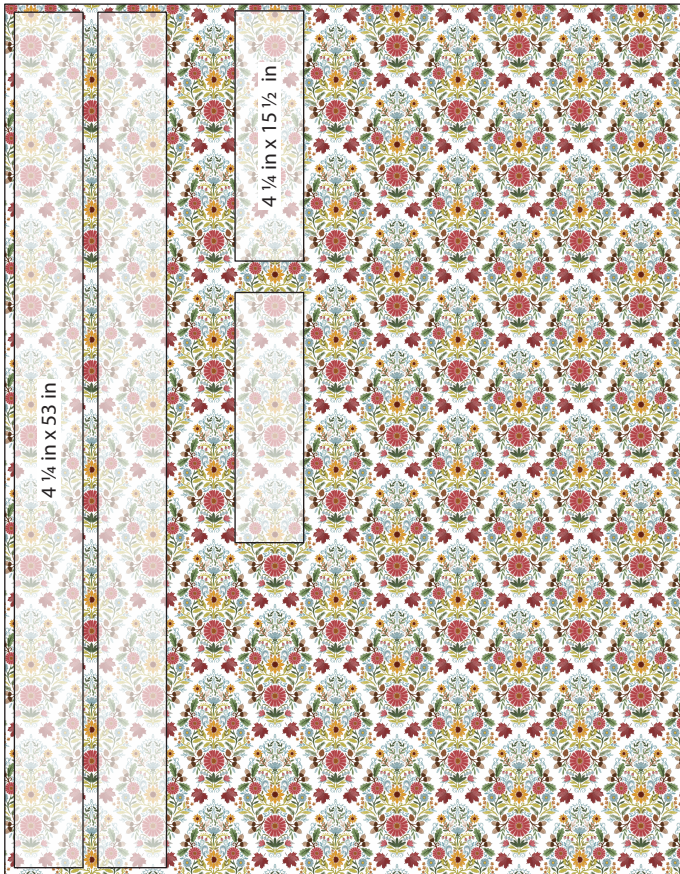
Read all instructions before beginning project. Do not pre-wash fabrics. Press fabrics with a dry iron on cotton setting before cutting. Use a ¼ in (6.35 mm) seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in the direction of the arrows. wof = width of fabric

Note: A printed panel may become slightly skewed during the finishing process. Check if panel is square before cutting by folding the panel so selvages meet. If all edges do not meet, pull firmly from corner to corner until the edges meet. Continue until all corners are square.

TABLE RUNNER

Cutting

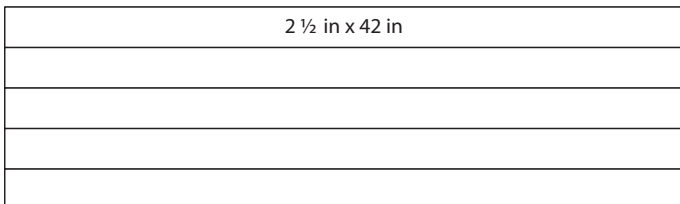
Use a rotary cutter and ruler to cut the size and number of squares and rectangles from each fabric listed below.



Damask Flowers (22223-WHT-CTN-D) – 1 ½ yds (137.16 cm x 106.68 cm)

Fussy Cut 2 – 4 ¼ in x 53 in (10.80 cm x 134.62 cm)

Fussy Cut 2 – 4 ¼ in x 15 ½ in (10.80 cm x 39.37 cm)



Fallen Leaves (22222-MLT-CTN-D) – ¾ yd (60.96 cm x 106.68 cm)

Cut 5 – 2 ½ in x 42 in (6.35 cm x 106.68 cm) for Binding

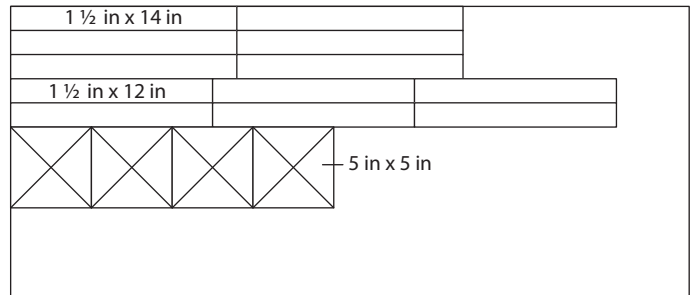
Cut 6 – 1 ¼ in x 15 ½ in (3.17 cm x 39.37 cm)

Cut 6 – 1 ¼ in x 14 in (3.17 cm x 35.56 cm)



Autumn Meadow Landscape (22219-MLT-CTN-D) – ¾ yd (60.96 cm x 106.68 cm)

Fussy Cut 3 – 10 ½ in x 10 ½ in (26.67 cm x 26.67 cm)

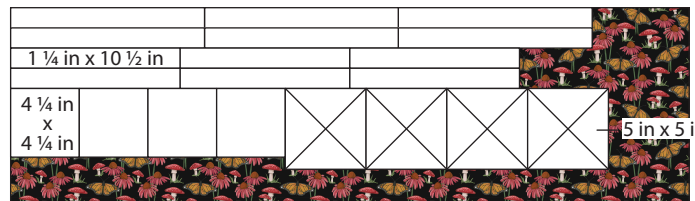


Solid White – ½ yd (45.72 cm x 106.68 cm)

Cut 6 – 1 ½ in x 14 in (3.81 cm x 35.56 cm)

Cut 6 – 1 ½ in x 12 in (3.81 cm x 30.48 cm)

Cut 4 – 5 in x 5 in (12.70 cm x 12.70 cm) Cut across both diagonals.



Flowers of the Forest (22220-BLK-CTN-D) – ½ yd (30.48 cm x 106.68 cm)

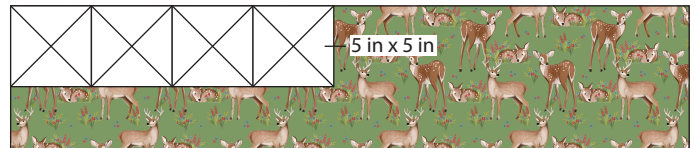
Cut 6 – 1 ¼ in x 12 in (3.17 cm x 30.48 cm)

Cut 6 – 1 ¼ in x 10 ½ in (3.17 cm x 26.67 cm)

Cut 4 – 4 ¼ in x 4 ¼ in (10.80 cm x 10.80 cm)

Cut 4 – 5 in x 5 in (12.70 cm x 12.70 cm) Cut across both diagonals.

Note: You will only use two pieces of each square due to fabric direction



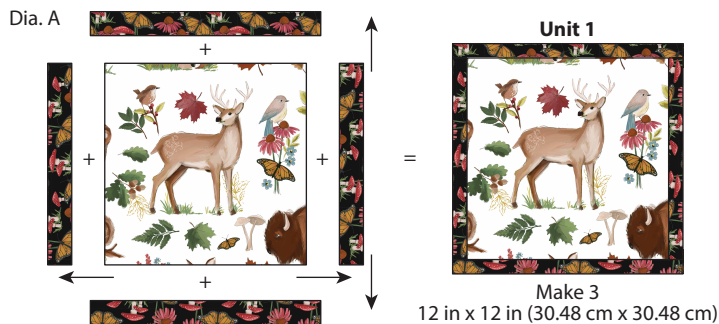
Deer Friends (22221-GRN-CTN-D) – ¼ yd (22.86 cm x 106.68 cm)

Cut 4 – 5 in x 5 in (12.70 cm x 12.70 cm) Cut across both diagonals.

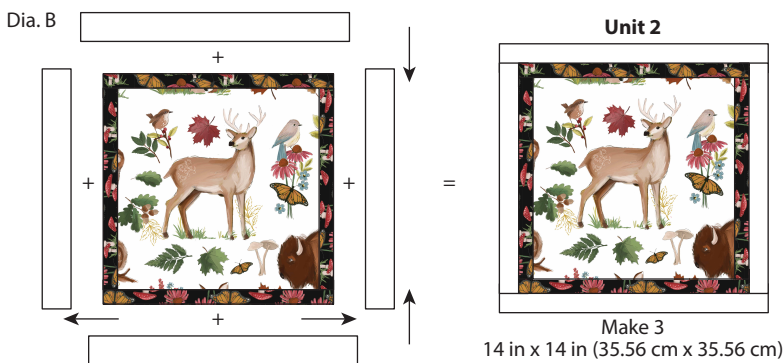
Note: You will only use two pieces of each square due to fabric direction

Sewing

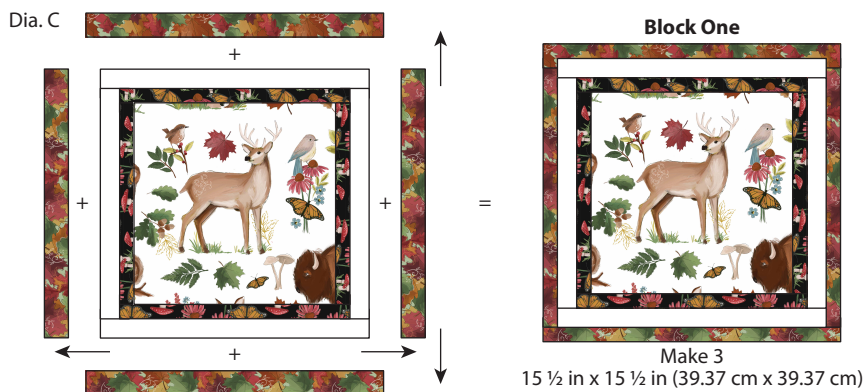
1. Refer to Diagram A to sew one Flowers of the Forest strip 1 ¼ in x 10 ½ in (3.18 cm x 26.67 cm) RST to each side of one Autumn Meadow Landscape square 10 ½ in x 10 ½ in (26.67 cm x 26.67 cm). Sew one Flowers of the Forest strip 1 ¼ in x 12 in (3.18 cm x 30.48 cm) RST to the top and bottom of the Autumn Meadow Landscape square to make one Unit 1 which should measure 12 in x 12 in. Repeat to make three Unit 1 squares. **Note:** Check orientation of design.



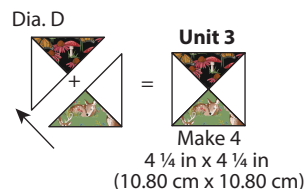
2. Refer to Diagram B to sew one Solid White strip 1 ½ in x 12 in (3.81 cm x 30.48 cm) RST to each side of one Unit 1 square. Sew one Solid White strip 1 ½ in x 14 in (3.81 cm x 35.56 cm) RST to the top and bottom of the Unit 1 square to make one Unit 2 which should measure 14 in x 14 in (35.56 cm x 35.56 cm). Repeat to make three Unit 2 squares.



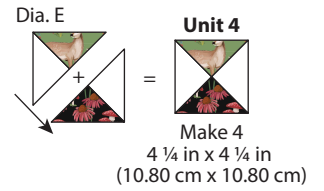
3. Refer to Diagram C to sew one Fallen Leaves strip 1 ¼ in x 14 in (3.18 cm x 35.56 cm) RST to each side of one Unit 2 square. Sew one Fallen Leaves strip 1 ¼ in x 15 ½ in (3.18 cm x 39.37 cm) RST to the top and bottom of the Unit 2 square to make one Block One which should measure 15 ½ in x 15 ½ in (39.37 cm x 39.37 cm). Repeat to make three Block One squares.



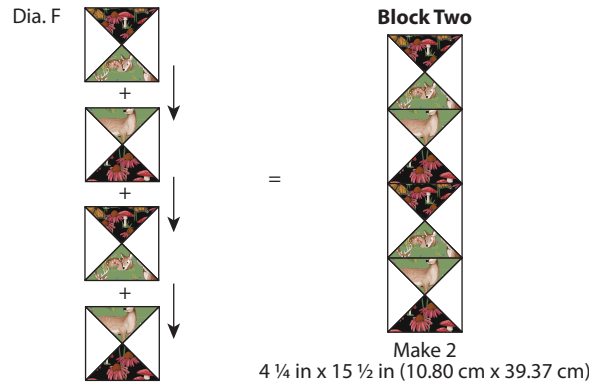
4. Refer to Diagram D to sew one Solid White triangle RST to one Flowers of the Forest triangle. Sew one Solid White triangle RST to one Deer Friends triangle. **Note:** Check orientation of design. Sew the two newly sewn triangles together along their long sides to make one Unit 3. Trim the unit to measure 4 ¼ in x 4 ¼ in (10.8 cm x 10.8 cm). Repeat to make four Unit 3 squares.



5. Refer to Diagram E to sew one Solid White triangle RST to one Deer Friends triangle. Sew one Solid White triangle RST to one Flowers of the Forest triangle. **Note:** Check orientation of design. Sew the two newly sewn triangles together along their long sides to make one Unit 4. Trim the unit to measure $4\frac{1}{4}$ in x $4\frac{1}{4}$ in (10.8 cm x 10.8 cm). Repeat to make four Unit 4 squares.



6. Place two Unit 3 squares and two Unit 4 squares as shown in Diagram F. **Note:** Check orientation of design. Pin RST, sew and press to make one Block Two which should measure $4\frac{1}{4}$ in x $15\frac{1}{2}$ in (10.8 cm x 39.37 cm). Repeat to make a second Block Two strip.



7. Place three Block One squares and two Block Two strips as shown in Diagram G. **Note:** Check orientation of design. Pin RST, sew and press to make the Runner Center. The Runner Center should measure 53 in x $15\frac{1}{2}$ in (134.62 cm x 39.37 cm).



8. Refer to Diagram H to sew one Flowers of the Forest square $4\frac{1}{4}$ in x $4\frac{1}{4}$ in (10.8 cm x 10.8 cm) RST to each end of one Damask Flowers strip $4\frac{1}{4}$ in x 53 in (10.8 cm x 134.62 cm) to make the Top Border which should measure $4\frac{1}{4}$ in x $60\frac{1}{2}$ in (10.8 cm x 153.67 cm). Repeat to make the Bottom Border. **Note:** Check orientation of design.



9. Refer to Diagram I to sew one Damask Flowers strip 4 ¼ in x 15 ½ in (10.8 cm x 39.37 cm) RST to each side of the Runner Center. Sew the Top Border and Bottom Border RST to the top and bottom of the Runner Center to make the Runner Top. The completed Runner Top should measure 60 ½ in x 23 in (153.67 cm x 58.42 cm).

Dia. I



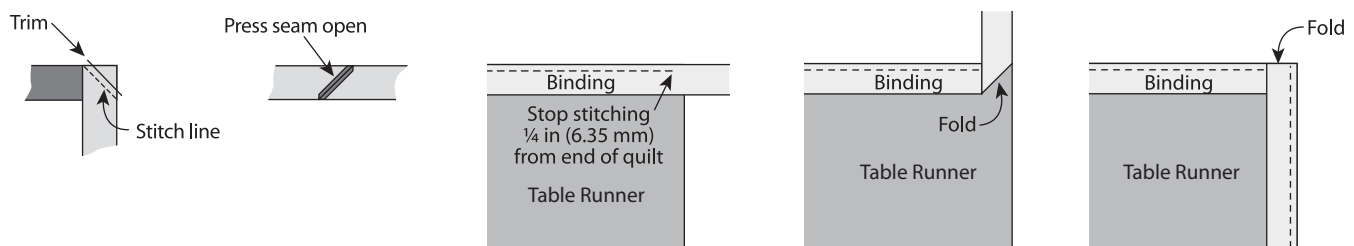
Autumn Meadow Runner Top



60 ½ in x 23 in (153.67 cm x 58.42 cm)

10. To make the Damask Flowers Backing, remove the selvages and cut one pieces 68 in x 31 in (172.72 cm x 78.74 cm).
11. Press the finished Runner Top and Backing fabric. Tape the Backing **wrong** side up on a firm surface. Layer Batting and Runner Top (right side up). Baste the layers together with safety pins. Quilt as desired.
12. Once the quilting is complete, square up the corners and edges, trimming excess Backing and Batting even with the Runner Top.
13. To make the Autumn Meadow Runner Binding, remove the selvages and sew the short ends of the Fallen Leaves strips 2 ½ in x 42 ½ in (6.35 cm x 107.95 cm) RST end to end at a 45 degree angle to make one continuous strip; press seams open. Press one short end ¼ in (6.35 mm) to the **wrong** side. Fold in half lengthwise with **wrong** sides together; press. Leaving a 2 in (5.08 cm) tail on the folded end. Place cut edges of folded Binding even with the edge of the Quilt and sew, mitering the corners (Diagram J).

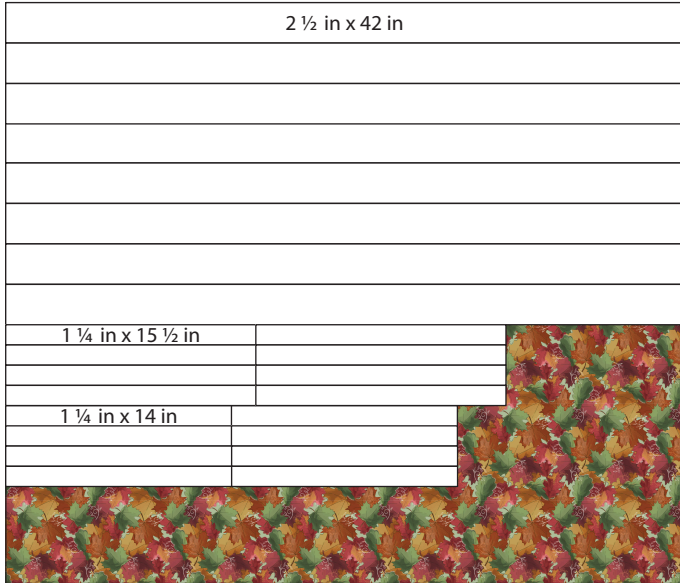
Dia. J



PLACEMATS

Cutting

Use a rotary cutter and ruler to cut the size and number of squares and rectangles from each fabric listed below.

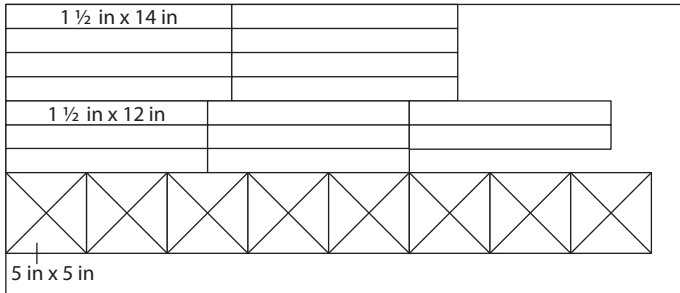


Fallen Leaves (22222-MLT-CTN-D) – 1 yd (91.44 cm x 106.68 cm)

Cut 8 – 2 1/2 in x 42 in (6.35 cm x 106.68 cm) for Binding

Cut 8 – 1 1/4 in x 15 1/2 in (3.17 cm x 39.37 cm)

Cut 8 – 1 1/4 in x 14 in (3.17 cm x 35.56 cm)



Solid White– 1/2 yd (45.72 cm x 106.68 cm)

Cut 8 – 1 1/2 in x 14 in (3.81 cm x 35.56 cm)

Cut 8 – 1 1/2 in x 12 in (3.81 cm x 30.48 cm)

Cut 8 – 5 in x 5 in (12.70 cm x 12.70 cm) Cut across both diagonals.



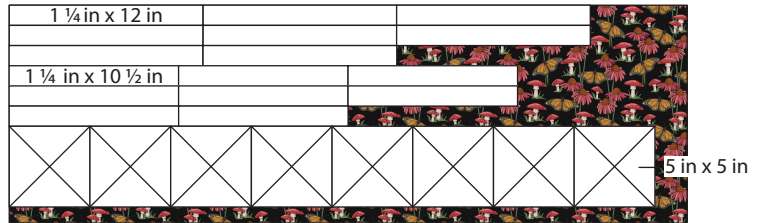
Damask Flowers (22223-WHT-CTN-D) – 1/2 yd (45.72 cm x 106.68 cm)

Fussy Cut 2 – 10 1/2 in x 10 1/2 in (26.67 cm x 26.67 cm)



Autumn Meadow Landscape (22219-MLT-CTN-D) – 1/2 yd (45.72 cm x 106.68 cm)

Fussy Cut 2 – 10 1/2 in x 10 1/2 in (26.67 cm x 26.67 cm)



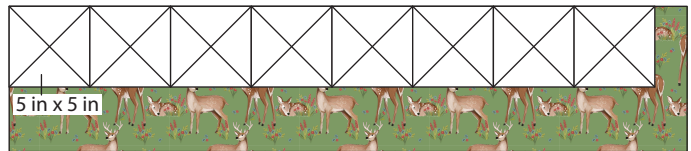
Flowers of the Forest (22220-BLK-CTN-D) – 3/8 yd (34.29 cm x 106.68 cm)

Cut 8 – 1 1/4 in x 12 in (3.17 cm x 30.48 cm)

Cut 8 – 1 1/4 in x 10 1/2 in (3.17 cm x 26.67 cm)

Cut 8 – 5 in x 5 in (12.70 cm x 12.70 cm) Cut across both diagonals.

Note: You will only use two pieces of each square due to fabric direction



Deer Friends (22221-GRN-CTN-D) – 1/4 yd (22.86 cm x 106.68 cm)

Cut 8 – 5 in x 5 in (12.70 cm x 12.70 cm) Cut across both diagonals.

Note: You will only use two pieces of each square due to fabric direction

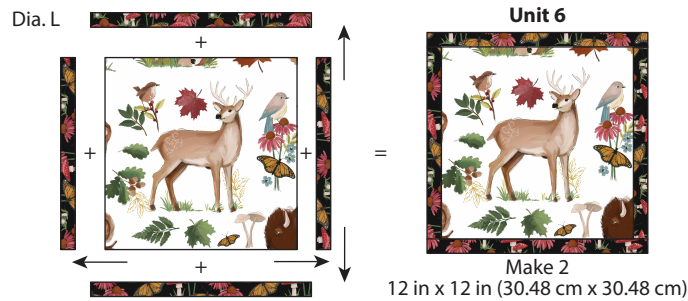
Sewing

- Refer to Diagram K to sew one Flowers of the Forest strip 1 1/4 in x 10 1/2 in (3.18 cm x 26.67 cm) in RST to each side of one Damask Flowers square 10 1/2 in x 10 1/2 in (26.67 cm x 26.67 cm). Sew one Flowers of the Forest strip 1 1/4 in x 12 in (3.18 cm x 30.48 cm) in RST to the top and bottom of the Damask Flowers square to make one Unit 5 which should measure 12 in x 12 in (30.48 cm x 30.48 cm). Repeat to make a second Unit 5 square.

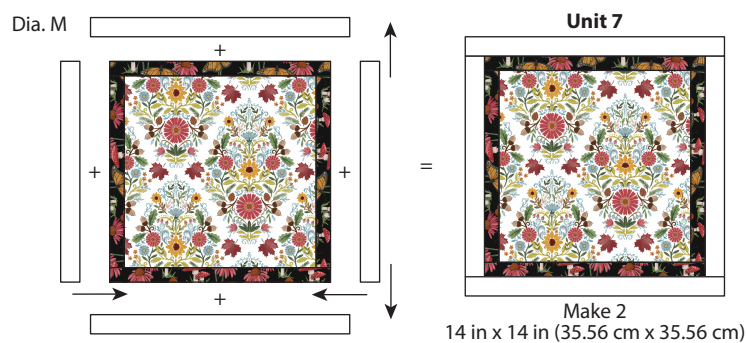
Note: Check orientation of design.



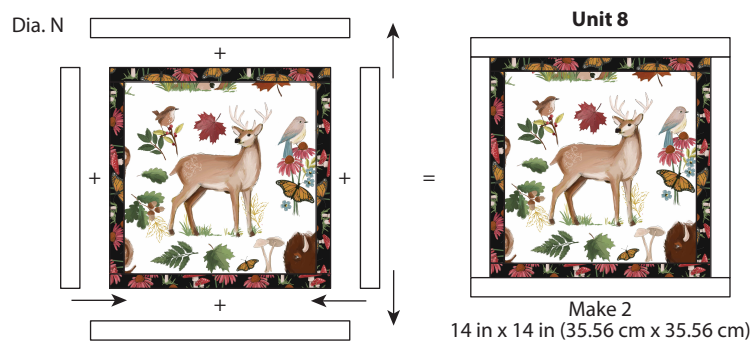
15. Refer to Diagram L to sew one Flowers of the Forest strip $1\frac{1}{4}$ in x $10\frac{1}{2}$ in (3.18 cm x 26.67 cm) in RST to each side of one Autumn Meadow Landscape square $10\frac{1}{2}$ in x $10\frac{1}{2}$ in (26.67 cm x 26.67 cm). Sew one Flowers of the Forest strip $1\frac{1}{4}$ in x 12 in (3.18 cm x 30.48 cm) in RST to the top and bottom of the Autumn Meadow Landscape square to make one Unit 6 which should measure 12 in x 12 (30.48 cm x 30.48 cm). Repeat to make a second Unit 6 square. **Note:** Check orientation of design.



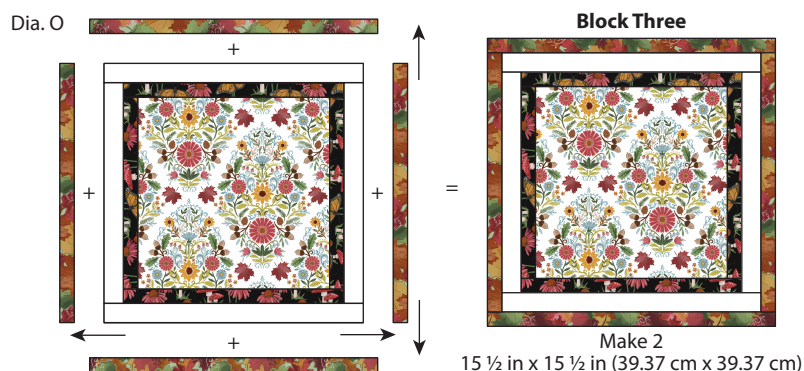
16. Refer to Diagram M to sew one Solid White strip $1\frac{1}{2}$ in x 12 in (3.81 cm x 30.48 cm) RST to each side of one Unit 5 square. Sew one Solid White strip $1\frac{1}{2}$ in x 14 in (3.81 cm x 35.56 cm) RST to the top and bottom of the Unit 5 square to make one Unit 7 which should measure 14 in x 14 in (35.56 cm x 35.56 cm). Repeat to make a second Unit 7 square.



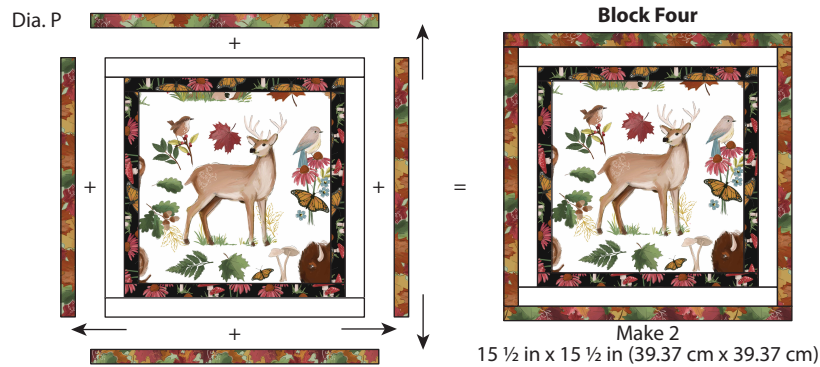
17. Refer to Diagram N to sew one Solid White strip $1\frac{1}{2}$ in x 12 in (3.81 cm x 30.48 cm) RST to each side of one Unit 6 square. Sew one Solid White strip $1\frac{1}{2}$ in x 14 in (3.81 cm x 35.56 cm) RST to the top and bottom of the Unit 6 square to make one Unit 8 which should measure 14 in x 14 in (35.56 cm x 35.56 cm). Repeat to make a second Unit 8 square.



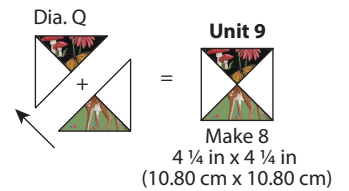
18. Refer to Diagram O to sew one Fallen Leaves strip $1\frac{1}{4}$ in x 14 in (3.18 cm x 35.56 cm) RST to each side of one Unit 7 square. Sew one Fallen Leaves strip $1\frac{1}{4}$ in x $15\frac{1}{2}$ in (3.18 cm x 39.37 cm) RST to the top and bottom of the Unit 7 square to make one Block Three which should measure $15\frac{1}{2}$ in x $15\frac{1}{2}$ in (39.37 cm x 39.37 cm). Repeat to make a second Block Three square.



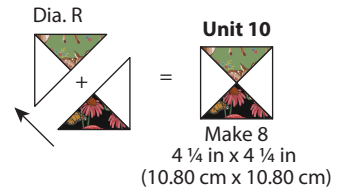
19. Refer to Diagram P to sew one Fallen Leaves strip $1\frac{1}{4}$ in x 14 in RST to each side of one Unit 8 square. Sew one Fallen Leaves strip $1\frac{1}{4}$ in x $15\frac{1}{2}$ in (3.18 cm x 39.37 cm) RST to the top and bottom of the Unit 8 square to make one Block Four which should measure $15\frac{1}{2}$ in x $15\frac{1}{2}$ in (39.37 cm x 39.37 cm). Repeat to make a second Block Four square.



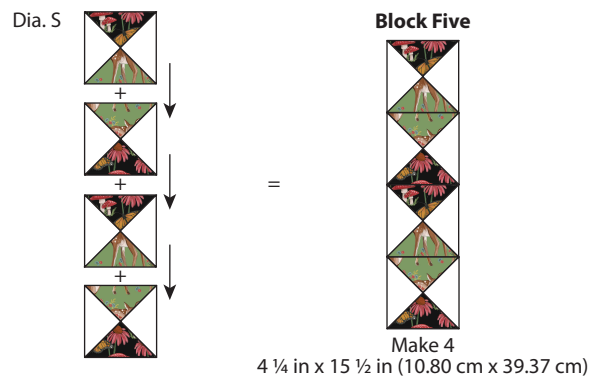
20. Refer to Diagram Q to sew one Solid White triangle RST to one Flowers of the Forest triangle. Sew one Solid White triangle RST to one Deer Friends triangle. **Note:** Check orientation of design. Sew the two newly sewn triangles together along their long sides to make one Unit 9. Trim the unit to measure $4\frac{1}{4}$ in x $4\frac{1}{4}$ in (10.8 cm x 10.8 cm). Repeat to make eight Unit 9 squares.



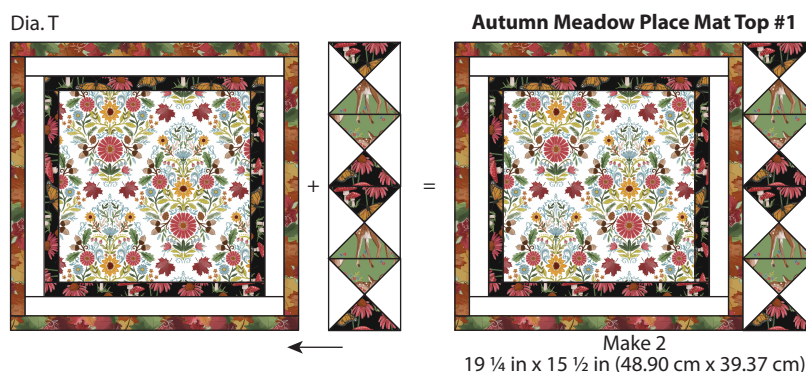
21. Refer to Diagram R to sew one Solid White triangle RST to one Deer Friends triangle. Sew one Solid White triangle RST to one Flowers of the Forest triangle. **Note:** Check orientation of design. Sew the two newly sewn triangles together along their long sides to make one Unit 10. Trim the unit to measure $4\frac{1}{4}$ in x $4\frac{1}{4}$ in (10.8 cm x 10.8 cm). Repeat to make eight Unit 10 squares.



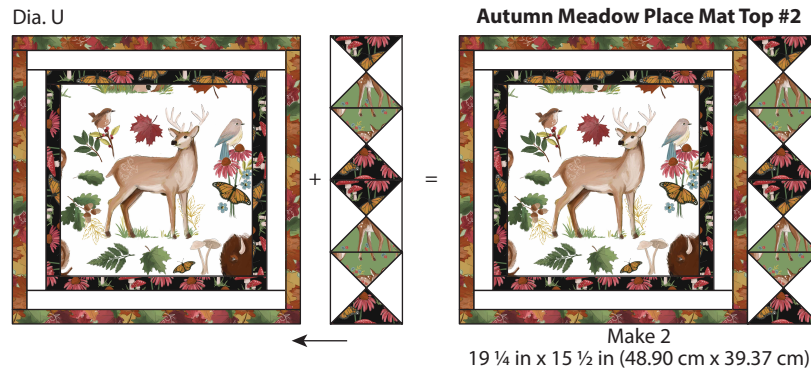
22. Place two Unit 9 squares and two Unit 10 squares as shown in Diagram S. Pin RST, sew and press to make one Block Five which should measure $4\frac{1}{4}$ in x $15\frac{1}{2}$ in (10.8 cm x 39.37 cm). Repeat to make four Block Five strips.



23. Refer to Diagram T to sew one Block Three square RST to the left side of one Block Five strip to make one Placemat Top #1. **Note:** Check orientation of design. The completed Placemat Top should measure $19\frac{1}{4}$ in x $15\frac{1}{2}$ in (48.9 cm x 39.37 cm). Repeat to make a second Placemat Top #1.

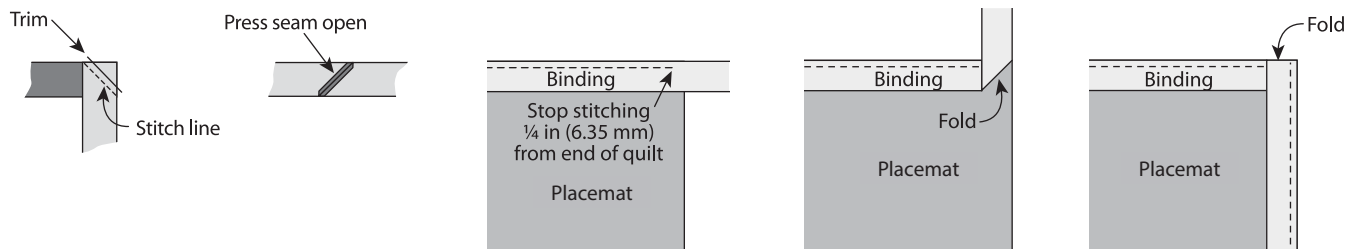


24. Refer to Diagram U to sew one Block Four square RST to the left side of one Block Five strip to make one Placemat Top #2.
Note: Check orientation of design. The completed Placemat Top should measure 19 ¼ in x 15 ½ in (48.9 cm x 39.37 cm). Repeat to make a second Placemat Top #2.



25. To make the Damask Flowers Backings, remove the selvages and cut four pieces 19 in x 23 in (48.26 cm x 58.42 cm).
26. Press the finished Placemat Top and Backing fabric. Tape the Backing **wrong** side up on a firm surface. Layer Batting and Placemat Top (right side up). Baste the layers together with safety pins. Quilt as desired. Repeat with the remaining Placemat Tops, Batting and Backings.
27. Once the quilting is complete, square up the corners and edges, trimming excess Backing and Batting even with each Placemat Top.
28. To make the Autumn Meadow Placemat Binding, remove the selvages and sew the short ends of the Fallen Leaves strips 2 ½ in x 42 ½ in (6.35 cm x 107.95 cm) RST end to end at a 45 degree angle to make one continuous strip; press seams open. Press one short end ¼ in (.635 cm) to the **wrong** side. Fold in half lengthwise with **wrong** sides together; press. Cut the strip into four equal pieces. Leaving a 2 in tail on the folded end, place cut edges of folded Binding even with the edge of the Placemat and sew, mitering the corners (Diagram V). Repeat with the remaining binding strips and Placemats

Dia. V



Finished Care Instructions

Machine wash in cold water; gentle cycle. Do not bleach. **Tip:** Before drying, check for fabric dyes that may have run. If fabric dyes run, rewash and rinse using a color catcher to absorb loose dye. Lay flat to dry or tumble dry low.