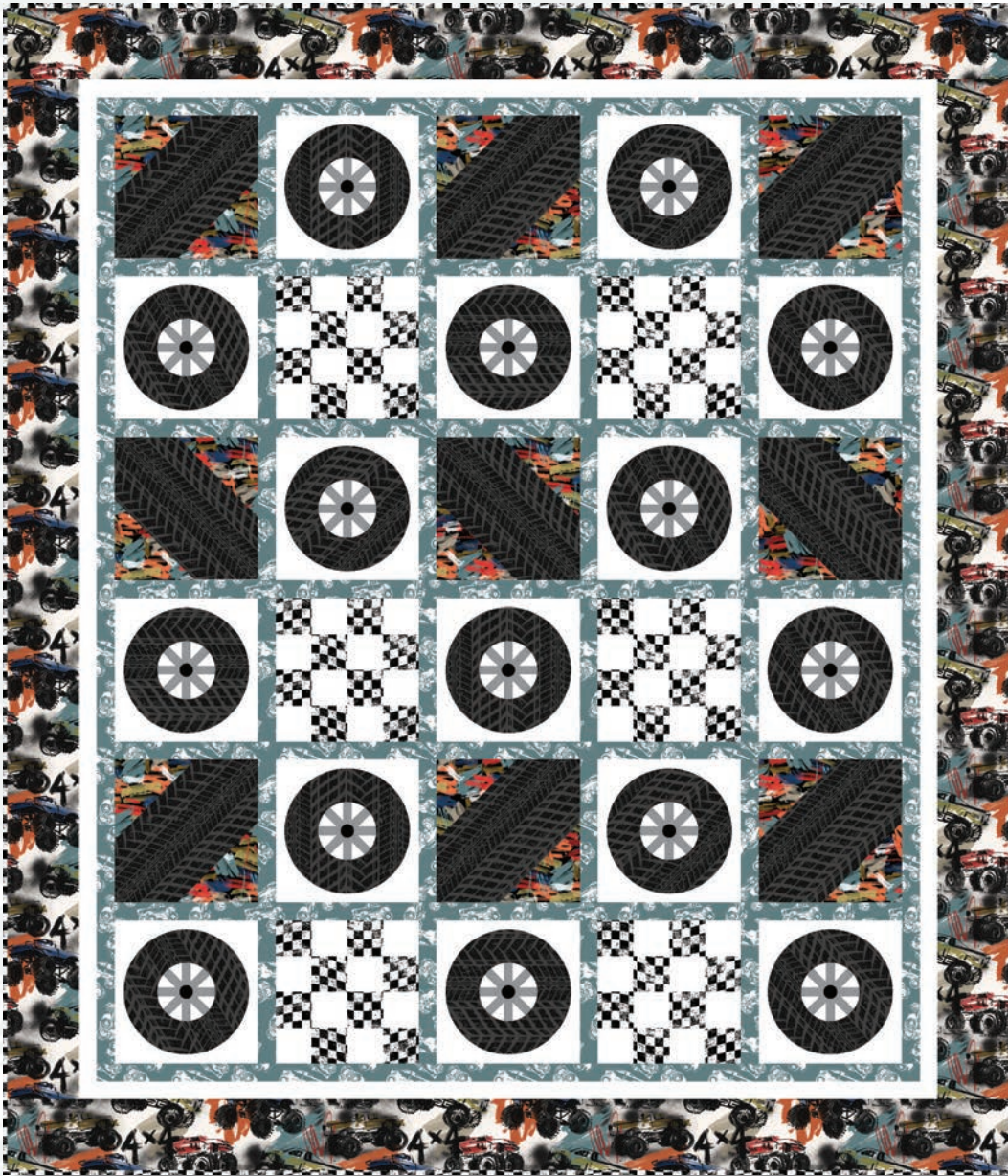


# MASH THE THROTTLE

• A Free Project Sheet •  
• NOT FOR RESALE •

By Duncan Macdougall

Quilt Design by Matthew Pridemore



Skill Level: Advanced Beginner

**3**wishes  
fabric®

Monster Rally  
Finished Quilt Size: 56" x 65"  
(142.24 cm x 165.10 cm)  
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# MONSTER RALLY

Finished Quilt Size: 56" x 65"  
(142.24 cm x 165.10cm)

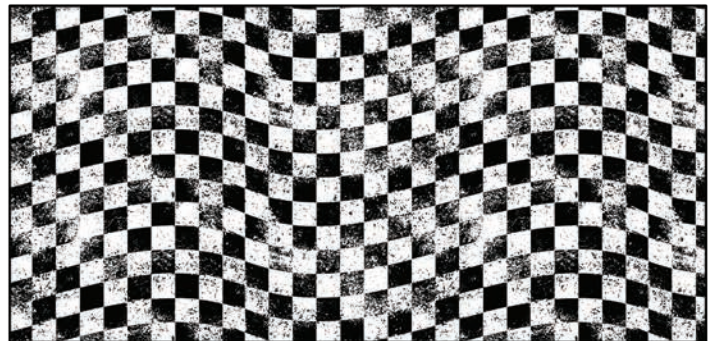
## Fabrics in the Mash the Throttle Collection



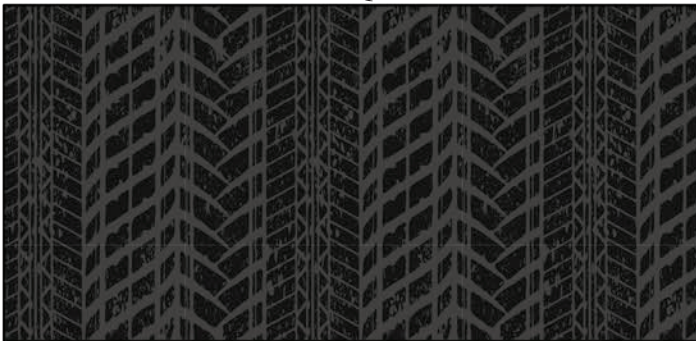
Full Throttle  
22988-WHT-CTN-D



Monster Truck Outline  
22989-TRQ-CTN-D



Final Lap  
22990-WHT-CTN-D



Tread Marks  
22991-BLK-CTN-D



Camo Tracks  
22992-MLT-CTN-D



Solid Black



Solid Gray



Solid White

## Materials

1 ¾ yards (1.60m)	Tread Marks (A) 22991-BLK-CTN-D
½ yard (0.46m)	Camo Tracks (B) 22992-MLT-CTN-D
1 ⅝ yards (1.49m)	Solid White (C) 22990-WHT-CTN-D
⅓ yards (0.31m)	Solid Gray (D) 22989-TRQ-CTN-D
⅛ yards (0.12m)	Solid Black (E) 22988-WHT-CTN-D
⅞ yard (0.81m)	Final Lap (F)* 22990-WHT-CTN-D
1 yard (0.92m)	Monster Truck Outline (G) 22989-TRQ-CTN-D
1 ⅔ yards (1.53m)	Full Throttle (H) 22988-WHT-CTN-D
3 ¾ yards (3.43m)	Full Throttle (Backing) 22988-WHT-CTN-D

\*Includes binding

## You will also need:

- Fusible web

## Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage unless otherwise noted.

### From the Tread Marks (A), cut:

- (3) 12 ¼" x WOF strips. Sub-cut (9) 12 ¼" squares. From each square cut (1) 8 ½" square on-point (Fig. 1).
- See instructions to cut (15) Tires.

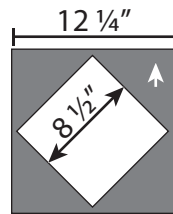


Fig. 1

### From the Camo Tracks (B), cut:

- (3) 5" x WOF strips. Sub-cut (18) 5" squares.

### From the Solid White (C), cut:

- (4) 8 ½" x WOF strips. Sub-cut (15) 8 ½" squares.
- (4) 2 ½" x WOF strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 55 ½" strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 48 ½" strips.

### From the Solid Gray (D), cut:

- See instructions to cut (15) Rims.

### From the Solid Black (E), cut:

- See instructions to cut (15) Rim Centers.

### From the Final Lap (F), cut:

- (4) 2 ½" x WOF strips.
- (7) 2 ½" x WOF strips for the binding.

### From the Monster Truck Outline (G), cut:

- (6) 1 ½" x WOF strips. Sub-cut (24) 1 ½" x 8 ½" strips.
- (6) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (5) 1 ½" x 44 ½" strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 53 ½" strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 46 ½" strips.

### From the Full Throttle (H), cut:

- (2) 4 ½" x 57 ½" Length of Fabric (LOF) strips.
- From the remaining fabric cut (2) 4 ½" x 56 ½" WOF strips, piece as needed.

### From the Full Throttle (Backing), cut:

- (2) 64" x WOF strips for the backing. Sew the strips together and trim to make the 64" x 73" back.

## Block Assembly

*Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components. Use a ¼" seam allowance with right sides together (RST) unless otherwise noted.*

1. Place (1) 5" Fabric B square on the top left corner of (1) 8 ½" Fabric A square, right sides together (Fig. 2). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle ¼" away from the sewn seam (Fig. 3).

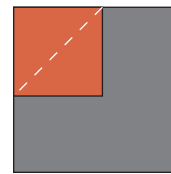


Fig. 2

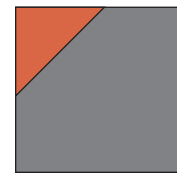


Fig. 3

2. Follow Figure 4 for the seam direction to add a 5" Fabric B square to the lower right corner of the 8 ½" Fabric A square to make (1) 8 ½" Block One square (Fig. 5).

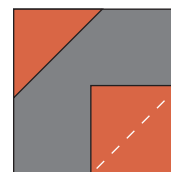


Fig. 4

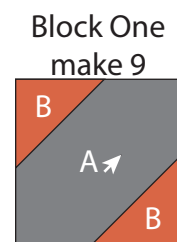


Fig. 5



# MONSTER RALLY

4. Following the manufacturer's instructions, trace the listed number of each template onto the paper side of the fusible web. Roughly cut out each template about 1/8" outside the drawn lines.

5. Press each template onto the wrong side of the fabrics as listed on the templates. Cut out each template on the drawn lines.

6. Refer to Figure 6 to center and press (1) Fabric D Rim, (1) Fabric A Tire and (1) Fabric E Rim Center onto (1) 8 1/2" Fabric C square.

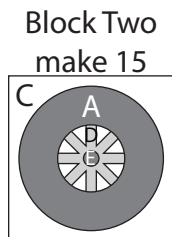


Fig. 6

7. Finish the raw edges of each shape with a decorative stitch such as a buttonhole or satin stitch to make (1) 8 1/2" Block Two square (Fig. 6).

8. Repeat Steps 6-7 to make (15) Block Two squares total.

9. Sew together (2) 2 1/2" x WOF Fabric F strips and (2) 2 1/2" x WOF Fabric C strips, lengthwise and alternating them from left to right, to make (1) Strip Set 1 (Fig. 7). Repeat to make a second Strip Set 1.

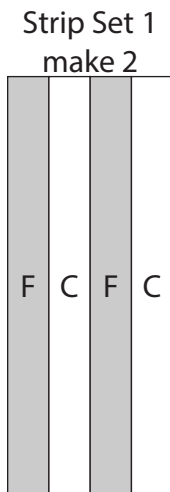


Fig. 7

10. From the (2) Strip Set 1's cut (24) 8 1/2" x 2 1/2" Unit 1 strips (Fig. 8).

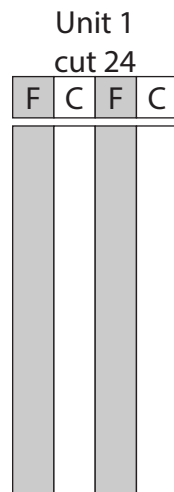


Fig. 8

11. Sew together (4) Unit 1 strips lengthwise to make (1) 8 1/2" Block Three square (Fig. 9). Repeat to make (6) Block Three squares total.

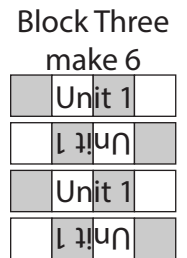


Fig. 9

12. Sew together (1) Block One square, (1) 1 1/2" x 8 1/2" Fabric G strip, (1) Block Two square, (1) 1 1/2" x 8 1/2" Fabric G strip, (1) Block One square, (1) 1 1/2" x 8 1/2" Fabric G strip, (1) Block Two square, (1) 1 1/2" x 8 1/2" Fabric G strip and (1) Block One square, in that order from left to right, to make Row One (Fig. 10). Repeat to make Row Three and Row Five. Pay attention to the Block One orientations.

13. Sew together (1) Block Two square, (1) 1 1/2" x 8 1/2" Fabric G strip, (1) Block Three square, (1) 1 1/2" x 8 1/2" Fabric G strip, (1) Block Two square, (1) 1 1/2" x 8 1/2" Fabric G strip, (1) Block Three square, (1) 1 1/2" x 8 1/2" Fabric G strip and (1) Block Two square, in that order from left to right, to make Row Two (Fig. 10). Repeat to make Row Four and Row Six.

14. Sew together the (6) pieced Rows in numerical order and (5) 1 1/2" x 44 1/2" Fabric G strips, lengthwise and alternating them from top to bottom, to make the 44 1/2" x 53 1/2" Center Block (Fig. 10).

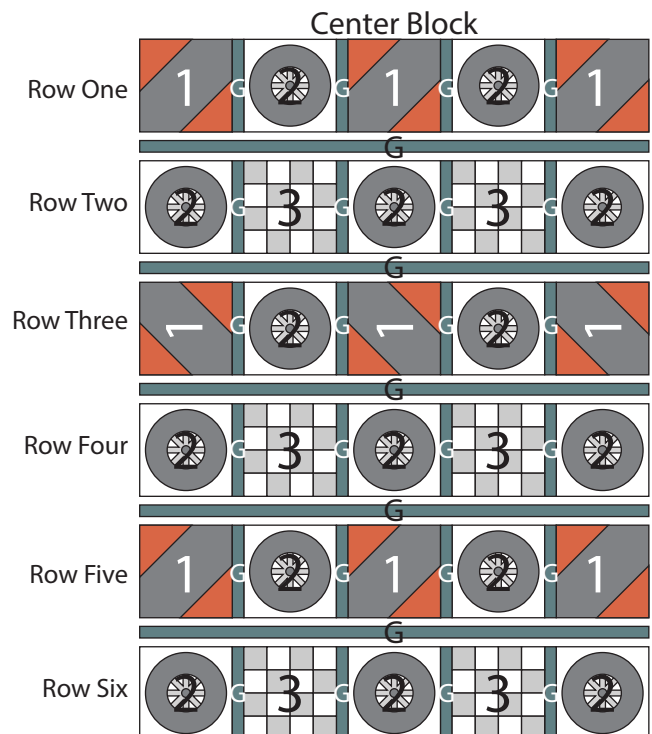


Fig. 10

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### Quilt Top Assembly

(Follow the *Quilt Layout* while assembling the quilt top.)

15. Sew (1) 1 1/2" x 53 1/2" Fabric G strip to each side of the Center Block. Sew (1) 1 1/2" x 46 1/2" Fabric G strip to the top and bottom of the Center Block.

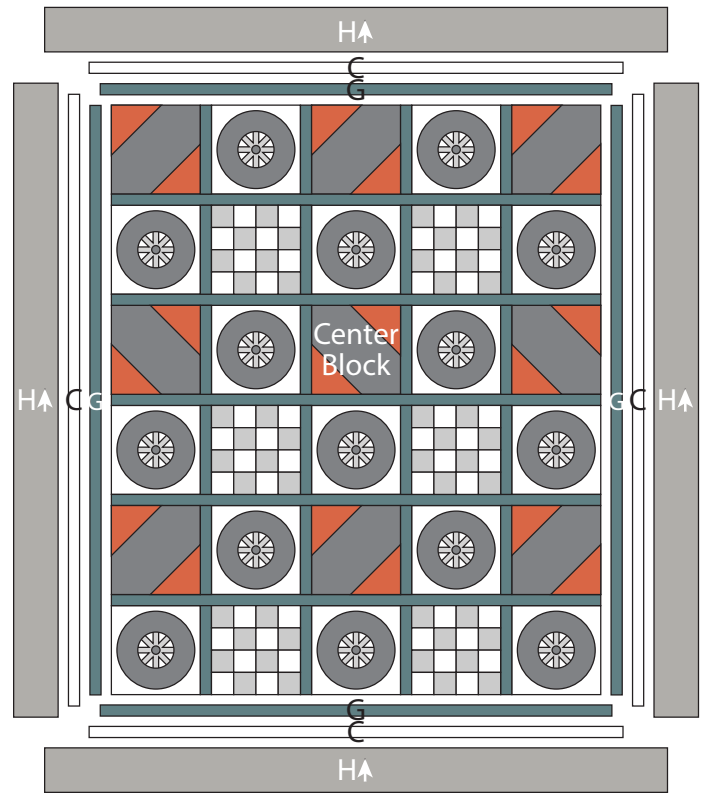
16. Sew (1) 1 1/2" x 55 1/2" Fabric C strip to each side of the Center Block. Sew (1) 1 1/2" x 48 1/2" Fabric C strip to the top and bottom of the Center Block.

17. Sew (1) 4 1/2" x 57 1/2" Fabric H strip to each side of the Center Block. Sew (1) 4 1/2" x 56 1/2" Fabric H strip to the top and bottom of the Center Block to make the quilt top.

18. Layer and quilt as desired.

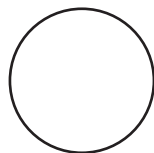
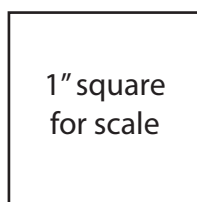
19. Sew the (7) 2 1/2" x WOF Fabric F strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

20. Bind as desired.

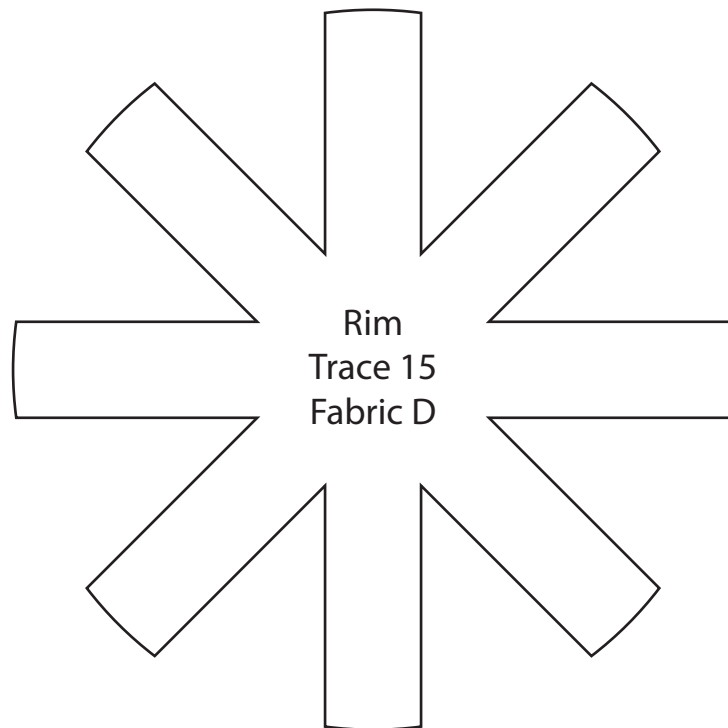


Quilt Layout

### 100% Templates



Rim Center  
Trace 15  
Fabric E



100% Templates

1" square  
for scale

Tire  
Trace 15  
Fabric A

**Waste**

*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check [www.3wishesfabric.com](http://www.3wishesfabric.com) for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.*