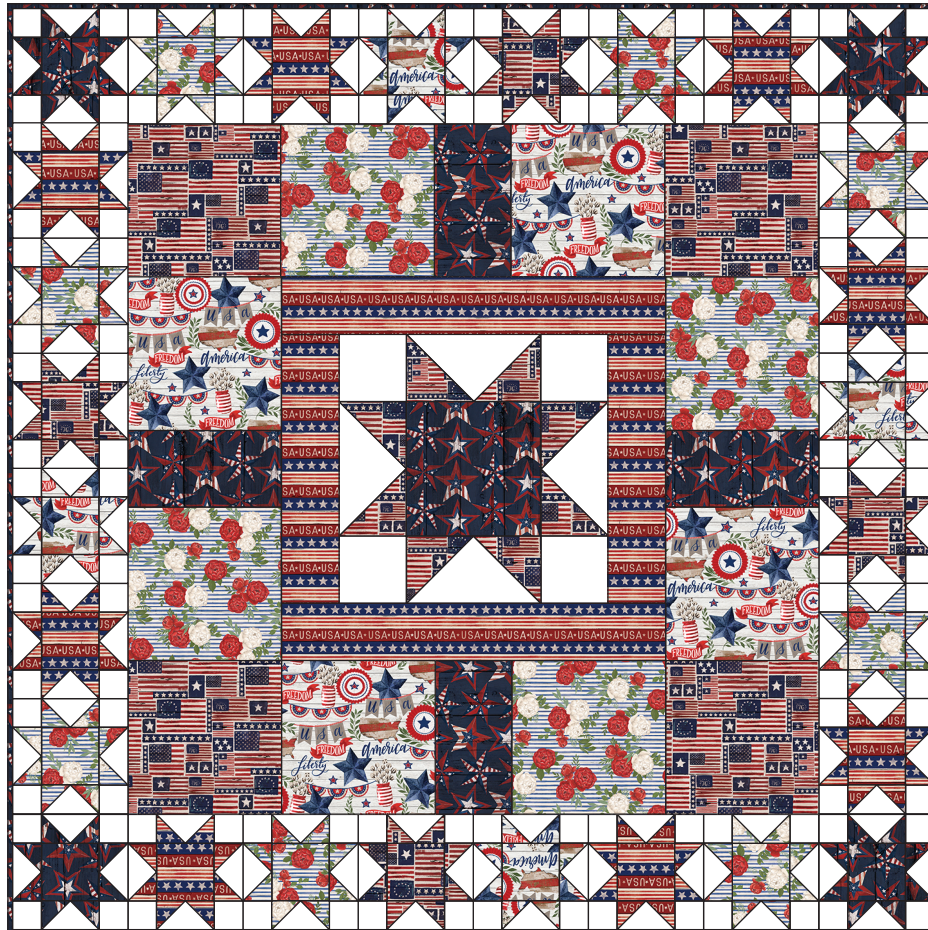


HEART OF America Quilt

Loni Harris



Featuring the
Heart of America
Collection
by Loni Harris

Shipping to stores January 2023

Finished Size: 48 ½ in x 48 ½ in (123.19 cm x 123.19 cm)

Fabric Needed

3 Wishes Fabric® Heart of America Collection

- 1 yd – Patriotic Stars (20249-NVY-CTN-D)
for Piecing and Binding
- ¾ yd – Rose Bloom Stripe (20251-BLU-CTN-D)
- ¾ yd – Stars & Stripes (20248-MLT-CTN-D)
- ⅝ yd – Old Glory (20250-MLT-CTN-D)
- ½ yd – Heart of America (20247-WHT-CTN-D)
- 2 ½ yds – Heart of America (20247-MLT-CTN-D)
for Backing

Additional Supplies Needed:

- 56 in x 56 in (142.24 cm x 142.24 cm) Cotton batting
- Piecing and sewing thread
- Quilting and sewing supplies
- Even-feed foot (optional for quilting)

Not included in the 3 Wishes Fabric® Heart of America Collection

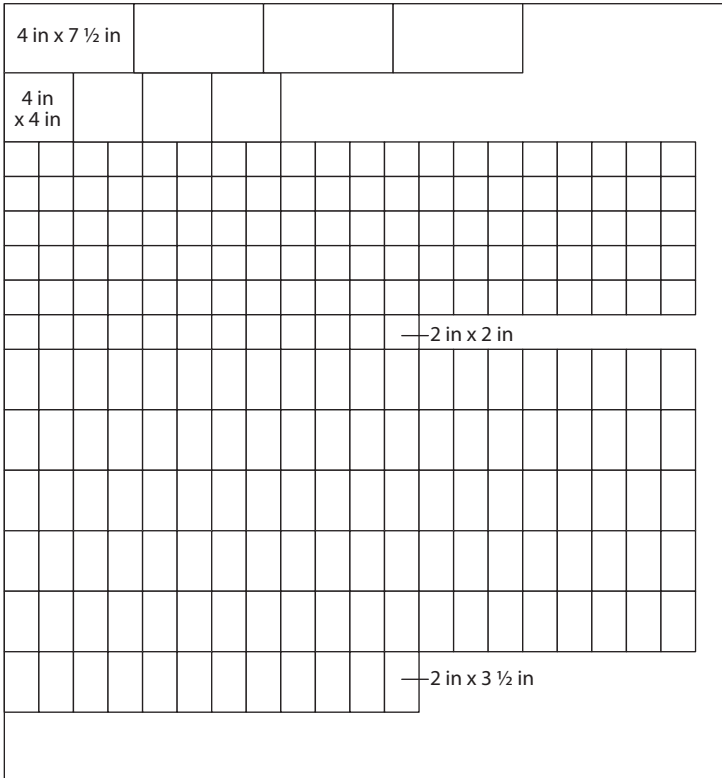
- 1 ¼ yds – Solid White

Before You Begin

Read all instructions before beginning project. Do not pre-wash fabrics. Press fabrics with a dry iron on cotton setting before cutting. Use a ¼ in (6.35 mm) seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in the direction of the arrows. wof = width of fabric

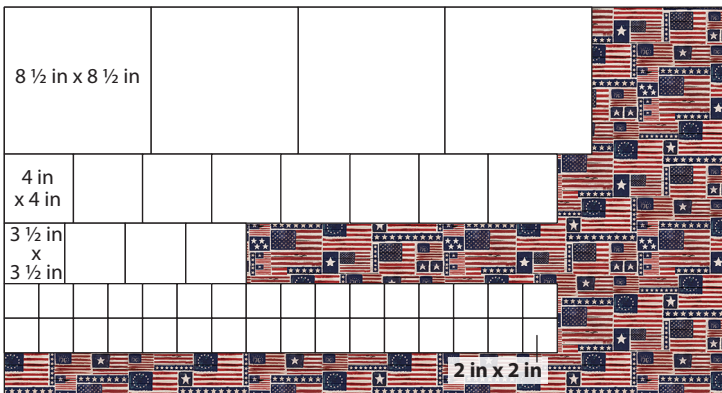
Cutting

Use a rotary cutter and acrylic ruler to cut the number of pieces from each fabric listed below.



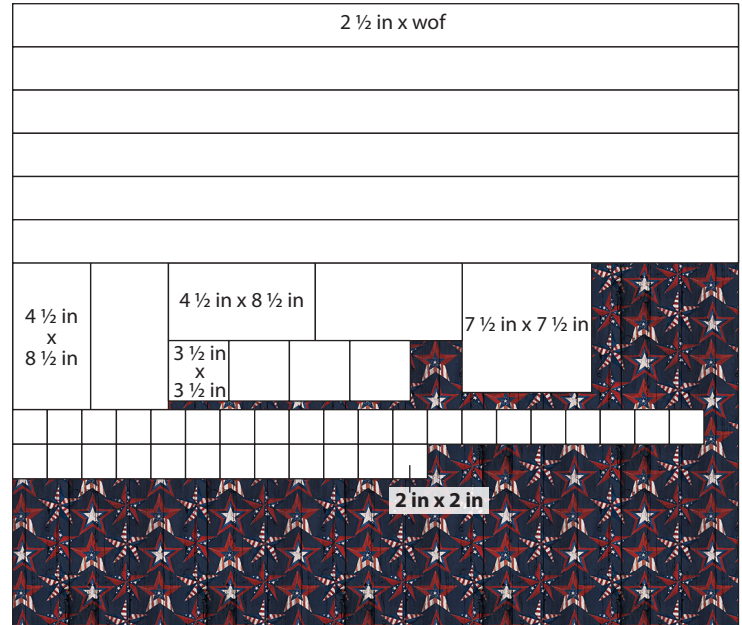
Solid White – 1 ¼ yds (114.3 cm x 106.68 cm)

Cut 4 – 4 in x 7 ½ in (10.16 cm x 19.05 cm)
Cut 4 – 4 in x 4 in (10.16 cm x 10.16 cm)
Cut 112 – 2 in x 2 in (5.08 cm x 5.08 cm)
Cut 112 – 2 in x 3 ½ in (5.08 cm x 8.89 cm)



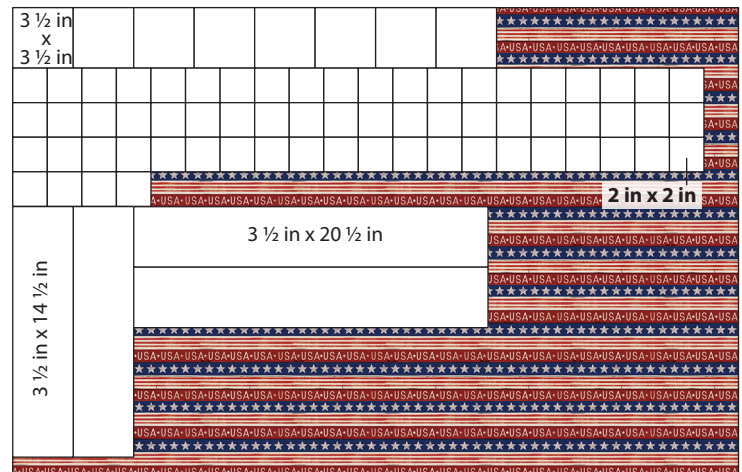
Old Glory (20250-MLT-CTN-D) – ¾ yd (57.15 cm x 106.68 cm)

Cut 4 – 8 ½ in x 8 ½ in (21.59 cm x 21.59 cm)
Cut 8 – 4 in x 4 in (10.16 cm x 10.16 cm)
Cut 4 – 3 ½ in x 3 ½ in (8.89 cm x 8.89 cm)
Cut 32 – 2 in x 2 in (5.08 cm x 5.08 cm)



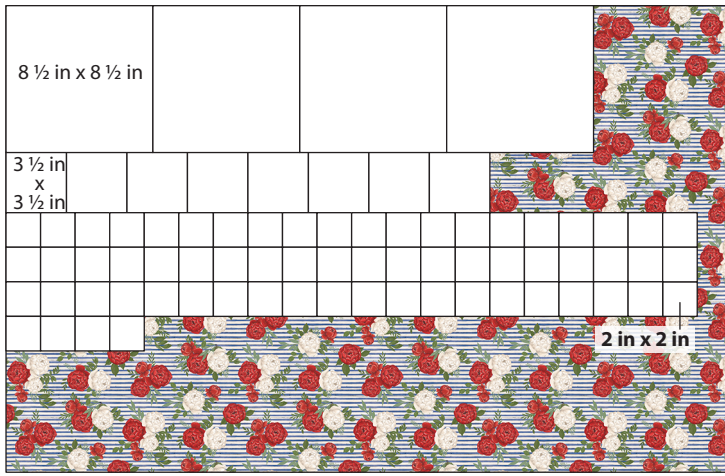
Patriotic Stars (20249-NVY-CTN-D) – 1 yd (91.44 cm x 106.68 cm)

Cut 6 – 2 ½ in x wof (6.35 cm x 106.68 cm) for Binding
Cut 1 – 7 ½ in x 7 ½ in (19.05 cm x 19.05 cm)
Cut 2 – 4 ½ in x 8 ½ in (11.43 cm x 21.59 cm) vertical
Cut 2 – 4 ½ in x 8 ½ in (11.43 cm x 21.59 cm) horizontal
Cut 4 – 3 ½ in x 3 ½ in (8.89 cm x 8.89 cm)
Cut 32 – 2 in x 2 in (5.08 cm x 5.08 cm)



Stars & Stripes (20248-MLT-CTN-D) – ¾ yd (68.58 cm x 106.68 cm)

Cut 2 – 3 ½ in x 14 ½ in (8.89 cm x 36.83 cm)
Cut 2 – 3 ½ in x 20 ½ in (8.89 cm x 52.07 cm)
Cut 8 – 3 ½ in x 3 ½ in (8.89 cm x 8.89 cm)
Cut 64 – 2 in x 2 in (5.08 cm x 5.08 cm)

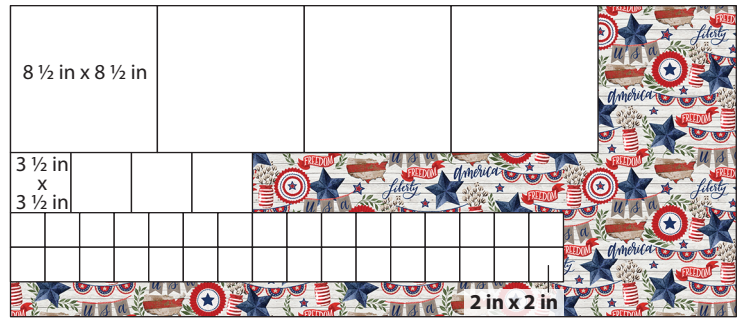


Rose Bloom Stripe (20251-BLU-CTN-D) – 3/4 yd (68.58 cm x 106.68 cm)

Cut 4 – 8 1/2 in x 8 1/2 in (21.59 cm x 21.59 cm)

Cut 8 – 3 1/2 in x 3 1/2 in (8.89 cm x 8.89 cm)

Cut 64 – 2 in x 2 in (5.08 cm x 5.08 cm)



Heart of America (20247-WHT-CTN-D) – 1/2 yd (45.72 cm x 106.68 cm)

Cut 4 – 8 1/2 in x 8 1/2 in (21.59 cm x 21.59 cm)

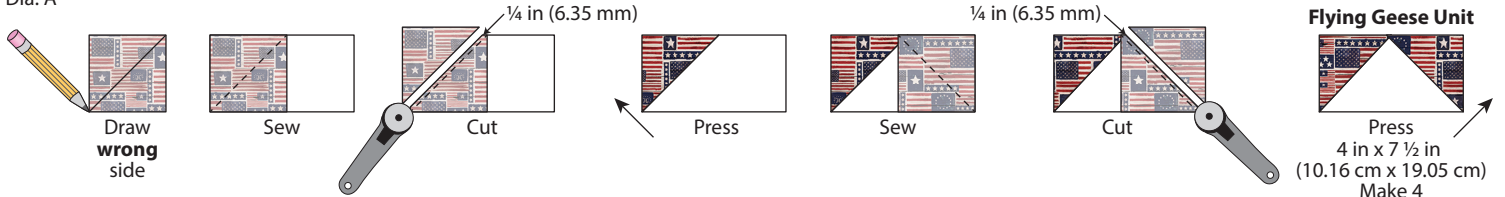
Cut 4 – 3 1/2 in x 3 1/2 in (8.89 cm x 8.89 cm)

Cut 32 – 2 in x 2 in (5.08 cm x 5.08 cm)

Sewing

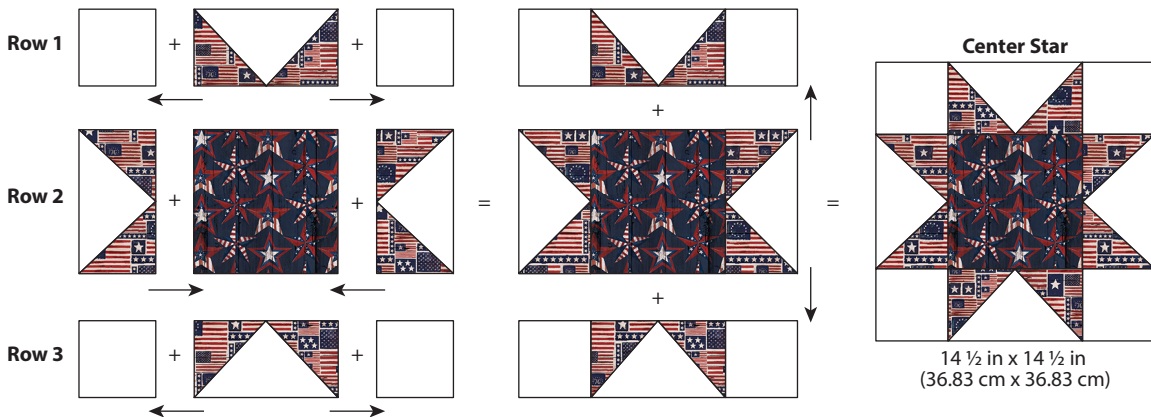
- Refer to Diagram A to make Flying Geese Units. Draw a diagonal line on the **wrong** side of an Old Glory square 4 in x 4 in (10.16 cm x 10.16 cm). Place RST on the left side of a White rectangle 4 in x 7 1/2 in (10.16 cm x 19.05 cm). Sew on the diagonal line. Trim seam to 1/4 in (6.35 mm); press open. Repeat with a second Old Glory square 4 in x 4 in (10.16 cm x 10.16 cm) on the right side of the rectangle to make a Flying Geese Unit 4 in x 7 1/2 in (10.16 cm x 19.05 cm). Make 4.

Dia. A



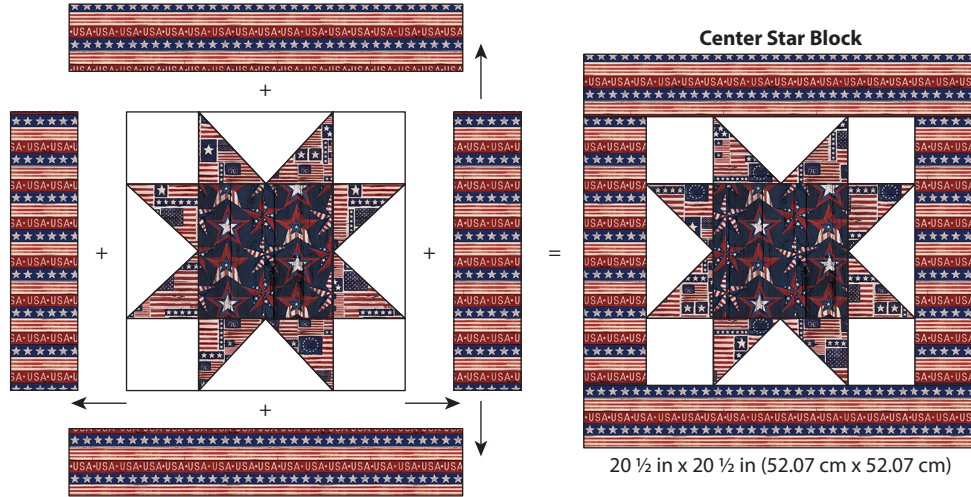
- Place four White squares 4 in x 4 in (10.16 cm x 10.16 cm), four Flying Geese Units 4 in x 7 1/2 in (10.16 cm x 19.05 cm), and one Patriotic Stars square 7 1/2 in x 7 1/2 in (19.05 cm x 19.05 cm) in three rows as shown in Diagram B. Pin the pieces in each row RST; sew and press. Pin the rows RST, matching seams, sew and press to make the Center Star 14 1/2 in x 14 1/2 in (36.83 cm x 36.83 cm).

Dia. B



3. Place a Stars & Stripes rectangle 3 ½ in x 14 ½ in (8.89 cm x 36.83 cm) on each side of the Center Star as shown in Diagram C. Pin RST and sew; press. Place a Stars & Stripes rectangle 3 ½ in x 20 ½ in (8.89 cm x 52.07 cm) on the top and bottom. Pin RST and sew; press. The Center Star Block should measure 20 ½ in x 20 ½ in (52.07 cm x 52.07 cm).

Dia. C



4. Repeat Steps 1 and 2 to make a smaller version of the Center Star Block 6 ½ in x 6 ½ in (16.51 cm x 16.51 cm). These blocks surround the outside of the quilt.

5. Make 8 of the Rose Bloom Stripe Star Block (Dia. D).

- (8) Rose Bloom Stripe squares 3 ½ in x 3 ½ in (8.89 cm x 8.89 cm)
- (64) Rose Bloom Stripe squares 2 in x 2 in (5.08 cm x 5.08 cm)
- (32) White rectangles 2 in x 3 ½ in (5.08 cm x 8.89 cm)
- (32) White squares 2 in x 2 in (5.08 cm x 5.08 cm)

Dia. D

Rose Bloom Stripe Star Block



6 ½ in x 6 ½ in
(16.51 cm x 16.51 cm)
Make 8

6. Make 8 of the Stars & Stripes Star Block (Dia. E).

- (8) Stars & Stripes squares 3 ½ in x 3 ½ in (8.89 cm x 8.89 cm)
- (64) Stars & Stripes squares 2 in x 2 in (5.08 cm x 5.08 cm)
- (32) White rectangles 2 in x 3 ½ in (5.08 cm x 8.89 cm)
- (32) White squares 2 in x 2 in (5.08 cm x 5.08 cm)

Dia. E

Stars & Stripes Star Block



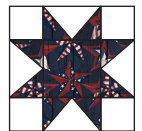
6 ½ in x 6 ½ in
(16.51 cm x 16.51 cm)
Make 8

7. Make 4 of the Patriotic Stars Star Block (Dia. F).

- (4) Patriotic Stars squares 3 ½ in x 3 ½ in (8.89 cm x 8.89 cm)
- (32) Patriotic Stars squares 2 in x 2 in (5.08 cm x 5.08 cm)
- (16) White rectangles 2 in x 3 ½ in (5.08 cm x 8.89 cm)
- (16) White squares 2 in x 2 in (5.08 cm x 5.08 cm)

Dia. F

Patriotic Stars Star Block



6 ½ in x 6 ½ in
(16.51 cm x 16.51 cm)
Make 4

8. Make 4 of the Heart of America Star Block (Dia. G)

- (4) Heart of America squares 3 ½ in x 3 ½ in (8.89 cm x 8.89 cm)
- (32) Heart of America squares 2 in x 2 in (5.08 cm x 5.08 cm)
- (16) White rectangles 2 in x 3 ½ in (5.08 cm x 8.89 cm)
- (16) White squares 2 in x 2 in (5.08 cm x 5.08 cm)

Dia. G

Heart of America Star Block



6 ½ in x 6 ½ in
(16.51 cm x 16.51 cm)
Make 4

9. Make 4 of the Old Glory Star Block (Dia. H)

- (4) Old Glory squares $3\frac{1}{2}$ in x $3\frac{1}{2}$ in (8.89 cm x 8.89 cm)
- (32) Old Glory squares 2 in x 2 in (5.08 cm x 5.08 cm)
- (16) White rectangles 2 in x $3\frac{1}{2}$ in (5.08 cm x 8.89 cm)
- (16) White squares 2 in x 2 in (5.08 cm x 8.89 cm)

Dia. H

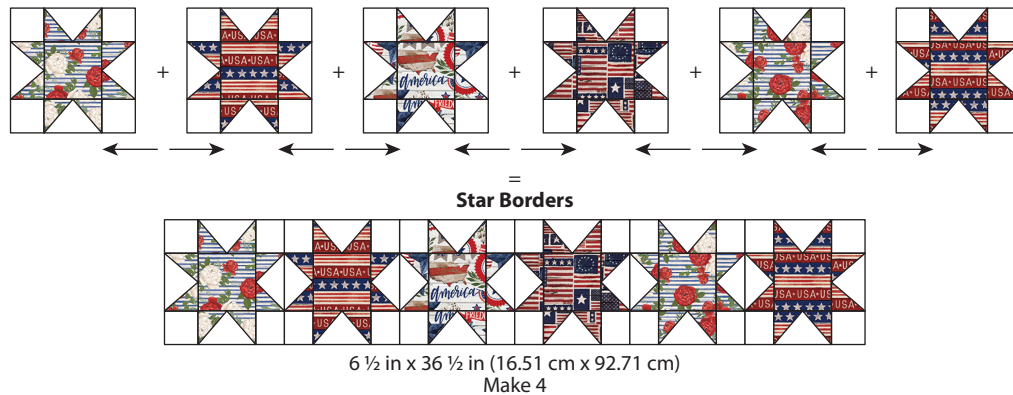
**Old Glory
Star Block**



$6\frac{1}{2}$ in x $6\frac{1}{2}$ in
(16.51 cm x 16.51 cm)
Make 4

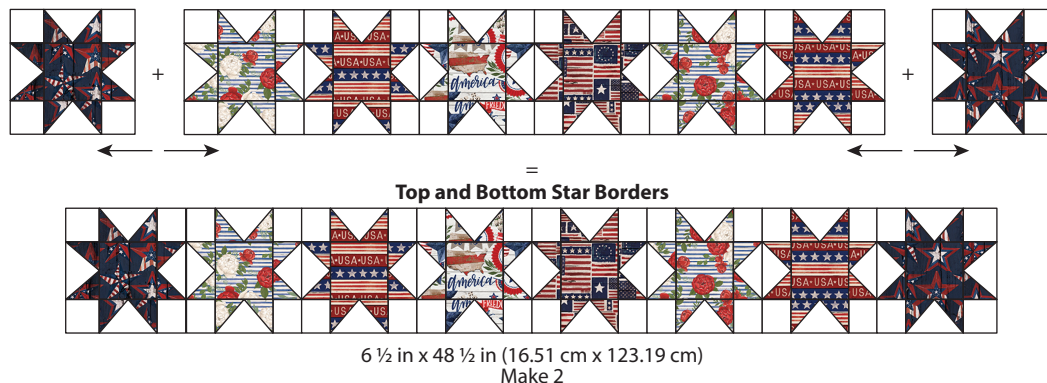
10. Place two Rose Bloom Stripe, two Stars & Stripes, one Heart of America and one Old Glory Star Blocks $6\frac{1}{2}$ in x $6\frac{1}{2}$ in (16.51 cm x 16.51 cm) as shown in Diagram I. Pin RST and sew; press open to reduce bulk. The Star Border should measure $6\frac{1}{2}$ in x $36\frac{1}{2}$ in (16.51 cm x 92.71 cm). Make 4. **Tip:** To make perfect points, put a pin through the star seam intersections and sew slightly to the right.

Dia. I



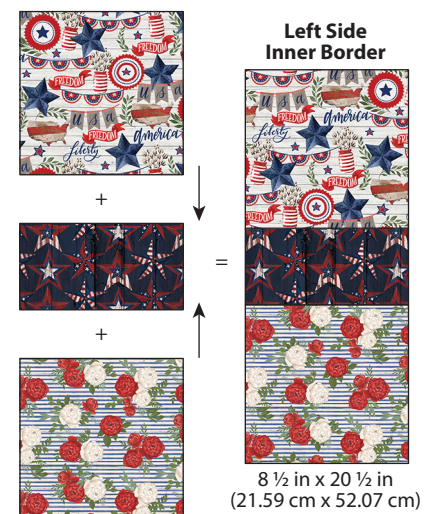
11. Place a Patriotic Stars Star Block $6\frac{1}{2}$ in x $6\frac{1}{2}$ in (16.51 cm x 16.51 cm) on each end of a Star Border $6\frac{1}{2}$ in x $36\frac{1}{2}$ in (16.51 cm x 92.71 cm) as shown in Diagram J. Pin RST, sew and press open, to make the Top Star Border $6\frac{1}{2}$ in x $48\frac{1}{2}$ in (16.51 cm x 123.19 cm). Repeat to make the Bottom Star Border.

Dia. J



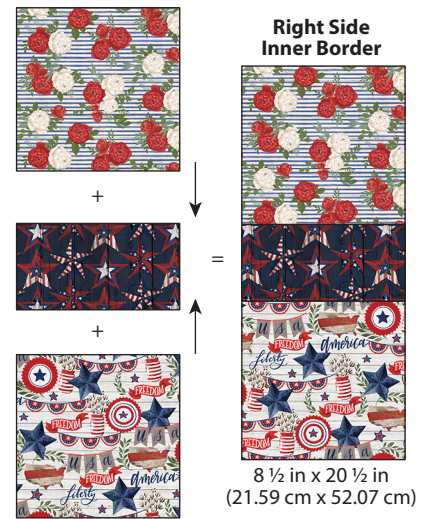
12. Place a Heart of America and a Rose Bloom Stripe square $8\frac{1}{2}$ in x $8\frac{1}{2}$ in (21.59 cm x 21.59 cm) on the top and bottom of a Patriotic Stars rectangle $4\frac{1}{2}$ in x $8\frac{1}{2}$ in (11.43 cm x 21.59 cm) as shown in Diagram K. **Note:** Check orientation of design. Pin RST and sew; press to make the Left Side Inner Border $8\frac{1}{2}$ in x $20\frac{1}{2}$ in (21.59 cm x 52.07 cm).

Dia. K



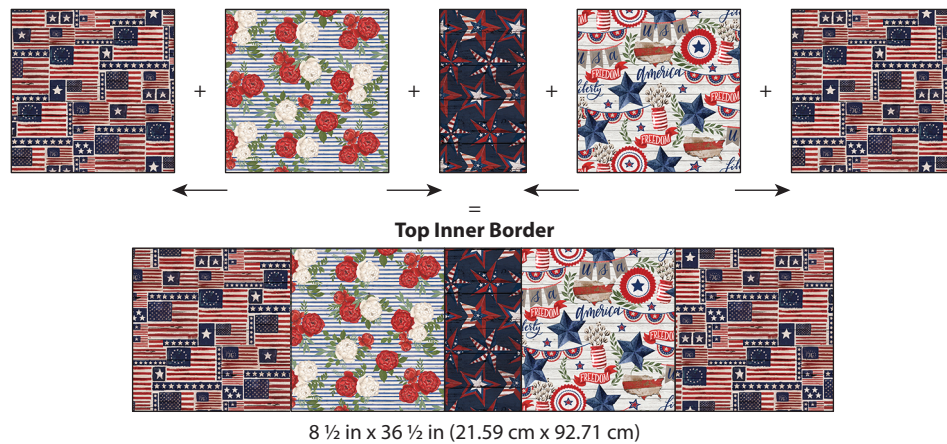
13. Repeat Step 12 and refer to Diagram L to make the Right Side Inner Border 8 ½ in x 20 ½ in (21.59 cm x 52.07 cm).

Dia. L



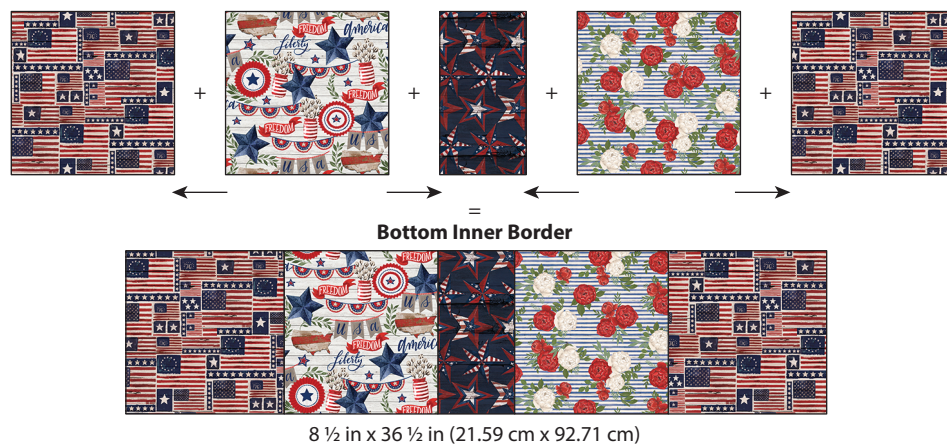
14. Place two Old Glory squares, a Heart of America and a Patriotic Stars square 8 ½ in x 8 ½ in (21.59 cm x 21.59 cm) as shown in Diagram M to make the Top Inner Border 8 ½ in x 36 ½ in (21.59 cm x 92.71 cm). **Note:** Check orientation of design..

Dia. M



15. Repeat Step 13 and refer to Diagram N to make the Bottom Inner Border 8 ½ in x 36 ½ in (21.59 cm x 92.71 cm).

Dia. N



16. Refer to Diagram O to place the Borders around the Center Star Block 20 ½ in x 20 ½ in (52.07 cm x 52.07 cm). Pin and sew the side borders first then the top and bottom borders. Match ends, seams and middles. Press seams as shown. Measure at each step to ensure the next border will fit. If one border is a little larger than the border it is being sewn to, pin well to ease the fullness and place the fullness on the bottom while sewing. **Note:** Check orientation and fabric direction of each border.

Inner Border –

Left Side: Made in Step 11 – 8 ½ in x 20 ½ in (21.59 cm x 52.07 cm).

Right Side: Made in Step 12 – 8 ½ in x 20 ½ in (21.59 cm x 52.07 cm).

Top: Made in Step 13 – 8 ½ in x 36 ½ in (21.59 cm x 92.71 cm).

Bottom: Made in Step 14 – 8 ½ in x 36 ½ in (21.59 cm x 92.71 cm). Quilt Center 36 ½ in x 36 ½ in (92.71 cm x 92.71 cm).

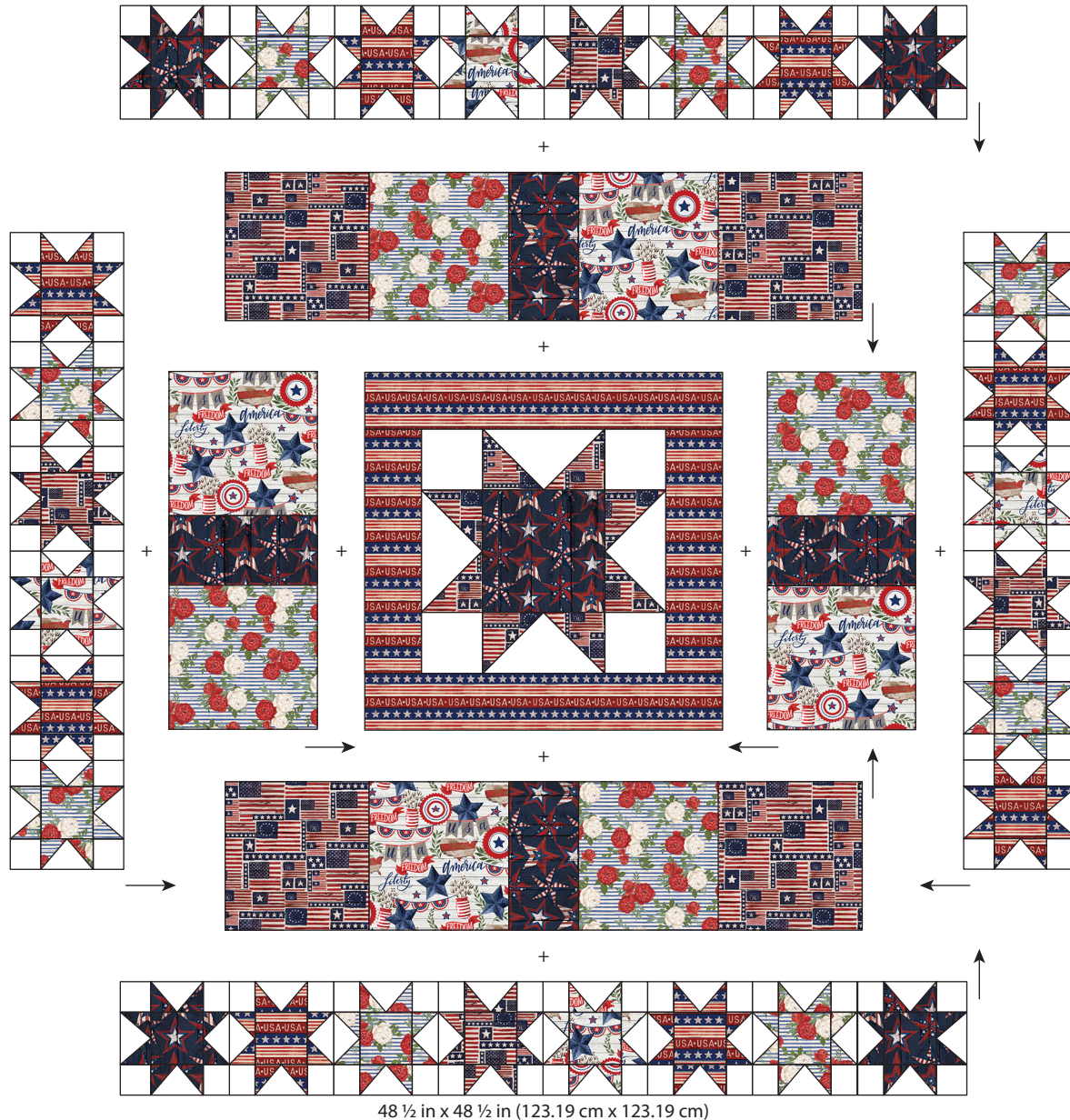
Star Border –

Sides: Two made in Step 9 – 6 ½ in x 36 ½ in (16.51 cm x 92.71 cm).

Top and Bottom: Two made in Step 10 – 6 ½ in x 48 ½ in (16.51 cm x 123.19 cm).

The finished Quilt Top should measure 48 ½ in x 48 ½ in (123.19 cm x 123.19 cm).

Dia. O



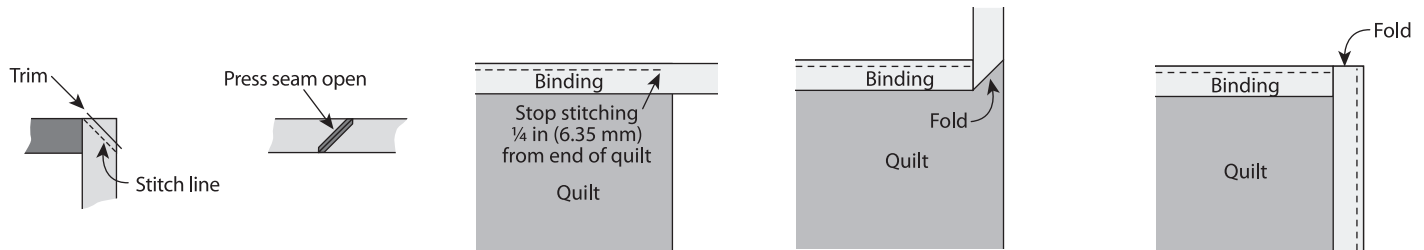
17. To make the Heart of America Backing, remove the selvages and cut one piece 40 ¼ in x 56 in (102.24 cm x 142.24 cm), one piece 16 ¼ in x 40 ¼ in (41.28 cm x 102.24 cm), and one piece 16 ¼ in x 16 ¼ in (41.28 cm x 41.28 cm). Pin and sew the two smaller pieces RST on the short edges; press. Pin the two sections RST and sew the long edges as shown in Diagram P. Press seams open or to one side. The Backing should measure 56 in x 56 in (142.24 cm x 142.24 cm).

Dia. P



Backing
56 in x 56 in (142.24 cm x 142.24 cm)

18. Press finished Quilt Top and Backing. Tape the Backing **wrong** side up to a firm surface. Layer batting and Quilt Top (right side up). Baste the layers together with safety pins. Quilt as desired.
19. Once quilting is complete, square up corners and edges, trimming excess Backing and batting even with the Quilt Top.
20. To make the Patriotic Stars Binding, remove selvages and sew the short ends of the six 2 ½ in x wof (6.35 cm x 106.68 cm) strips RST end to end at a 45° angle to make one continuous strip; press seams open. Press one short end ¼ in (6.35 mm) to the **wrong** side. Fold in half lengthwise with **wrong** sides together; press. Leaving a 2 in (5.08 cm) tail on the folded end, place cut edges of folded Binding even with the edge of the Quilt Top and sew, mitering the corners. Overlap ends, trim any excess and finish sewing the Binding. Fold Binding over to back and hand stitch.



Finished Care Instructions

Machine wash in cold water; gentle cycle. Do not bleach. **Tip:** Before drying, check for fabric dyes that may have run. If fabric dyes run, rewash and rinse using a color catcher to absorb loose dye. Lay flat to dry or tumble dry low.