



## Power of the Elements Quilt



Featuring the  
Power of the Elements  
Collection  
by Josephine Wall

Shipping to stores July 2022

Finished Size: 66 in x 74 in (167.64 cm x 187.96 cm)

## Fabric Needed

### 3 Wishes® Power of the Elements Collection

- 1 yd – Large Panel (19189-PNL-CTN-D)
- 1 ½ yds – Fall Foliage (19182-MLT-CTN-D) for piecing and Binding
- 1 yd – Snow Globes (19188-MLT-CTN-D)
- ⅞ yd – Marbled Texture (19183-MLT-CTN-D)
- ⅞ yd – Hidden Birds (19184-MLT-CTN-D)
- ¾ yd – Stormy Sky (19186-MLT-CTN-D)
- ¾ yd – Spring Floral (19187-MLT-CTN-D)
- 4 ¾ yds – Howling Wolves (19185-MLT-CTN-D) for Backing

### Additional Supplies Needed:

- 74 in x 82 in (187.96 cm x 208.28 cm) Cotton batting
- Piecing and sewing thread
- Quilting and sewing supplies
- Even-feed foot (optional for quilting)

# Before You Begin

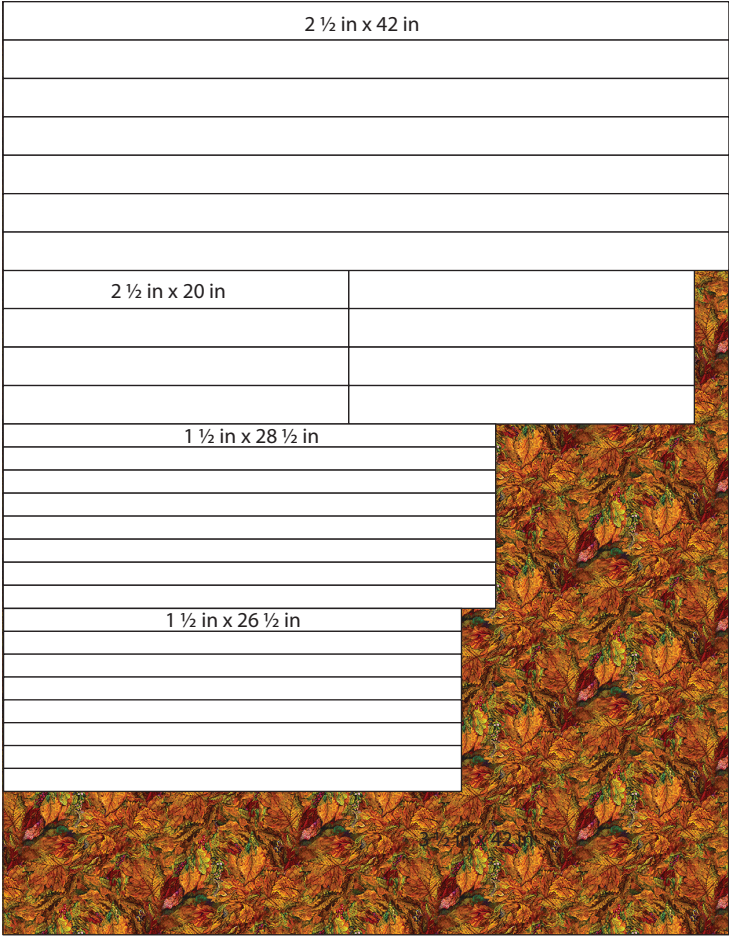
Read all instructions before beginning project. Do not pre-wash fabrics. Press fabrics with a dry iron on cotton setting before cutting. Use a ¼ in (6.35 mm) seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in the direction of the arrows. wof = width of fabric

## Cutting

Use a rotary cutter and ruler to cut the size and number of squares and rectangles from each fabric listed below.

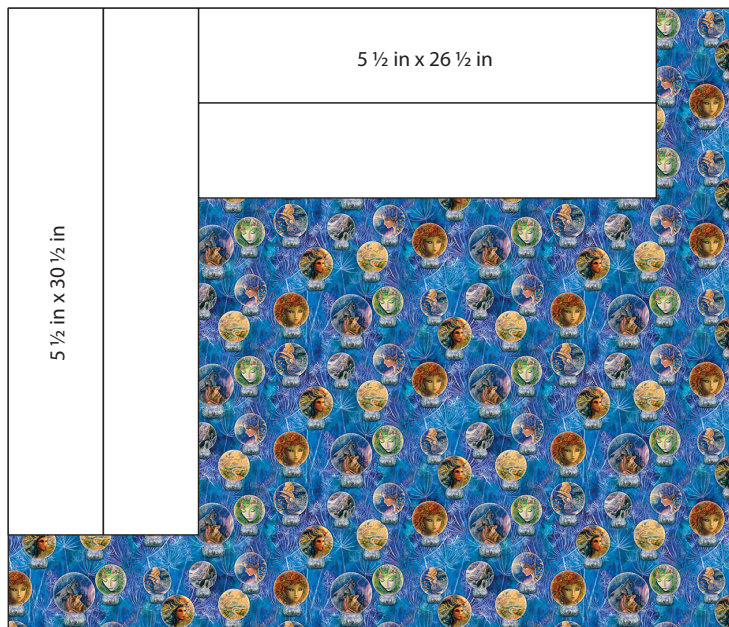


**Large Panel – 19189-PNL-CTN-D 1 yd x wof (91.44 cm x 106.68 cm)**  
Fussy Cut 4 – 16 in x 20 in (40.64 cm x 50.8 cm)



**Fall Foliage – 19182-MLT-CTN-D 1 ½ yds x wof (137.16 cm x 106.68 cm)**  
Cut 7 – 2 ½ in x 42 in (6.35 cm x 106.68 cm) for Binding  
Cut 8 – 2 ½ in x 20 in (6.35 cm x 50.80 cm)  
Cut 8 – 1 ½ in x 28 ½ in (3.81 cm x 72.39 cm)  
Cut 8 – 1 ½ in x 26 ½ in (3.81 cm x 67.31 cm)

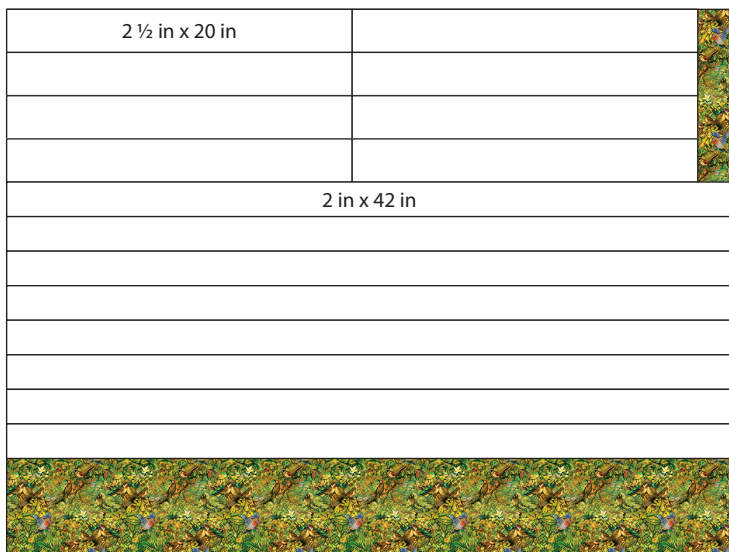




**Snow Globes – 19188-MLT-CTN-D 1yd x wof (91.44 cm x 106.68 cm)**

Cut 2 – 5 1/2 in x 30 1/2 in (13.97 cm x 77.47 cm)

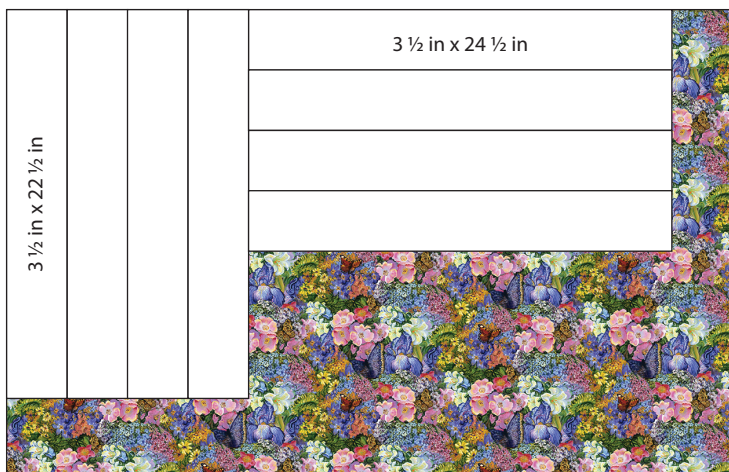
Cut 2 – 5 1/2 in x 26 1/2 in (13.97 cm x 67.31 cm)



**Hidden Birds – 19184-MLT-CTN-D 7/8 yd x wof (80.01 cm x 106.68 cm)**

Cut 8 – 2 1/2 in x 20 in (6.35 cm x 50.80 cm)

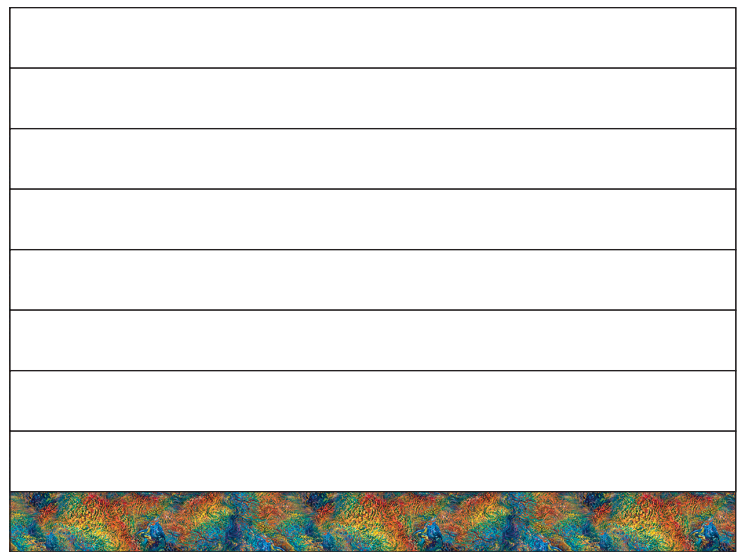
Cut 8 – 2 in x 42 in (5.08 cm x 106.68 cm)



**Spring Floral – 19187-MLT-CTN-D 3/4 yd x wof (68.58 cm x 106.68 cm)**

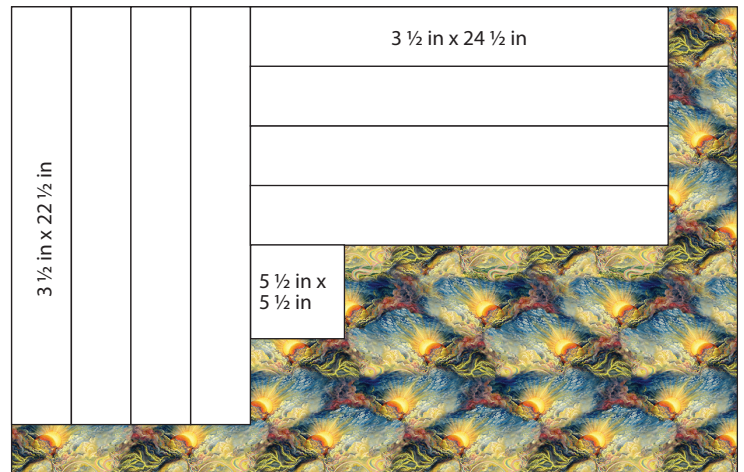
Cut 4 – 3 1/2 in x 22 1/2 in (8.89 cm x 57.15 cm)

Cut 4 – 3 1/2 in x 24 1/2 in (8.89 cm x 62.23 cm)



**Marbled Texture – 19183-MLT-CTN-D 7/8 yd x wof (80.01 cm x 106.68 cm)**

Cut 8 – 3 1/2 in x 24 1/2 in (8.89 cm x 62.23 cm)



**Stormy Sky – 19186-MLT-CTN-D 3/4 yd x wof (68.58 cm x 106.68 cm)**

Cut 4 – 3 1/2 in x 22 1/2 in (8.89 cm x 57.15 cm)

Cut 4 – 3 1/2 in x 24 1/2 in (8.89 cm x 62.23 cm)

Cut 1 – 5 1/2 in x 5 1/2 in (13.97 cm x 13.97 cm)

# Sewing

1. Refer to Diagram A to sew one Fall Foliage 2 ½ in x 20 in (6.35 cm x 105.41 cm) RST to each side of one fussy cut rectangle 16 in x 20 in (40.64 cm x 50.80 cm). Sew one Fall Foliage 2 ½ in x 20 in (6.35 cm x 105.41 cm) RST to the top and bottom of the fussy cut rectangle. Refer to Diagram B and trim to measure 18 ½ in x 22 ½ in (46.99 cm x 57.15 cm) to make Unit 1 (Dia. C).

Dia. A



Sew & Press

Dia. B



Trim

Dia. C

Unit 1



18 ½ in x 22 ½ in  
(46.99 cm x 57.15 cm)

2. Refer to Figure D and repeat Step 1 with four Fall Foliage 2 ½ in x 20 in (6.35 cm x 105.41 cm) strips and a second fussy cut rectangle 16 in x 20 in (40.64 cm x 50.80 cm) to make one 18 ½ in x 22 ½ in (46.99 cm x 57.15 cm) Unit 2.

Dia. D

Unit 2



18 ½ in x 22 ½ in  
(46.99 cm x 57.15 cm)

3. Refer to Diagram E to sew one Hidden Birds 2 ½ in x 20 in (6.35 cm x 105.41 cm) RST to each side of one fussy cut rectangle 16 in x 20 in (40.64 cm x 50.80 cm). Sew one Hidden Birds 2 ½ in x 20 in (6.35 cm x 105.41 cm) RST to the top and bottom of the fussy cut rectangle. Refer to Diagram F and trim to measure 18 ½ in x 22 ½ in (46.99 cm x 57.15 cm) to make Unit 3 (Dia. G).

Dia. E



Sew & Press

Dia. F



Trim

Dia. G

Unit 3



18 ½ in x 22 ½ in  
(46.99 cm x 57.15 cm)



4. Refer to Diagram H and repeat Step 3 with four Hidden Birds  $2\frac{1}{2}$  in x 20 in (6.35 cm x 105.41 cm) strips and the last fussy cut rectangle 16 in x 20 in (40.64 cm x 50.80 cm) to make one  $18\frac{1}{2}$  in x  $22\frac{1}{2}$  in (46.99 cm x 57.15 cm) Unit 4.



5. Refer to Diagram I to sew one Spring Floral  $3\frac{1}{2}$  in x  $22\frac{1}{2}$  in (8.89 cm x 57.15 cm) RST to each side of Unit 1. Sew one Spring Floral  $3\frac{1}{2}$  in x  $24\frac{1}{2}$  in (8.89 cm x 62.23 cm) RST to the top and bottom of Unit 1 to make Unit 5 which should measure  $24\frac{1}{2}$  in x  $28\frac{1}{2}$  in (62.23 cm x 72.39 cm).



6. Refer to Diagram J to sew one Fall Foliage  $1\frac{1}{2}$  in x  $28\frac{1}{2}$  in (3.81 cm x 72.39 cm) RST to each side of Unit 5. Sew one Fall Foliage  $1\frac{1}{2}$  in x  $26\frac{1}{2}$  in (3.81 cm x 67.31 cm) RST to the top and bottom of Unit 5 to make Block One which should measure  $26\frac{1}{2}$  in x  $30\frac{1}{2}$  in (67.31 cm x 77.47 cm).



7. Refer to Diagram K and repeat Steps 5-6 with Unit 2, two Spring Floral 3 ½ in x 22 ½ in (8.89 cm x 57.15 cm) strips, two Spring Floral 3 ½ in x 24 ½ in (8.89 cm x 62.23 cm) strips, two Fall Foliage 1 ½ in x 26 ½ in (3.81 cm x 67.31 cm) strips and two Fall Foliage 1 ½ in x 28 ½ in (3.81 cm x 72.39 cm) strips to make Block Two which should measure 26 ½ in x 30 ½ in (67.31 cm x 77.47 cm).

Dia. K

Block Two



26 ½ in x 30 ½ in (67.31 cm x 77.47 cm)

8. Refer to Diagram L to sew one Stormy Sky 3 ½ in x 22 ½ in (8.89 cm x 57.15 cm) RST to each side of Unit 3. Sew one Stormy Sky 3 ½ in x 24 ½ in (8.89 cm x 62.23 cm) RST to the top and bottom of Unit 3 to make Unit 6 which should measure 24 ½ in x 28 ½ in (62.23 cm x 72.39 cm).

Dia. L

Unit 6



24 ½ in x 28 ½ in (62.23 cm x 72.39 cm)



9. Refer to Diagram M to sew one Fall Foliage 1 ½ in x 28 ½ in (3.81 cm x 72.39 cm) RST to each side of Unit 6. Sew one Fall Foliage 1 ½ in x 26 ½ in (3.81 cm x 67.31 cm) RST to the top and bottom of Unit 6 to make Block Three which should measure 26 ½ in x 30 ½ in (67.31 cm x 77.47 cm).



10. Refer to Diagram N and repeat Steps 5-6 with Unit 4, two Spring Floral 3 ½ in x 22 ½ in (8.89 cm x 57.15 cm) strips, two Spring Floral 3 ½ in x 24 ½ in (8.89 cm x 62.23 cm) strips, two Fall Foliage 1 ½ in x 26 ½ in (3.81 cm x 67.31 cm) strips and two Fall Foliage 1 ½ in x 28 ½ in (3.81 cm x 72.39 cm) strips to make Block Four which should measure 26 ½ in x 30 ½ in (67.31 cm x 77.47 cm).

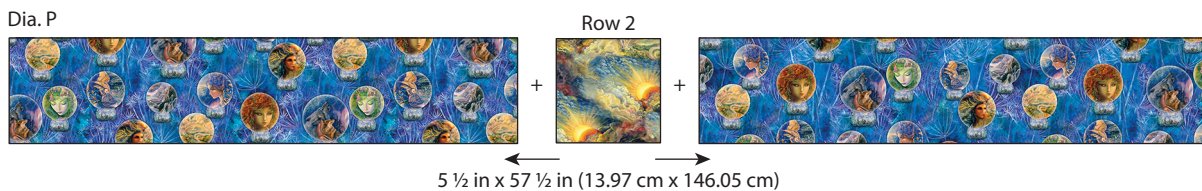




11. Refer to Diagram O to sew RST Block One, one Snow Globes 5 ½ in x 30 ½ in (13.97 cm x 77.47 cm) and Block Two to make Row 1 which should measure 30 ½ in x 57 ½ in (77.47 cm x 146.05 cm).



12. Refer to Diagram P to sew RST one Snow Globes 5 ½ in x 26 ½ in (13.97 cm x 67.31 cm), one Stormy Sky 5 ½ in x 5 ½ in (13.97 cm x 13.97 cm) square and one Snow Globes 5 ½ in x 26 ½ in (13.97 cm x 67.31 cm) to make Row 2 which should measure 5 ½ in x 57 ½ in (13.97 cm x 146.05 cm).

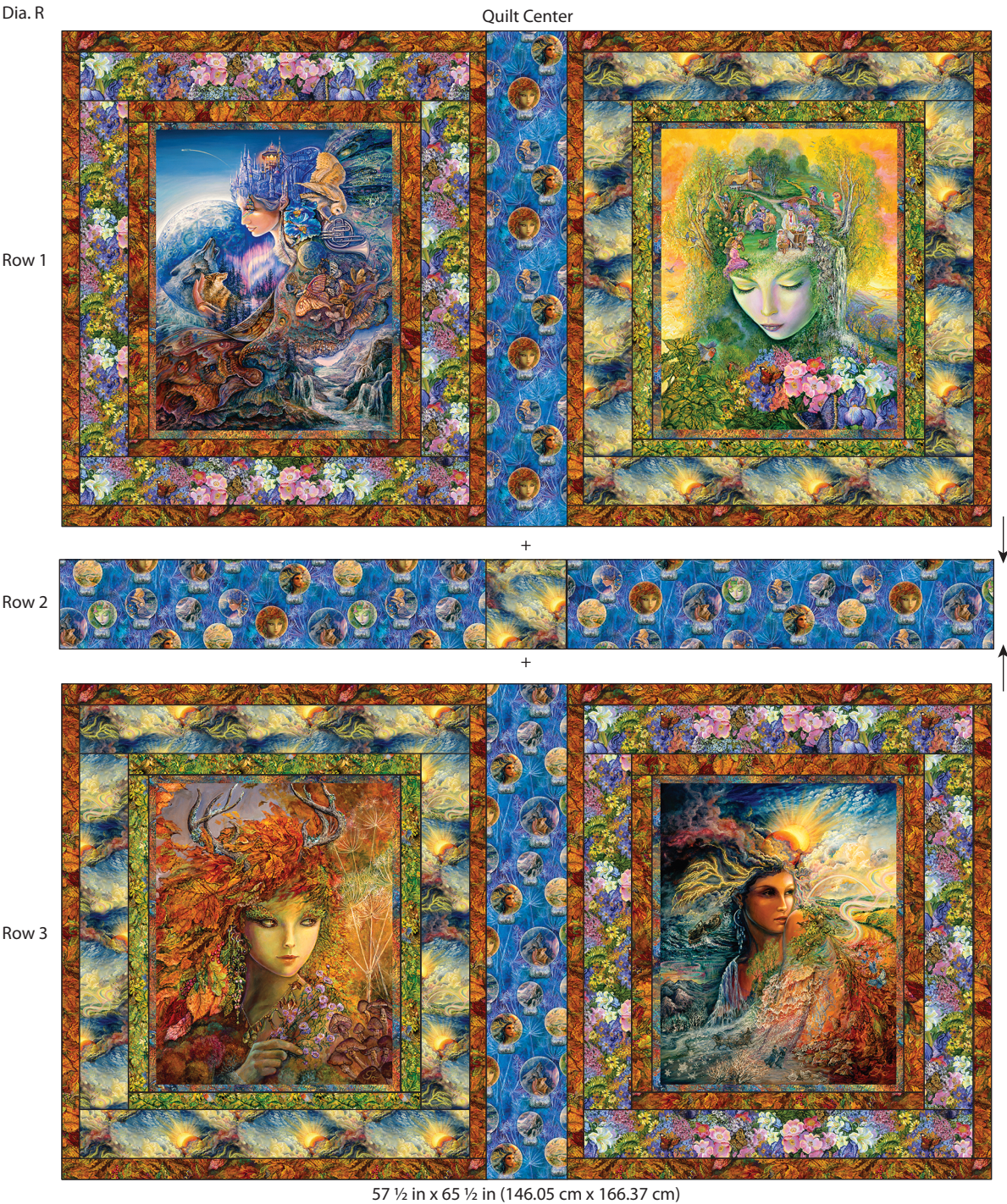


13. Refer to Diagram Q to sew RST Block Three, one Snow Globes 5 ½ in x 30 ½ in (13.97 cm x 77.47 cm) and Block Four to make Row 3 which should measure 30 ½ in x 57 ½ in (77.47 cm x 146.05 cm).





14. Refer to Diagram R to sew Row 1 RST to the top of Row 2. Sew Row 3 to the bottom of Row 2 to make the Quilt Center. The Quilt Center should measure 57 ½ in x 65 ½ in (146.05 cm x 166.37 cm).





15. Sew four Hidden Birds strips 2 in x 42 in (5.08 cm x 106.68 cm) end to end RST with diagonal seams; trim seam allowance to ¼ in (6.35 mm). From the sewn strip cut two Hidden Birds strips 2 in x 65 ½ in (5.08 cm x 166.37 cm). Refer to Diagram S to sew one Hidden Birds strip 2 in x 65 ½ in (5.08 cm x 166.37 cm) RST to each side of the Quilt Center.
16. Sew four Hidden Birds strips 2 in x 42 in (5.08 cm x 106.68 cm) end to end RST with diagonal seams; trim seam allowance to ¼ in (6.35 mm). From the sewn strip cut two Hidden Birds strips 2 in x 60 ½ in (5.08 cm x 153.67 cm). Refer to Diagram S to sew one Hidden Birds strip 2 in x 60 ½ in (5.08 cm x 153.67 cm) RST to the top and bottom of the Quilt Center. The Quilt Center should measure 60 ½ in x 68 ½ in (153.67 cm x 173.99 cm).

Dia. S





19. To make the Howling Wolves Backing, remove the selvages and cut two pieces 42 in x 82 in (106.68 cm x 208.28 cm). **Note:** Check the orientation of the design. Pin and sew the pieces RST along the long edges as shown in Diagram U. Trim the Back to measure 74 in x 82 in (187.96 cm x 208.28 cm).

Dia. U



Trim to measure 74 in x 82 in (187.96 cm x 208.28 cm)

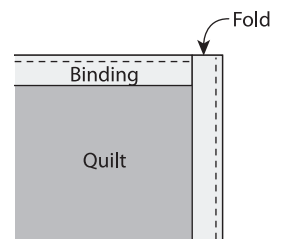
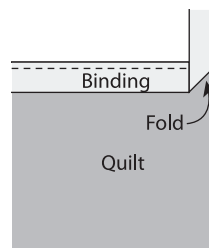
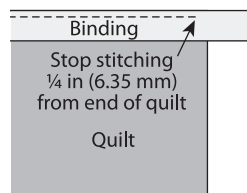
20. Press finished Quilt Top and Backing fabric. Tape the Backing **wrong** side up on a firm surface. Layer Batting and Quilt Top (right side up). Baste the layers together with safety pins. Quilt as desired.
21. Once the quilting is complete, square up corners and edges, trimming excess Backing and Batting even with the Quilt Top.
22. To make the Fall Foliage Binding, remove the selvages and sew the short ends of the seven 2 ½ in x 42 in (6.35 cm x 106.68 cm) strips RST end to end at a 45 degree angle to make one continuous strip; press seams open. Press one short end ¼ in (6.35 mm) to the **wrong** side. Fold in half lengthwise with **wrong** sides together; press. Leaving a 2 in (5.08 cm) tail on the folded end, place cut edges of folded Binding even with the edge of the Quilt and sew, mitering the corners (Dia. V). Overlap ends, trim any excess and finish sewing the Binding. Fold the Binding over to the back and hand stitch.

Dia. V

Trim

Press seam open

Stitch line



## Finished Care Instructions

Machine wash in cold water; gentle cycle. Do not bleach. **Tip:** Before drying, check for fabric dyes that may have run. If fabric dyes run, rewash and rinse using a color catcher to absorb loose dye. Lay flat to dry or tumble dry low.