American Folk

Featuring fabrics from the American Folk collection by Jennifer Brinley for Studio E Fabrics

Fabric Requirements
(A) 3210-77 ............ 1 panel
(B) 3213-77 ............ ½ yard
(C) 3214-88 ............ ⅔ yard
(D) 3212-88 ............ ⅛ yard
(E) 3214-11 ............ 1 ⅛ yards*
(F) 3213-44 ............ ⅓ yard
(G) 3215-11 ............ ⅛ yard
(H) 3211-88 ............ ⅛ yard
(I) 3214-44 ............ ¼ yard
(Back) 3215-44 ............ 2 yards

Additional Supplies Needed
Batting (6) 23” x 18”
Piecing and sewing thread
Quilting and sewing supplies

Pattern Information
Quilt designed by Heidi Pridemore
Finished Place Mat Size 19” x 14”
Skill Level: Advanced Beginner
**Cutting Instructions**

*Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.*

WOF = Width of Fabric • LOF = Length of Fabric

**Fabric A (3210-77 Rooster Blocks – Navy), cut:**
- Fussy cut (6) 10 ½” panels.

**Fabric B (3213-77 Ticking Stripe – Navy), cut:**
- (3) 2” WOF strips, sub-cut (12) 2” x 10 ½” strips.
- (4) 2” WOF strips, sub-cut (12) 2” x 13 ½” strips.

**Fabric C (3214-88 Bandana Basic – Red), cut:**
- (6) 1 ½” x WOF strips, sub-cut (18) 1 ½” x 12 ½” strips.
- (6) 1 ½” x WOF strips, sub-cut (12) 1 ½” x 19 ½”

**Fabric D (3212-88 Jacobean Vine – Red), cut:**
- (1) 2 ½” x WOF strip, sub-cut (12) 2 ½” squares.

**Fabric E (3214-11 Bandana Basic – Chambray), cut:**
- (4) 1 ½” x WOF strips, sub-cut (96) 1 ½” squares.
- (12) 2 ½” x WOF strips for the bindings.

**Fabric F (3213-44 Ticking Stripe – Cream), cut:**
- (2) 1 ½” x WOF strips, sub-cut (48) 1 ½” squares.
- (3) 1 ½” x WOF strips, sub-cut (48) 1 ½” x 2 ½” strips.

**Fabric G (3215-11 Rooster Toss – Chambray), cut:**
- (1) 2 ½” x WOF strip, sub-cut (6) 2 ½” squares.

**Fabric H (3211-88 Stars and Stripes – Red), cut:**
- (2) 1 ½” x WOF strips, sub-cut (48) 1 ½” squares.

**Fabric I (3214-44 Bandana Basic – Cream), cut:**
- (1) 1 ½” x WOF strip, sub-cut (24) 1 ½” squares.
- (1) 2 ½” x WOF strip, sub-cut (24) 1 ½” x 2 ½” strips.

**Backing (3215-44 Rooster Toss – Cream), cut:**
- (3) 23” x WOF strips, sub-cut (6) 23” x 18” strips for the backs.
Sew using a ¼” seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

**Block Assembly**

1. Sew (1) 2” x 10 ½” Fabric B strip to each side of (1) 10 ½” Fabric A block. Sew (1) 2” x 13 ½” Fabric B strip to the top and to the bottom of the Fabric A block. Trim the block to measure 12 ½” square to make (1) A block (Fig. 1). Repeat to make (6) A blocks total.

2. Place (1) 1 ½” Fabric E square on the left side of (1) 1 ½” x 2 ½” Fabric F strip, right sides together (Fig. 2). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press (Fig. 3). Trim away the excess fabric from behind the triangle, leaving a ¼” seam allowance.

3. Place another 1 ½” Fabric E square on the right side of the 1 ½” x 2 ½” Fabric F strip, right sides together (Fig. 4). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 4). Flip open the triangle formed and press (Fig. 5). Trim away the excess fabric from behind the triangle, leaving a ¼” seam allowance to make (1) EFE unit.

4. Repeat Steps 2-3 to make (48) EFE units total.

5. Repeat Steps 2-3 using (24) 1 ½” x 2 ½” Fabric I strips and (48) 1 ½” Fabric H squares to make (24) HIH units (Fig. 6).

6. Sew (1) EFE unit to each side of (1) 2 ½” Fabric D square. Sew (1) 1 ½” Fabric F square to each end of (1) EFE unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Fabric D square to make (1) D block (Fig. 7). Repeat to make (12) D blocks total.

7. Sew (1) HIH unit to each side of (1) 2 ½” Fabric G square. Sew (1) 1 ½” Fabric I square to each end of (1) HIH unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Fabric G square to make (1) G block (Fig. 8). Repeat to make (6) G blocks total.

8. Sew (1) D block to the top and to the bottom of (1) G block to make (1) DG strip. Repeat to make (6) DG strips total.
**Place Mat Top Assembly**
*(Follow Figure 9 while assembling the Place Mat tops.)*

9. Sew (1) 1 ½” x 12 ½” Fabric C strip to each side of (1) A block. Sew (1) DG strip to the right side of the resulting strip. Sew (1) 1 ½” x 12 ½” Fabric C strip to the right side of the DG strip to make the Place Mat top.

10. Sew (1) 1 ½” x 19 ½” Fabric C strip to the top and to the bottom of the Place Mat top.

11. Repeat Steps 9-10 to make (6) Place Mat tops total.

**Layering, Quilting and Finishing**

12. Press the Place Mat tops and 23” x 18” backing strips well. Layer backing *wrong side up*, batting, pressed quilt top *right side up* and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

**Binding**

13. Cut the ends of the (12) Fabric E binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together. Cut the strip into (6) equal lengths.

14. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.