

Autumn Flourish

Free Project
NOT FOR RESALE

TABLE RUNNER



Featuring fabrics from the **Autumn Flourish** collection by Art Loft for **STUDIO C fabrics**

Fabric Requirements

(A) 6335-68	1/4 yard
(B) Vanilla-46*	1/3 yard
(C) Green Tea-22*	1/3 yard
(D) 6334-83	5/8 yard
(E) Deep Space-98*	2/3 yard++
(F) 6334-44	7/8 yard
(G) 6341-99	1-1/8 yards
Backing 6332-33	2-1/4 yards

++Includes binding.

*Peppered Cottons Collection.

Please check our website for pattern updates before starting this project.

Additional Supplies Needed

Batting: 31" x 74"
(Recommended: Air Lite® Colour Me 100% Cotton)
Sewing and Quilting thread
Sewing and Quilting supplies

Table runner size: 28" x 70"
Skill Level: Advanced Beginner
Runner designed by Denise Russell

Fabrics in the Collection



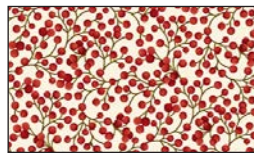
6340P-99 Panel - Black



6339P-35 Placemats - Pumpkin



6329-99 Sunflower
Flourish - Black



6330-33 Berries
Cream



6332-33 Chinese
Lanterns - Cream



6333-35 Plaid
Pumpkin



6334-44 Flourish
Gold



6334-83 Flourish
Russet



6335-68 Leaves
Forest



6335-89 Leaves
Burgundy



6336-99 Pumpkins
Black



6337-99 Large
Sunflowers - Black



6338-33 Small Flowers
Cream

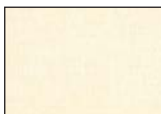


6341-99 Border Stripe - Black

Selected fabrics from the
Peppered Cottons collection



Green Tea - 22



Vanilla - 46



Deep Space - 98

Cutting

Cutting Instructions

Please note: All strips are cut across the width of the fabric (WOF) from selvage to selvage unless otherwise noted. (WOF = Width of Fabric, LOF = Length of Fabric).

Fabric A (6335-68 Leaves - Forest), cut:

*(1) 4-7/8" x WOF strip. Sub-cut four 4-7/8" squares; cut once diagonally. (A)

Fabric B (Peppered Cottons – 46 Vanilla), cut:

*(1) 2-1/2" x WOF strip. Sub-cut eight 2-1/2" x 4-1/2" rectangles.

*(1) 2-7/8" x WOF strip. Sub-cut four 2-7/8" squares and ten 2-1/2" squares.

*(1) 3-1/4" x WOF strip. Sub-cut four 3-1/4" squares; cut twice diagonally. (B)

Fabric C (Peppered Cottons – 22 Green Tea), cut:

*(2) 2-1/2" x WOF strips. Sub-cut eight 2-1/2" x 6-1/2" rectangles.

*(1) 3-1/4" x WOF strip. Sub-cut four 3-1/4" squares; cut twice diagonally. (C)

Fabric D (6334-83 Flourish - Russet), cut:

*(1) 2-1/2" x WOF strip. Sub-cut sixteen 2-1/2" squares.

*(1) 3-1/4" x WOF strip. Sub-cut:

- Two 3-1/4" squares; cut twice diagonally. (D)

- Four 2-7/8" squares.

- Two 2-1/2" squares (for a total of 18).

*(4) 1-1/2" x WOF strips for border 1.

Fabric E (Peppered Cottons – 98 Deep Space), cut:

*(1) 3-1/4" x WOF strip. Sub-cut four 3-1/4" squares; cut twice diagonally. (E)

*(4) 1-1/2" x WOF strips for border 2.

*(5) 2-1/2" x WOF strips for binding.

Fabric F (6334-44 Flourish - Gold), cut:

*(1) 8" x WOF strip. Sub-cut:

- Two 8" squares; cut once diagonally. (G)

- Two 3-1/4" squares; cut twice diagonally. (H)

*(1) 15-1/2" x WOF strip. Sub-cut two 15-1/2" squares; cut twice diagonally. (I)

Fabric G (6341-99 Border Stripe - Black), fussy-cut:

*Five 4-1/2" x LOF strips (floral vignettes only).

Block Assembly

1. Draw a diagonal line on the wrong side of the 2-7/8" Fabric B squares. With right sides together, layer the marked Fabric B squares atop the 2-7/8" Fabric D squares. Stitch 1/4" on each side of the marked line, cut on the drawn line, press each unit open with seams toward dark fabric, and trim dog ears (*figure 1*). Make a total of eight 2-1/2" half-square triangles (HST).

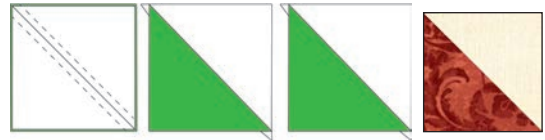


Figure 1 – Make (8) 2-1/2" units.

2. Draw a diagonal line on the wrong side of the sixteen 2-1/2" Fabric D squares. With right sides together, place one marked Fabric D square on a short end of a 2-1/2" x 6-1/2" Fabric C rectangle and stitch on the drawn line. Repeat with the opposite corner of the same rectangle. Trim seam allowances to 1/4" and press open (*figure 2*). Make eight 2-1/2" x 6-1/2" units.



Figure 2 – Make (8) 2-1/2" x 6-1/2" units.

3. Sew a Fabric E triangle E to a Fabric F triangle H. Press the seam toward the dark fabric. Similarly, sew a Fabric E triangle E to a Fabric D triangle D. Sew the two units together (*figure 3*). Repeat with remaining triangles to make eight 2-1/2" hourglass units.



Figure 3 – Make (8) 2-1/2" units.

4. Noting fabric orientation, sew two Step 3 units to opposite sides of a 2-1/2" Fabric B square. Press the seams toward the center. Repeat to make another strip

Sewing

AA. Sew a 2-1/2" Fabric F square to opposite sides of the remaining Step 3 units. Press the seams away from the center. Make four strips BB. Sew one strip BB to the top and one to the bottom of the strips AA and press the seams in one direction (*figure 4*). Make two 6-1/2" units.



Figure 4 – Make (24) 6-1/2" units.

5. Sew one Step 2 unit to opposite sides of a Step 4 unit. Press the seams away from the center. Repeat to make another center strip (*figure 5*).



Figure 5

6. Sew a Step 1 HST to opposite sides of the four remaining Step 2 units. Press the seams toward the center. Sew one strip to the top and one to the bottom of the Step 5 center strips to make two 10-1/2" blocks (*figure 6*). Press the seams in one direction.



Figure 6 – Make (2) 10-1/2" blocks.

7. Sew a Fabric C triangle C to one side of a 2-1/2" Fabric B square. Press open. Sew another triangle C to the adjacent side of the same square. Press open and trim ears. Sew a Fabric B triangle B to each triangle C.

Press open. Sew a Fabric A triangle A to the unit and press open (*figure 7*). Repeat to make eight 4-1/2" units.

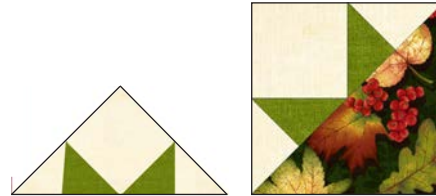


Figure 7 – Make (8) 4-1/2" units.

8. Noting fabric orientation, sew a 2-1/2" x 4-1/2" Fabric B rectangle between two Step 7 units. Press the seams toward the center. Repeat to make four strips CC. Sew a 2-1/2" Fabric D square between two 2-1/2" x 4-1/2" Fabric B rectangles and press the seams toward the rectangles. Repeat to make another strip DD. Sew one strip CC to the top and one to the bottom of a strip DD to make the block (*figure 8*). Press the seams in one direction. Make two 10-1/2" blocks.

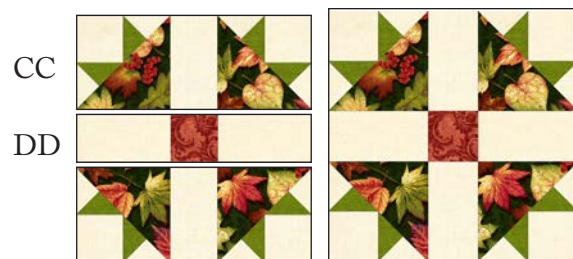


Figure 8 – Make (2) 10-1/2" blocks.

Quilt Top Assembly

(Follow the quilt diagram and photograph while assembling the quilt top.)

9. Following the photograph and table runner assembly diagram for block placement, lay out the blocks. Add the setting Fabric F triangles I on the beginning and the end of the rows. Sew the setting triangles and blocks together in each row, then matching adjacent seams sew the rows together in order. Press seams in alternate directions for adjacent rows. Sew one corner Fabric F triangle G to each table runner corner.

10. For border 1, sew the four 1-1/2" Fabric D strips together end to end using diagonal seams. Measure the vertical length of the runner through the center and

Sewing

cut two border strips that length. Sew one strip to each side of the runner. Measure the width of the quilt top through the center. Cut two border strips that length and sew one to the top and one to the bottom. Press the seams toward the borders.

11. Repeat Step 10 with the four 1-1/2" Fabric E strips to make and add border 2.

12. For border 3, mark the table runner center along the sides, top, and bottom. Sew together three 4-1/2" Fabric G strips with a straight seam and cut them into two identical lengths. Mark the center of each 4-1/2" border strip just created and the two extra lengths to be used on the top and the bottom. Matching the centers, sew each border strip in place beginning and ending exactly 1/4" from the corners. DO NOT trim the extra length.

13. To miter the borders, fold one corner of the quilt on a 45° angle so that the border strips are directly on top of one another and the seams nest together. Place your rotary ruler on the fold of the table runner so that the long edge is against the fold and the 45° line is on the side of the seam. Draw a line from the corner of

the runner top to the outside edge of the border. Pin the borders together. Position your needle on the inside corner where the border meets the runner. Stitch directly on the line you have drawn to the outside edge of the border. Trim the excess fabric leaving a 1/4" seam allowance. Press. Repeat the process for the remaining three corners of the table runner.

Layering, Quilting, and Finishing

14. Create a quilt sandwich with the batting between the quilt top and the backing. Pin or baste layers together, mark quilting design, and quilt by hand or machine. When quilting is complete, remove pins or basting and trim batting and backing even with raw edges of the table runner.

Binding

15. Join the five 2-1/2" Fabric E binding strips together end to end using a diagonal seam to make one long strip. Fold in half lengthwise and press. Sew binding to the edges of the runner, mitering corners, and overlapping ends. Fold binding to the back of the runner and stitch it in place by hand to finish.

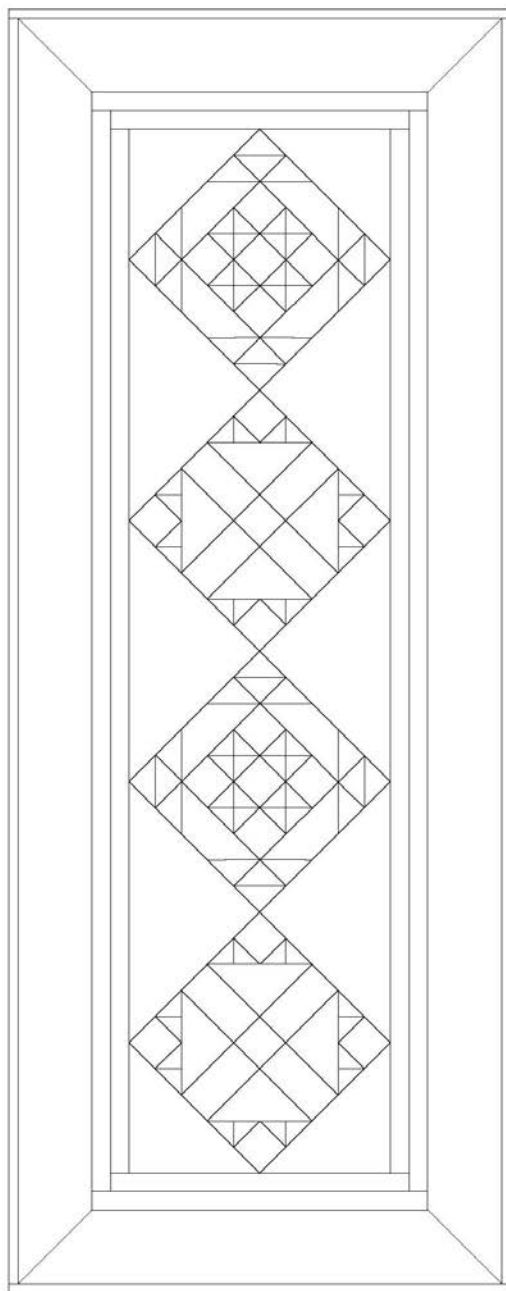


Table Runner Diagram