

A Free Project Sheet
NOT FOR RESALE

Let It Grow

Table Set



Featuring fabrics from the **Let It Grow** collection by **Mel Matthews** for **STUDIO e fabrics**

Table Topper Fabric Requirements

(A) 7525-66	¼ yard (0.23m)
(B) 7522-33	¼ yard (0.23m)
(C) 7523-68	¼ yard (0.23m)
(D) 1351-Pigment White**	⅓ yard (0.35m)
(E) 7531-11	⅝ yard (0.58m)
(F) 7529-13	¼ yard (0.23m)
(G) 7532-66	½ yard (0.46m)
(H) 7521-136	⅔ yard (0.61m)
(I) 7533-32	¼ yard (0.23m)
(J) 7527-124	¾ yard (0.61m)
(K) 1351-Forest**...	½ yard (0.46m)*

Backing

7530-08	3 yards (2.75m)
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Place Mat Fabric Requirements (makes 4)

(A) 7521-136	⅔ yard (0.61m)
(B) Key Lime-68+....	¾ yard (0.69m)*
(C) 7532-66	⅓ yard (0.31m)
(D) 7523-68	¼ yard (0.23m)
(E) 7524-04	¼ yard (0.23m)
(F) 7529-13	¼ yard (0.23m)
(G) 7530-08	¼ yard (0.23m)
(H) 7531-11	⅓ yard (0.31m)

Backings

7527-124	1 yard (0.92m)
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* Includes Binding

** Just Color! Collection

+ Peppered Cottons Collection

Additional Supplies Needed

Batting: (1) 53" x 53"
(134.62 cm x 134.62 cm)
(4) 19" x 16"
(48.26 cm x 40.64 cm)
(Recommended:
Air Lite® Colour Me 100% Cotton)
Piecing and sewing thread
Quilting and sewing supplies

Designs by Heidi Pridemore
Finished Table Topper Size:
45" x 45" (114.30 cm x 114.30 cm)
Finished Place Mat Size:
15" x 12" (38.10 cm x 30.48 cm)
Skill Level: Advanced Beginner

Fabrics in the Collection



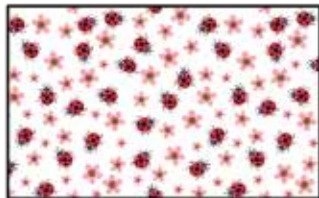
Let It Grow Block Print
Light Blue/Multi – 7521-136



Gardenscape
Light Green/Multi – 7526-63



Gourds
Orange/Light Blue – 7529-13



Lady Bugs
White/Red – 7530-08



Showers
Light Blue – 7531-11



Herbs
Light Green – 7532-66



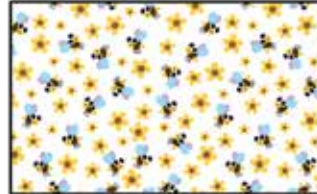
Wiggly Worms
Brown – 7533-32



Carrots
Brown/Orange – 7522-33



Tomatoes
Green/Red – 7523-68



Worker Bees
White/Yellow – 7524-04



Spring Greens
Green – 7525-66



Garden Helpers
White/Multi – 7527-124



Root Veggies
Brown/Multi – 7528-32



Let It Grow Book Panel
Light Blue/Multi – 7534P-136

Select Fabrics from Just Color! and Peppered Cottons



Just Color!
Forest
1351-Forest



Just Color!
Pigment White
1351-Pigment White



Peppered Cottons
Key Lime
Key Lime-68

Table Topper Cutting

Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (7525-66 Spring Greens – Green), cut:

- (1) 5 ½" x WOF strip, sub-cut (4) 5 ½" squares.

Fabric B (7522-33 Carrots – Brown/Orange), cut:

- (1) 5 ½" x WOF strip, sub-cut (4) 5 ½" squares.

Fabric C (7523-68 Tomatoes – Green/Red), cut:

- (1) 5 ½" x WOF strip, sub-cut (4) 5 ½" squares.

Fabric D (1351-Pigment White Just Color! – Pigment White), cut:

- (3) 3" x WOF strips, sub-cut (32) 3" squares.

Fabric E (7531-11 Showers – Light Blue), cut:

- (2) 3" x WOF strips, sub-cut (16) 3" squares.
- (2) 3" x WOF strips, sub-cut (8) 3" x 10 ½" strips.
- (3) 2" x WOF strips, sub-cut (8) 2" x 13 ½" strips.

Fabric F (7529-13 Gourds – Orange/Light Blue), cut:

- (1) 5 ½" square.

Fabric G (7532-66 Herbs – Light Green), cut:

- (3) 2" x WOF strips, sub-cut (8) 2" x 12 ½" strips.
- (4) 2" x WOF strips, sub-cut (8) 2" x 15 ½" strips.

Fabric H (7521-136 Let It Grow Block Print – Light Blue/Multi):

- Fussy cut (4) 8 ½" x 10 ½" rectangles, centered on blocks.

Fabric I (7533-32 Wiggly Worms – Brown), cut:

- (2) 1 ½" x 35 ½" WOF strips.
- (2) 1 ½" x 37 ½" WOF strips.

Fabric J (7527-124 Garden Helpers – White/Multi), cut:

- (2) 4 ½" x 37 ½" WOF strips.
- (3) 4 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 4 ½" x 45 ½" strips.

Fabric K (1351-Forest Just Color! – Forest), cut:

- (5) 2 ½" x WOF strips for the binding.

Backing (7530-08 Lady Bugs – White/Red), cut:

- (2) 53" x WOF strips. Sew the strips together and trim to 53" x 53" to make the back.

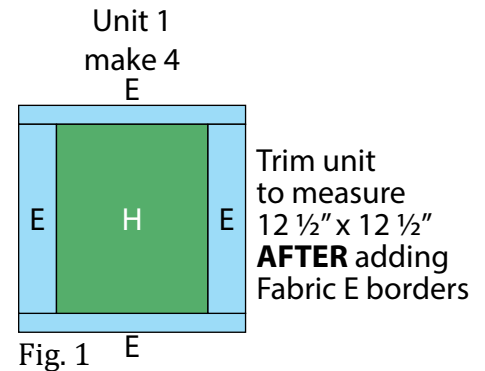
Table Topper Sewing

Sew using a $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

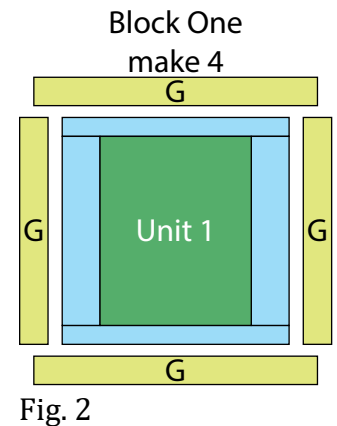
Table Topper Block Assembly

Note: Pay attention to the unit orientations when assembling the various components.

1. Sew (1) 3" x 10 $\frac{1}{2}$ " Fabric E strip to each side of (1) 8 $\frac{1}{2}$ " x 10 $\frac{1}{2}$ " Fabric H rectangle. Sew (1) 2" x 13 $\frac{1}{2}$ " Fabric H strip to the top and to the bottom of the Fabric H rectangle to make (1) Unit 1 square (Fig. 1). **Trim the unit to measure 12 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ ".** Repeat to make (4) Unit 1 squares total.



2. Sew (1) 2" x 12 $\frac{1}{2}$ " Fabric G strip to each side of (1) Unit 1 square. Sew (1) 2" x 15 $\frac{1}{2}$ " Fabric G strip to the top and to the bottom of the Unit 1 square to make (1) 15 $\frac{1}{2}$ " Block One square (Fig. 2). Repeat to make (4) Block One squares total.



3. Place (1) 3" Fabric D square on the top left corner of (1) 5 $\frac{1}{2}$ " Fabric A square, right sides together (Fig. 3). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 3). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle $\frac{1}{4}$ " away from the sewn seam (Fig. 4).

4. Follow Figure 5 for the seam direction to add a 3" Fabric D square to each of the remaining corners of the 5 $\frac{1}{2}$ " Fabric A square to make (1) Unit 2 square (Fig. 6).

5. Repeat Steps 3-4 to make (4) Unit 2 squares total.

6. Repeat Steps 3-4 and refer to Figures 7-8 for fabric identification, placement and seam direction to make (4) Unit 3 squares and (4) Unit 4 squares.

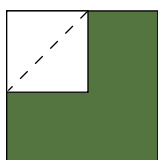


Fig. 3

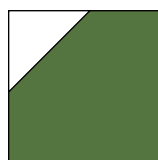


Fig. 4

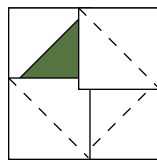


Fig. 5

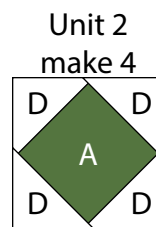


Fig. 6

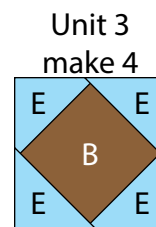


Fig. 7

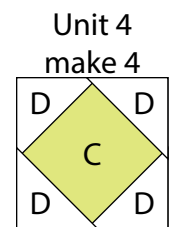


Fig. 8

7. Sew together (1) Unit 2 square, (1) Unit 3 square and (1) Unit 4 square, in that order from top to bottom, to make (1) Block Two strip (Fig. 9). Repeat to make (4) Block Two strips total.

8. Sew (1) Block One square to each side of (1) Block Two strip to make the top row. Repeat to make the bottom row. Sew (1) Block Two strip to each side of (1) 5 ½" Fabric F square to make the middle row. Sew together the (3) rows lengthwise to make the 35 ½" x 35 ½" Center Block (Fig. 10).

Block Two
make 4



Fig. 9

Center Block

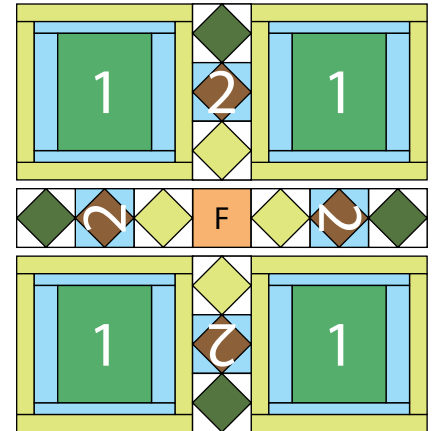


Fig. 10

Table Topper Assembly

(Follow the Table Topper Layout in Figure 11 while assembling the table topper top.)

9. Sew (1) 1 ½" x 35 ½" Fabric I strip to each side of the Center Block. Sew (1) 1 ½" x 37 ½" Fabric I strip to the top and to the bottom of the Center Block.

10. Sew (1) 4 ½" x 37 ½" Fabric J strip to each side of the Center Block. Sew (1) 4 ½" x 45 ½" Fabric J strip to the top and to the bottom of the Center Block to make the Table Topper top.

Table Topper Layering, Quilting and Finishing

11. Press the topper and 53" x 53" backing well. Layer backing (wrong side up), batting, pressed topper (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Table Topper Binding

12. Cut the ends of the (5) Fabric K binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

13. Sew the binding to the front of the topper, raw edges together. Turn the folded edge to the back, and hand stitch in place.

Table Topper Layout

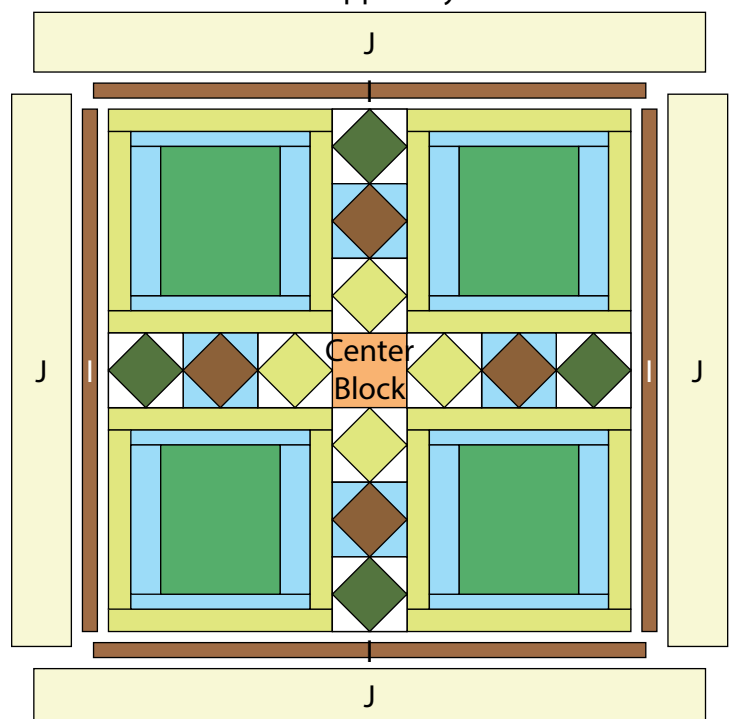


Fig. 11

Place Mat Cutting

Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (7521-136 Let It Grow Block Print – Light Blue/Multi):

- Fussy cut (4) 8 ½" x 10 ½" rectangles, centered on blocks.

Fabric B (Key Lime-68 Peppered Cottons – Key Lime), cut:

- (2) 2" x WOF strips, sub-cut (8) 2" x 10 ½" strips.
- (7) 2 ½" x WOF strips for the binding.

Fabric C (7532-66 Herbs – Light Green), cut:

- (2) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 10 ½" strips.
- (3) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 12 ½" strips.

Fabric D (7523-68 Tomatoes – Green/Red), cut:

- (1) 3 ½" x WOF strip, sub-cut (4) 3 ½" squares.

Fabric E (7524-04 Worker Bees – White/Yellow), cut:

- (1) 3 ½" x WOF strip, sub-cut (4) 3 ½" squares.

Fabric F (7529-13 Gourds – Orange/Light Blue), cut:

- (1) 3 ½" x WOF strip, sub-cut (4) 3 ½" squares.

Fabric G (7530-08 Lady Bugs – White/Red), cut:

- (1) 3 ½" x WOF strip, sub-cut (4) 3 ½" squares.

Fabric H (7531-11 Showers – Light Blue), cut:

- (4) 2" x WOF strips, sub-cut (64) 2" squares.

Backing (7527-124 Garden Helpers – White/Multi), cut:

- (2) 16" x WOF strips, sub-cut (4) 16" x 19" rectangles for the backs.

Place Mat Sewing

Sew using a ¼" seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Place Mat Block Assembly

Note: Pay attention to the unit orientations when assembling the various components.

14. Sew (1) 2" x 10 ½" Fabric B strip to each side of (1) 8 ½" x 10 ½" Fabric A rectangle to make (1) Unit 5 square (Fig. 12). **Trim the unit to measure 10 ½" x 10 ½"**. Repeat to make (4) Unit 5 squares total.

15. Sew (1) 1 ½" x 10 ½" Fabric C strip to each side of (1) Unit 5 square. Sew (1) 1 ½" x 12 ½" Fabric C strip to the top and to the bottom of the Center Block to make (1) Block Three square (Fig. 13). Repeat to make (4) Block Three squares total.

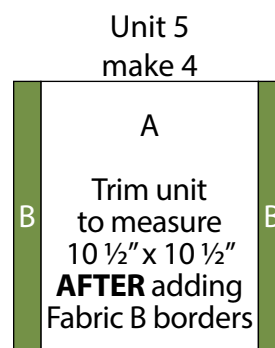


Fig. 12

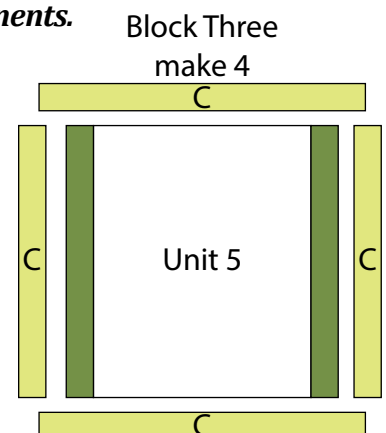


Fig. 13

16. Place (1) 2" Fabric H square on the top left corner of (1) 3 ½" Fabric D square, right sides together (Fig. 14). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 14). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle ¼" away from the sewn seam (Fig. 15).

17. Follow Figure 16 for the seam direction to add a 2" Fabric H square to each of the remaining corners of the 3 ½" Fabric D square to make (1) Unit 6 square (Fig. 17).

18. Repeat Steps 16-17 to make (4) Unit 6 squares total.

19. Repeat Steps 16-17 and refer to Figures 18-20 for fabric identification, placement and seam direction to make (4) Unit 7 squares, (4) Unit 8 squares and (4) Unit 9 squares.

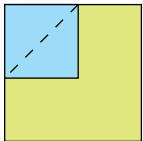


Fig. 14

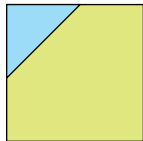


Fig. 15

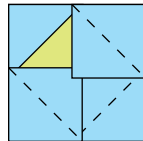


Fig. 16

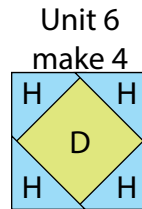


Fig. 17

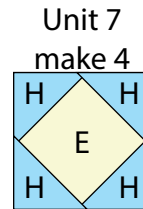


Fig. 18

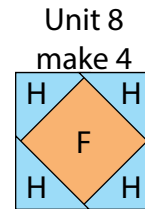


Fig. 19

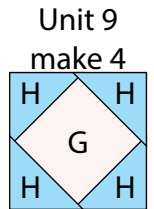


Fig. 20

20. Sew together (1) Unit 6 square, (1) Unit 7 square, (1) Unit 8 square and (1) Unit 9 square, in that order from top to bottom, to make (1) Block Four strip (Fig. 21). Repeat to make (4) Block Four strips total.

Block Four



Fig. 21

Place Mat Layout
make 4

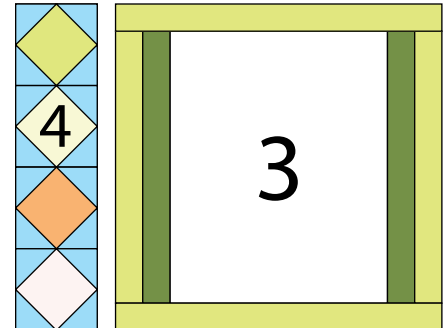


Fig. 22

Place Mat Assembly

(Follow the Place Mat Layout in Figure 22 while assembling the place mat tops.)

21. Sew (1) Block Four strip to the left side of (1) Block Three square to make (1) Place Mat top (Fig. 22). Repeat to make (4) Place Mat tops total.

Place Mat Layering, Quilting and Finishing

22. Press the place mats and 16" x 19" backings well. Layer backing (wrong side up), batting, pressed place mats (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Place Mat Binding

23. Cut the ends of the (7) Fabric B binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together. Cut the strip into (4) equal lengths.

24. Sew the bindings to the fronts of the place mats, raw edges together. Turn the folded edge to the back, and hand stitch in place.

*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check www.studioefabrics.net for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.*