







Featuring fabrics from the **Silent Sports** collection by **Judy Gauthier** for **STUDIO**

Fabric Requirements

(A) 5983-77	½ yard
(B) 5984-11	⅓ yard
(C) Vanilla-46**	⅓ yards
(D) Aluminium-60**	⅓ yard
(E) Aubergine-34**	¾ yard
(F) 5980-39	⅓ yard
(G) 5977-77	1 % yard
(H) 5981-58	⅓ yard

(-)
(J) 5979-96
(K) 5976-64
(L) Ink-45**
Backing
5978-11
* Includes Bind

(I) 5985-76	½ yard
(J) 5979-96	1 1/8 yards
(K) 5976-64	⅓ yard
(L) Ink-45**	⅓ yard
Backing	
5978-11	4 ¼ yards

ding

** Peppered Cottons Collection

Additional Supplies Needed

Batting 76" x 76" (Recommended: Air Lite® Colour Me 100% Cotton) Piecing and sewing thread Quilting and sewing supplies

Quilt designed by Heidi Pridemore Finished Quilt Size 67 %" x 67 %" Skill Level: Intermediate

Please check our website for pattern updates before starting this project.

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Fabrics in the Collection



Bike Physics Dark Navy - 5972-79



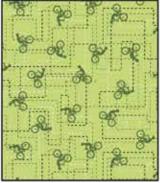
Trail Map Charcoal – 5973-99



Hills and Trails Green/Blue - 5974-67



Tossed Bicyclists Dark Teal - 5975-76



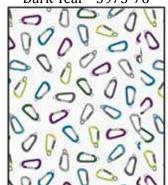
Dash Plaid Bikes Light Green - 5976-64



Elevation Map Dark Blue - 5977-77



Hiking Sentiments Light Blue - 5978-11



Carabiners Multi - 5979-96



Footprints Dark Brown - 5980-39



Trekking Poles Geo Plum - 5981-58



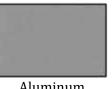
Outdoor Accessories Dark Blue - 5983-77



Kayaks A/O Light Blue - 5984-11



Canoe Paddles Dark Teal - 5985-76



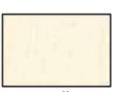
Aluminum Aluminum-60



Aubergine Aubergine-34



Ink Ink-45



Vanilla Vanilla-46

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Cutting

Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (5983-77 Outdoor Accessories - Dark Blue), cut:

• (2) 6 ½" x WOF strips, sub-cut (12) 6 ½" squares.

Fabric B (5984-11 Kayaks A/O - Light Blue), cut:

• (2) 6 ½" x WOF strips, sub-cut (12) 6 ½" squares.

Fabric C (Vanilla-46 Peppered Cottons - Vanilla), cut:

• (3) 3 ½" x WOF strips, sub-cut (32) 3 ½" squares.

Fabric D (Aluminum-60 Peppered Cottons – Aluminum), cut:

• (3) 3 ½" x WOF strips, sub-cut (32) 3 ½" squares.

Fabric E (Aubergine-34 Peppered Cottons - Aubergine), cut:

- (3) 3 ½" x WOF strips, sub-cut (32) 3 ½" squares.
- (3) 3 ½" x WOF strips, sub-cut (8) 3 ½" x 12 ½" strips.

Fabric F (5980-39 Footprints - Dark Brown), cut:

• (2) 12 \%" x WOF strips, sub-cut (4) 12 \%" squares.

Fabric G (5977-77 Elevation Map - Dark Blue), cut:

- (2) 12 \%" x WOF strips, sub-cut (4) 12 \%" squares.
- (7) 2 ½" x WOF strips for the binding.

Fabric H (5981-58 Trekking Poles Geo - Plum), cut:

• (2) 12 ½" x WOF strips, sub-cut (4) 12 ½" squares.

Fabric I (5985-76 Canoe Paddles - Dark Teal), cut:

• (1) 12 ½" square.

Fabric J (5979-96 Carabiners – Multi), cut:

• (2) $18\frac{1}{4}$ " x WOF strips, sub-cut (3) $18\frac{1}{4}$ " squares and (2) $9\frac{3}{8}$ " squares. Cut the (3) $18\frac{1}{4}$ " squares across both diagonals to make (12) $18\frac{1}{4}$ " triangles. Cut the (2) $9\frac{3}{8}$ " squares across (1) diagonal to make (4) $9\frac{3}{8}$ " triangles.

Fabric K (5976-64 Dash Plaid Bikes - Light Green), cut:

• (3) 3 ½" x WOF strips, sub-cut (8) 3 ½" x 12 ½" strips.

Fabric L (Ink-45 Peppered Cottons - Ink), cut:

• (3) 3 ½" x WOF strips, sub-cut (8) 3 ½" x 12 ½" strips.

Backing (5978-11 Hiking Sentiments - Light Blue), cut:

• (2) 76" x WOF strips. Sew the strips together and trim to 76" x 76" to make the back.



Sew using a ¼" seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Block Assembly

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.

- 1. Place (1) 3 ½" Fabric C square on the top left corner of (1) 6 ½" Fabric A square, right sides together (Fig. 1). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press (Fig. 2). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.
- 2. Follow Figure 3 for the seam direction to add a 3 ½" Fabric C square to each of the remaining corners of the 6 ½" Fabric A square to make (1) Unit 1 square (Fig. 4). Unit 1
- 3. Repeat Steps 1-2 to make (4) Unit 1 squares total.



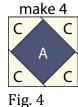
Fig. 1





Unit 5

make 4



4. Repeat Steps 1-2 and refer to Figures 5-9 for fabric identification, placement, seam direction and orientation to make (4) of each unit square for Unit 2 through Unit 6.

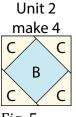


Fig. 5

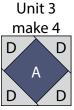


Fig. 6

Unit 4 make 4 В

Fig. 7 Fig. 8

Unit 6 make 4 R

Fig. 9

5. Sew (1) Unit 1 square to the top of (1) Unit 2 square. Sew (1) 3 ½" x 12 ½" Fabric L strip to each side of the newly sewn strip to make (1) 12 1/2" Block One square (Fig. 10). Repeat to make (4) Block One squares total.

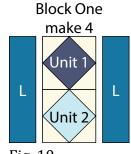


Fig. 10

6. Repeat Step 5 and refer to Figures 11-12 for component identification, placement and orientation to make (4) Block Two squares and (4) Block Three squares.

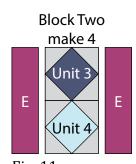


Fig. 11

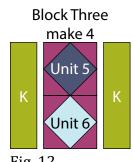
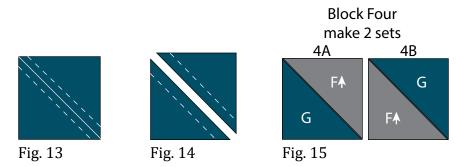


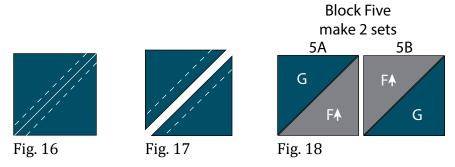
Fig. 12

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- 7. Place 12 $\frac{1}{8}$ " Fabric F square on top of (1) 12 $\frac{1}{8}$ " Fabric G square, right sides together. Draw a line across the diagonal of the top square from the upper left corner to the lower right corner (Fig. 13). Sew $\frac{1}{4}$ " away from each side of the drawn diagonal line (Fig. 13). Cut the (2) squares apart on the drawn diagonal line (Fig. 14) to make (2) half-square triangles. Trim the half-square triangles to measure $\frac{12}{2}$ " square to make (1) Block 4A square and (1) Block 4B square (Fig. 15).
- 8. Repeat Step 7 to make a second Block 4A square and a second Block 4B square.



- 9. Place 12 $\frac{1}{8}$ " Fabric G square on top of (1) 12 $\frac{1}{8}$ " Fabric F square, right sides together. Draw a line across the diagonal of the top square from the upper right corner to the lower left corner (Fig. 16). Sew $\frac{1}{4}$ " away from each side of the drawn diagonal line (Fig. 16). Cut the (2) squares apart on the drawn diagonal line (Fig. 17) to make (2) half-square triangles. Trim the half-square triangles to measure 12 $\frac{1}{2}$ " square to make (1) Block 5A square and (1) Block 5B square (Fig. 18).
- 10. Repeat Step 9 to make a second Block 5A square and a second Block 5B square.



Quilt Top Assembly

(Follow the Quilt Layout in Figure 19 while assembling the quilt top.)

- 11. Sew (1) 18 $\frac{1}{4}$ " Fabric J triangle to each side of (1) Block One square. Sew (1) 9 $\frac{3}{6}$ " Fabric J triangle to the top of the Block One square to make Row One.
- 12. Sew together (1) Block 4A square, (1) Block Two square and (1) Block 5B square, in that order from left to right. Sew (1) 18 ¼" Fabric J triangle to each end of the newly sewn strip to make Row Two.
- 13. Sew together (1) Block 4B square, (1) 12 $\frac{1}{2}$ " Fabric H square, (1) Block Three square, (1) 12 $\frac{1}{2}$ " Fabric H square and (1) Block 5A square, in that order from left to right. Sew (1) 18 $\frac{1}{4}$ " Fabric J triangle to each end of the newly sewn strip to make Row Three.
- 14. Sew together (1) Block One square, (1) Block Two square, (1) Block Three square, (1) 12 $\frac{1}{2}$ " Fabric I square, (1) Block Three square, (1) Block Two square and (1) Block One square, in that order from left to right. Sew (1) 9 $\frac{3}{8}$ " Fabric J triangle to each end of the newly sewn strip to make Row Four.

- 15. Sew together (1) Block 5B square, (1) 12 ½" Fabric H square, (1) Block Three square, (1) 12 ½" Fabric H square and (1) Block 4A square, in that order from left to right. Sew (1) 18 ¼" Fabric J triangle to each end of the newly sewn strip to make Row Five.
- 16. Sew together (1) Block 5A square, (1) Block Two square and (1) Block 4B square, in that order from left to right. Sew (1) 18 ¼" Fabric J triangle to each end of the newly sewn strip to make Row Six.
- 17. Sew (1) 18 $\frac{1}{4}$ " Fabric J triangle to each side of (1) Block One square. Sew (1) 9 $\frac{3}{8}$ " Fabric J triangle to the bottom of the Block One square to make Row Seven.
- 18. Sew together the (7) Rows, in numerical order from top to bottom, to make the quilt top.

Layering, Quilting and Finishing

19. Press the quilt top and 76" x 76" backing well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Binding

- 20. Cut the ends of the (7) Fabric G binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.
- 21. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.

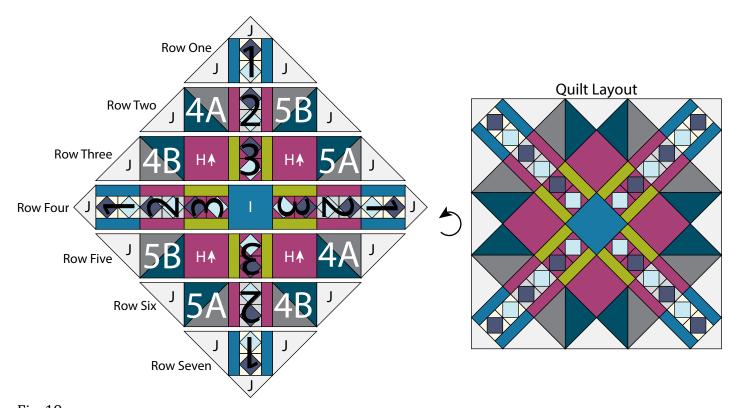


Fig. 19

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