

A Free Project Sheet  
NOT FOR RESALE

# Tropical Fruit

Table Set



Featuring fabrics from the **Tropical Fruit** collection by **Sharla Fultz** for **STUDIO e fabrics**

## Runner Fabric Requirements

(A) 6923P-87 .....	1 panel
(B) 6917-86 .....	½ yard
(C) 6918-66 .....	¼ yard
(D) 6920-33 .....	⅓ yard
(E) 6914-63 .....	¼ yard
(F) White Sugar-09**	½ yard
(G) 6916-70 .....	¼ yard
(H) 1351-Butterscotch+	¼ yard
(I) 6913-89 .....	⅔ yard
(J) Paprika-32** .....	½ yard*
<b>Backing</b>	
6917-86 .....	2 yards

## Place Mat Fabric Requirements (makes 8)

(A) 6923P-87 .....	1 panel
(B) 6916-70 .....	¼ yard
(C) White Sugar-09**	⅞ yard
(D) 6920-33 .....	½ yard
(E) 6914-63 .....	⅜ yard
(F) 6918-66 .....	¼ yard
(G) Paprika-32** .....	1 yard*
(H) 6913-89 .....	½ yard
<b>Backing</b>	
6919-86 .....	2 yards

## Additional Supplies Needed

Batting: (1) 70" x 34", (8) 20" x 16"  
(Recommended:  
Air Lite® Colour Me 100% Cotton)  
Piecing and sewing thread  
Quilting and sewing supplies

Quilt designed by Heidi Pridemore  
Finished Runner Size 62" x 26"  
Finished Place Mat Size 16" x 12"  
Skill Level: Advanced Beginner

\* Includes Binding  
\*\* Peppered Cottons Collection  
+ Just Color! Collection

# Fabrics in the Collection



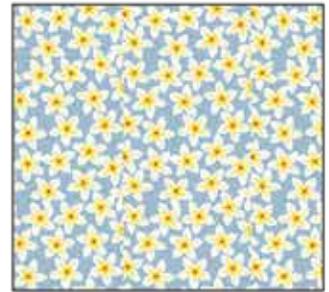
Tossed Tropical Fruits  
Multi - 6913-89



Tossed Bananas  
Green - 6914-63



Tossed Avocado  
Green - 6915-60



Tossed Plumeria Flower  
Blue - 6916-70



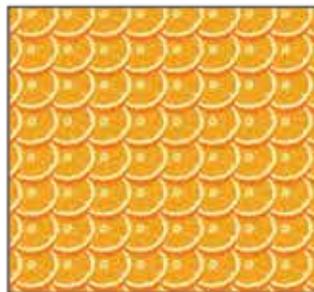
Small Fruit Squares  
Multi - 6917-86



Banana Leave  
Green - 6918-66



Small Tossed Fruit  
Multi - 6919-86



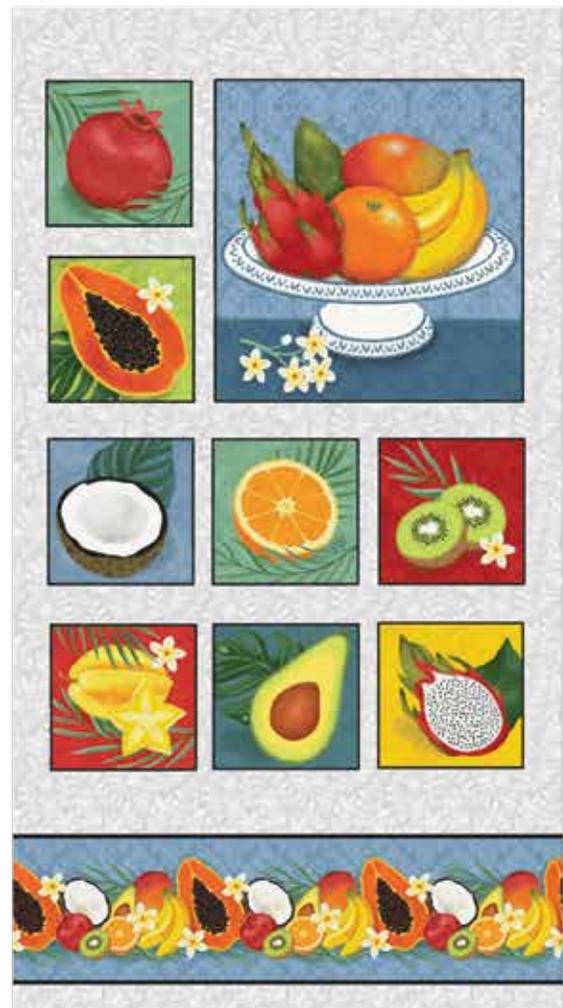
Packed Orange Slice  
Orange - 6920-33



Tossed Mango and Flower  
Black Multi - 6921-89



Border Stripe  
Multi - 6922-87



24 In x 44 In Panel  
Multi - 6923P-87

Select Fabrics from Peppered Cottons and Just Color!



Peppered Cottons  
White Sugar  
White Sugar-09



Peppered Cottons  
Paprika  
Paprika-32



Just Color!  
Butterscotch  
1351-Butterscotch

## Runner Cutting

### Runner Cutting Instructions

*Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.*

WOF= Width of Fabric • LOF = Length of Fabric

#### **Fabric A (6923P-87 24 In x 44 In Panel – Multi):**

- Fussy cut (1) 12 ½" square, centered on the fruit bowl block.

#### **Fabric B (6917-86 Small Fruit Squares – Multi), cut:**

- (1) 12 ½" x WOF strip, sub-cut (2) 12 ½" squares.

#### **Fabric C (6918-66 Banana Leave – Green), cut:**

- (1) 3 ½" x WOF strip, sub-cut (12) 3 ½" squares.

#### **Fabric D (6920-33 Packed Orange Slice – Orange), cut:**

- (2) 3 ⅞" x WOF strips, sub-cut (12) 3 ⅞" squares.

#### **Fabric E (6914-63 Tossed Bananas – Green), cut:**

- (2) 3 ½" x WOF strips, sub-cut (12) 3 ½" x 6 ½" strips.

#### **Fabric F (White Sugar-09 Peppered Cottons – White Sugar), cut:**

- (2) 3 ⅞" x WOF strips, sub-cut (12) 3 ⅞" squares.
- (2) 3 ½" x WOF strips, sub-cut (24) 3 ½" squares.

#### **Fabric G (6916-70 Tossed Plumeria Flower – Blue), cut:**

- (1) 3 ½" x WOF strip, sub-cut (8) 3 ½" squares.

#### **Fabric H (1351-Butterscotch Just Color! – Butterscotch), cut:**

- (1) 1 ½" x WOF strip, sub-cut (2) 1 ½" x 18 ½" strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 56 ½" strips.

#### **Fabric I (6913-89 Tossed Tropical Fruit – Multi), cut:**

- (2) 20 ½" x 3 ½" LOF strips.
- From the remaining fabric, cut (2) 3 ½" x 62 ½" WOF strips, piece as needed.

#### **Fabric J (Paprika-32 Peppered Cottons – Paprika), cut:**

- (5) 2 ½" x WOF strips for the binding.

#### **Backing (6917-86 Small Fruit Squares – Multi), cut:**

- (1) 70" x 34" WOF strip for the back.

## Runner Sewing

Sew using a ¼" seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

### Runner Block Assembly

**Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.**

1. Place (1) 3 ½" Fabric C square on the top left corner of (1) 12 ½" Fabric B square, right sides together (Fig. 1). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle ¼" away from the sewn seam (Fig. 2).

2. Follow Figure 3 for the seam direction to add a 3 ½" Fabric C square to each of the remaining corners of the 12 ½" Fabric B square to make (1) Unit 1 square (Fig. 4).

3. Repeat Steps 1-2 to make a second Unit 1 square.

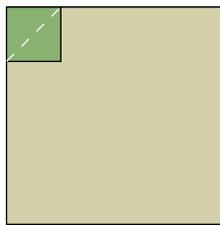


Fig. 1

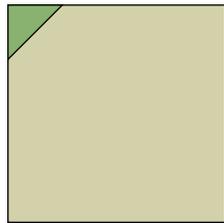


Fig. 2

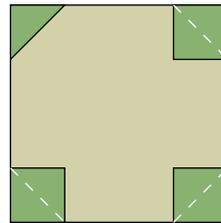


Fig. 3

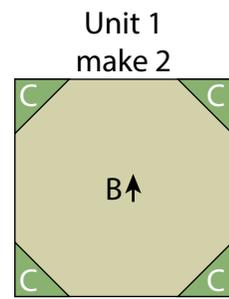


Fig. 4

4. Place (1) 3 ½" Fabric F square on the left side of (1) 3 ½" x 6 ½" Fabric E strip, right sides together (Fig. 5). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 5). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance (Fig. 6).



Fig. 5

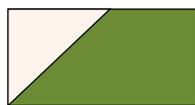


Fig. 6

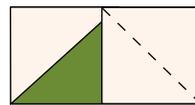


Fig. 7

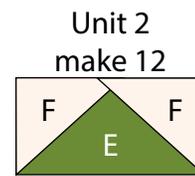


Fig. 8

5. Place another 3 ½" Fabric F square on the right side of the 3 ½" x 6 ½" Fabric E strip, right sides together (Fig. 7). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 7). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance to make (1) Unit 2 strip (Fig. 8).

6. Repeat Steps 4-5 to make (12) Unit 2 strips total.

7. Place (1) 3 ⅞" Fabric D square on top of (1) 3 ⅞" Fabric F square, right sides together. Draw a line across the diagonal of the top square from the upper right corner to the lower left corner (Fig. 9). Sew ¼" away from each side of the drawn diagonal line (Fig. 9).

Cut the (2) squares apart on the drawn diagonal line (Fig. 10) to make (2) half-square triangles. Trim the half-square triangles to measure 3 ½" square to make (1) Unit 3A square and (1) Unit 3B square (Fig. 11). Repeat to make (6) of each square.



Fig. 9

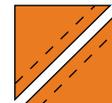


Fig. 10

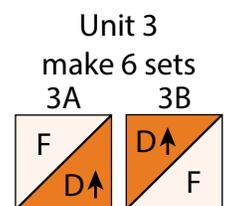
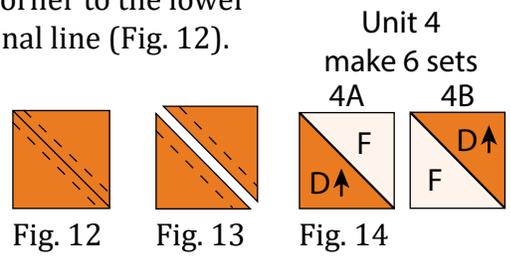
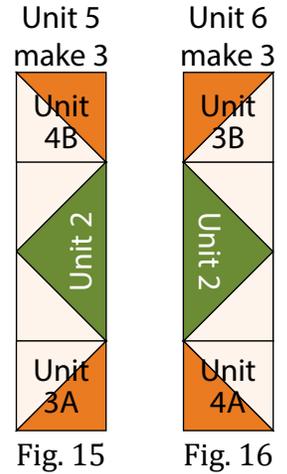


Fig. 11

8. Place (1) 3 7/8" Fabric D square on top of (1) 3 7/8" Fabric F square, right sides together. Draw a line across the diagonal of the top square from the upper left corner to the lower right corner (Fig. 12). Sew 1/4" away from each side of the drawn diagonal line (Fig. 12). Cut the (2) squares apart on the drawn diagonal line (Fig. 13) to make (2) half-square triangles. Trim the half-square triangles to measure 3 1/2" square to make (1) Unit 4A square and (1) Unit 4B square (Fig. 14). Repeat to make (6) of each square.

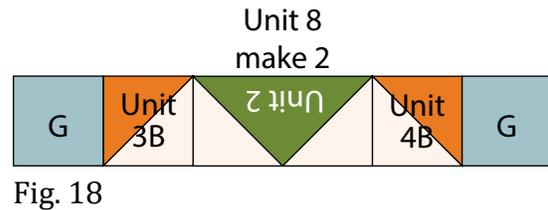
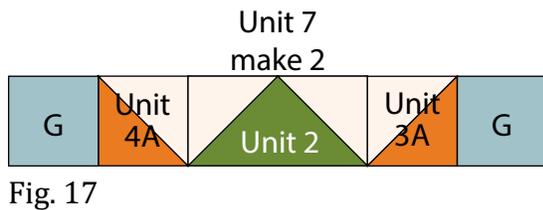


9. Sew together (1) Unit 4B square, (1) Unit 2 strip and (1) Unit 3A square, in that order from top to bottom, to make (1) Unit 5 strip (Fig. 15). Repeat to make (3) Unit 5 strips total.



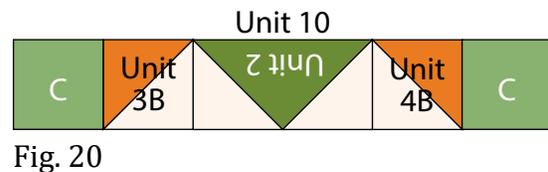
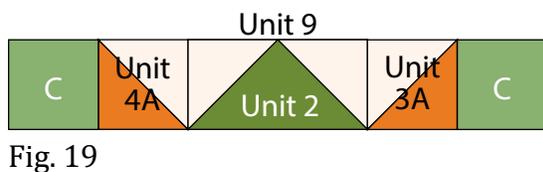
10. Sew together (1) Unit 3B square, (1) Unit 2 strip and (1) Unit 4A square, in that order from top to bottom, to make (1) Unit 6 strip (Fig. 16). Repeat to make (3) Unit 6 strips total.

11. Sew together (1) 3 1/2" Fabric G square, (1) Unit 4A square, (1) Unit 2 strip, (1) Unit 3A square and (1) 3 1/2" Fabric G square, in that order from left to right, to make (1) Unit 7 strip (Fig. 17). Repeat to make a second Unit 7 strip.



12. Sew together (1) 3 1/2" Fabric G square, (1) Unit 3B square, (1) Unit 2 strip, (1) Unit 4B square and (1) 3 1/2" Fabric G square, in that order from left to right, to make (1) Unit 8 strip (Fig. 18). Repeat to make a second Unit 8 strip.

13. Sew together (1) 3 1/2" Fabric C square, (1) Unit 4A square, (1) Unit 2 strip, (1) Unit 3A square and (1) 3 1/2" Fabric C square, in that order from left to right, to make (1) Unit 9 strip (Fig. 19).



14. Sew together (1) 3 1/2" Fabric C square, (1) Unit 3B square, (1) Unit 2 strip, (1) Unit 4B square and (1) 3 1/2" Fabric C square, in that order from left to right, to make (1) Unit 10 strip (Fig. 20).

15. Sew together (1) Unit 5 strip, (1) Unit 1 square and (1) Unit 6 strip lengthwise and in that order from left to right. Sew (1) Unit 7 strip to the top of the newly sewn block and (1) Unit 8 strip to the bottom to make (1) 18 ½" Block One square (Fig. 21). Repeat to make a second Block One square.

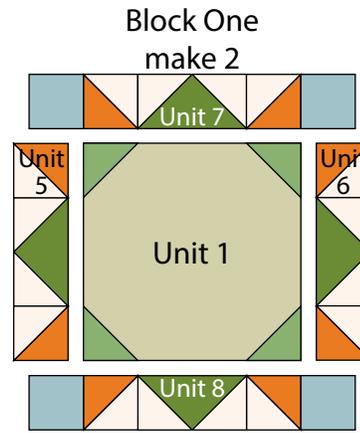


Fig. 21

16. Sew together (1) Unit 5 strip, (1) 12 ½" Fabric A square and (1) Unit 6 strip lengthwise and in that order from left to right. Sew (1) Unit 9 strip to the top of the newly sewn block and (1) Unit 10 strip to the bottom to make (1) 18 ½" Block Two square (Fig. 22).

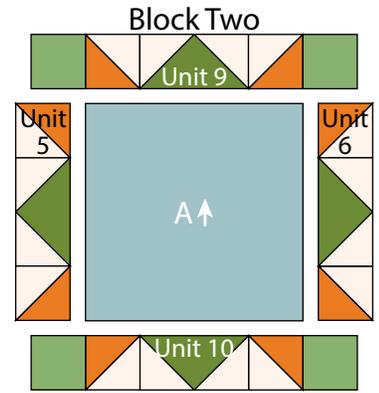


Fig. 22

## Runner Top Assembly

*(Follow the Runner Layout while assembling.)*

17. Sew (1) Block One square to each side of (1) Block Two square to make the Runner Center Block.

18. Sew (1) 1 ½" x 18 ½" Fabric H strip to each side of the Runner Center Block. Sew (1) 1 ½" x 56 ½" Fabric H strip to the top and to the bottom of the Runner Center Block.

19. Sew (1) 3 ½" x 20 ½" Fabric I strip to each side of the Runner Center Block. Sew (1) 3 ½" x 62 ½" Fabric I strip to the top and to the bottom of the Runner Center Block to make the Runner top.

## Runner Layering, Quilting and Finishing

20. Press the runner and 70" x 34" backing well. Layer backing (wrong side up), batting, pressed runner (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

## Runner Binding

21. Cut the ends of the (5) Fabric J binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

22. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.

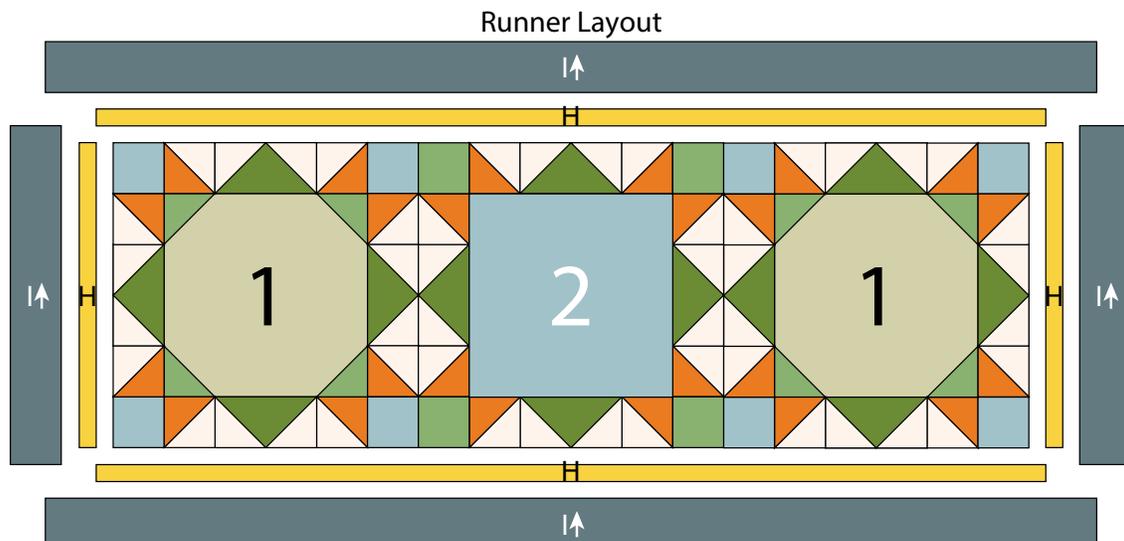


Fig. 23

## Place Mat Cutting

### Place Mat Cutting Instructions

*Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.*

WOF= Width of Fabric • LOF = Length of Fabric

#### **Fabric A (6923P-87 24 Inch x 44 Inch Panel – Multi):**

- Fussy cut (8) 6 ½" squares, each centered on a small block.

#### **Fabric B (6916-70 Tossed Plumeria Flower – Blue), cut:**

- (2) 1 ½" x WOF strips, sub-cut (32) 1 ½" squares.

#### **Fabric C (White Sugar-09 Peppered Cottons – White Sugar), cut:**

- (3) 2 ⅞" x WOF strips, sub-cut (32) 2 ⅞" squares.
- (4) 2 ½" x WOF strips, sub-cut (64) 2 ½" squares.
- (4) 1 ½" x WOF strips, sub-cut (64) 1 ½" x 2 ½" strips.

#### **Fabric D (6920-33 Packed Orange Slice – Orange), cut:**

- (3) 2 ⅞" x WOF strips, sub-cut (32) 2 ⅞" squares.
- (1) 2 ½" x WOF strip, sub-cut (16) 2 ½" x 1 ½" strips.
- (1) 1 ½" x WOF strip, sub-cut (16) 1 ½" x 2 ½" strips.

#### **Fabric E (6914-63 Tossed Bananas – Green), cut:**

- (4) 2 ½" x WOF strips, sub-cut (32) 2 ½" x 4 ½" strips.

#### **Fabric F (6918-66 Banana Leave – Green), cut:**

- (2) 2 ½" x WOF strips, sub-cut (32) 2 ½" squares.

#### **Fabric G (Paprika-32 Peppered Cottons – Paprika), cut:**

- (13) 2 ½" x WOF strips for the binding.

#### **Fabric H (6913-89 Tossed Tropical Fruits – Multi), cut:**

- (1) 12 ½" x WOF strip, sub-cut (8) 12 ½" x 4 ½" strips.

#### **Backing (6919-86 Small Tossed Fruit – Multi), cut:**

- (4) 16" x WOF strips, sub-cut (8) 16" x 20" rectangles for the backs.

## Place Mat Sewing

Sew using a  $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

### Place Mat Block Assembly

**Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.**

23. Sew (1)  $1\frac{1}{2}$ " x  $2\frac{1}{2}$ " Fabric C strip to the top and to the bottom of (1)  $2\frac{1}{2}$ " x  $1\frac{1}{2}$ " Fabric D strip to make the left side border (Fig. 24). Repeat to make the right side border. Sew the strips to the left and right sides (1)  $6\frac{1}{2}$ " Fabric A square.

24. Sew (1)  $1\frac{1}{2}$ " Fabric B square, (1)  $1\frac{1}{2}$ " x  $2\frac{1}{2}$ " Fabric C strip, (1)  $1\frac{1}{2}$ " x  $2\frac{1}{2}$ " Fabric D strip, (1)  $1\frac{1}{2}$ " x  $2\frac{1}{2}$ " Fabric C strip and (1)  $1\frac{1}{2}$ " Fabric B square together in that order from left to right to make the top border (Fig. 24). Repeat to make the bottom border. Sew the borders to the top and to the bottom of the Fabric A square from Step 23 to make (1) Unit 11 square (Fig. 24).

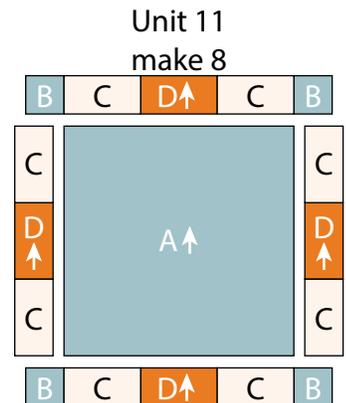


Fig. 24

25. Repeat Steps 23-24 to make (8) Unit 11 squares total.

26. Place (1)  $2\frac{1}{2}$ " Fabric C square on the left side of (1)  $2\frac{1}{2}$ " x  $4\frac{1}{2}$ " Fabric E strip, right sides together (Fig. 25). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 25). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a  $\frac{1}{4}$ " seam allowance (Fig. 26).



Fig. 25

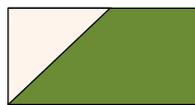


Fig. 26

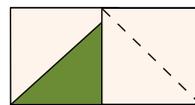


Fig. 27

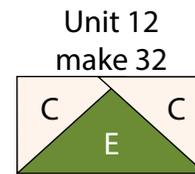


Fig. 28

27. Place another  $2\frac{1}{2}$ " Fabric C square on the right side of the  $2\frac{1}{2}$ " x  $4\frac{1}{2}$ " Fabric E strip, right sides together (Fig. 27). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 27). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a  $\frac{1}{4}$ " seam allowance to make (1) Unit 12 strip (Fig. 28).

28. Repeat Steps 26-27 to make (32) Unit 12 strips total.

29. Place (1)  $2\frac{7}{8}$ " Fabric D square on top of (1)  $2\frac{7}{8}$ " Fabric C square, right sides together. Draw a line across the diagonal of the top square from the upper right corner to the lower left corner (Fig. 29). Sew  $\frac{1}{4}$ " away from each side of the drawn diagonal line (Fig. 29). Cut the (2) squares apart on the drawn diagonal line (Fig. 30) to make (2) half-square triangles. Trim the half-square triangles to measure  $2\frac{1}{2}$ " square to make (1) Unit 13A square and (1) Unit 13B square (Fig. 31).

Repeat to make (16) of each square.



Fig. 29

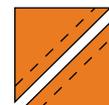


Fig. 30

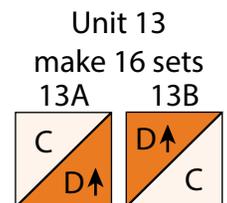
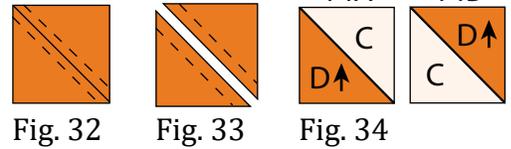
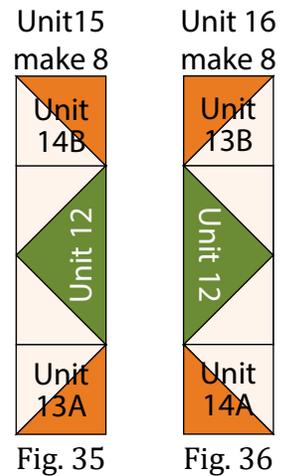


Fig. 31

30. Place (1) 2 7/8" Fabric D square on top of (1) 2 7/8" Fabric C square, right sides together. Draw a line across the diagonal of the top square from the upper left corner to the lower right corner (Fig. 32). Sew 1/4" away from each side of the drawn diagonal line (Fig. 32). Cut the (2) squares apart on the drawn diagonal line (Fig. 33) to make (2) half-square triangles. Trim the half-square triangles to measure 2 1/2" square to make (1) Unit 14A square and (1) Unit 14B square (Fig. 34). Repeat to make (16) of each square.



31. Sew together (1) Unit 14B square, (1) Unit 12 strip and (1) Unit 13A square, in that order from top to bottom, to make (1) Unit 15 strip (Fig. 35). Repeat to make (8) Unit 15 strips total.



32. Sew together (1) Unit 13B square, (1) Unit 12 strip and (1) Unit 14A square, in that order from top to bottom, to make (1) Unit 16 strip (Fig. 36). Repeat to make (8) Unit 16 strips total.

33. Sew together (1) 2 1/2" Fabric F square, (1) Unit 14A square, (1) Unit 12 strip, (1) Unit 13A square and (1) 2 1/2" Fabric F square, in that order from left to right, to make (1) Unit 17 strip (Fig. 37). Repeat to make (8) Unit 17 strips total.

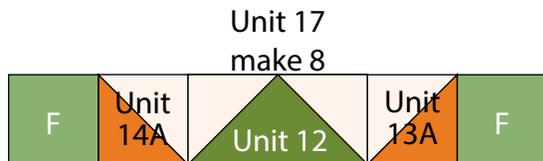


Fig. 37

34. Sew together (1) 2 1/2" Fabric F square, (1) Unit 13B square, (1) Unit 12 strip, (1) Unit 14B square and (1) 3 1/2" Fabric F square, in that order from left to right, to make (1) Unit 18 strip (Fig. 38). Repeat to make (8) Unit 18 strips total.



Fig. 38

35. Sew together (1) Unit 15 strip, (1) Unit 11 square and (1) Unit 16 strip. Sew (1) Unit 17 strip to the top of the newly sewn block and (1) Unit 18 strip to the bottom of the block to make (1) 12 ½" Block Three square (Fig. 39). Repeat to make (8) Block Three squares total.

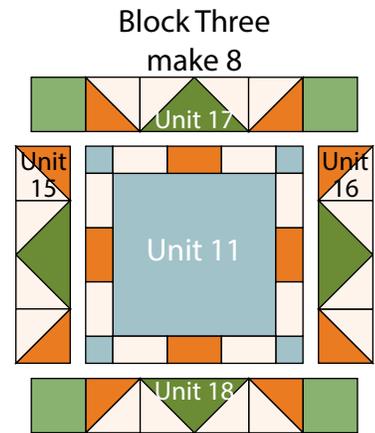


Fig. 39

36. Sew (1) 4 ½" x 12 ½" Fabric H strip to the right side of (1) Block Three square to make (1) Place Mat top (Fig. 40). Repeat to make (8) Block Mat tops total.

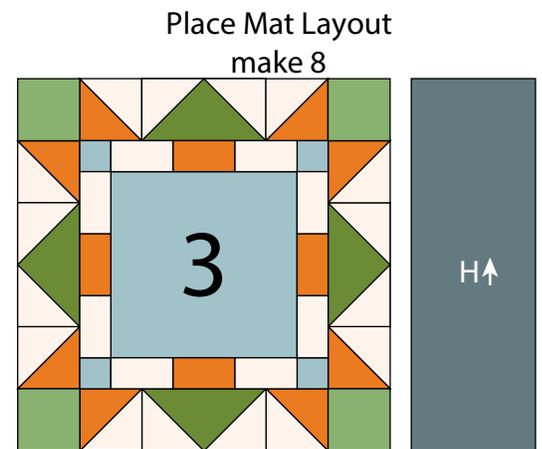


Fig. 40

### Place Mat Layering, Quilting and Finishing

37. Press the place mats and (8) 20" x 16" backings well. Layer backing (wrong side up), batting, pressed place mats (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

### Place Mat Binding

38. Cut the ends of the (13) Fabric G binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together. Cut the strip into (8) equal length pieces.

39. Sew the binding to the front of each place mat, raw edges together. Turn the folded edge to the back, and hand stitch in place.