## P STUDIO• $\cdot$ •PROJECTS ${ }^{(3)}$

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## Winter White

: A Free Project Sheet: :NOT FOR RESALE:



Featuring fabrics from the Winter White collection by Rebecca Canale for STU.DI.OC

Runner Fabric Requirements
(A) 7222-68 ............ $1 / 3$ yard
(B) 1351-Red Delicious** $2 / 3$ yard*
(C) 7226-68 $\qquad$ $1 / 4$ yard
(D) Lake- $00^{+}$ $\qquad$ $1 / 4$ yard
(E) 7227-69 $\qquad$ $1 / 4$ yard
(F) 7225-88 $\qquad$ $1 / 4$ yard
(G) 1351-Forest**.. $1 / 4$ yard
(H) 7231-90 $\qquad$ $1 / 8$ yard
(I) $7229-09 \mathrm{~W}$ $\qquad$ 1/8 yard
(J) 7230-09 ............. 1/4 yard
(K) 7223-68 $\qquad$ $1 / 2$ yard
Backing
$\qquad$ 2 yards

Place Mat Fabric Requirements (makes 4)
(A) 7222-68 ............ $2 / 3$ yard
(B) 1351-Red Delicious** $3 / 8$ yard
(C) 7226-68 $\qquad$ $3 / 8$ yard
(D) Lake- $00^{+} \ldots . . . . . . . . . . \quad 3 / 8$ yard
(E) 7227-69 $\qquad$ $1 / 2$ yard
(F) 1351-Forest**.. 2/3 yard* Backing

7223-68 $\qquad$ $11 / 2$ yards

[^0]Additional Supplies Needed
Batting (1) 68" x 29", (4) 24" x 19"
(Recommended:
Air Lite ${ }^{\circledR}$ Colour Me 100\% Cotton)
Piecing and sewing thread Quilting and sewing supplies

Quilt designed by Heidi Pridemore Finished Runner Size 60" x $21^{\prime \prime}$ Finished Place Mat Size 20" x 15 " Skill Level: Advanced Beginner

## Fabricsin the Collection



Tossed Animals Gray - 7228-90



Tossed Greenery Multi - 7223-68

Birch Texture


Rabbits Gray/Dots are Pigment White-7229-09W


Winter Berries Multi - 7226-68


Animal Blocks
Multi - 7222-68


Forest Scene
Green/Gray - 7227-69

Animal Tracks
Gray - 7230-09



Birch Stripe
Gray - 7231-90

Select Fabrics from Peppered Cotons and Just Color!


Peppered Cottons Lake Lake-00


Just Color! Burgundy 1351-Burgundy


Just Color! Forest 1351-Forest


Just Color! Red Delicious 1351-Red Delicious

## Runner Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.
WOF = Width of Fabric • LOF = Length of Fabric
Fabric A (7222-68 Animal Blocks - Multi):

- Fussy cut (2) $101 / 2$ " squares, each centered on a block.

Fabric B (1351-Red Delicious Just Color! - Red Delicious), cut:

- (1) $13 / 4$ " x WOF strip, sub-cut (4) $13 / 4$ " x $10 \frac{1}{2 \prime \prime}$ strips.
- (2) $13 / 4$ " x WOF strips, sub-cut (4) $13 / 4$ " x 13 " strips.
- (5) $21 / 2 " \times$ WOF strips for the binding.

Fabric C (7226-68 Winter Berries - Multi), cut:

- (2) $1 \frac{1}{2}$ " x WOF strips, sub-cut (4) $1 \frac{1}{2 \prime \prime}$ x 12 " strips.
- (2) $1 \frac{1}{2}$ " x WOF strips, sub-cut (4) $1 \frac{1}{2}$ " x 14 " strips.

Fabric D (Lake-00 Peppered Cottons - Lake), cut:

- (2) $11 / 4$ " x WOF strips, sub-cut (4) $11 / 4$ " x 14 " strips.
- (3) $1 \frac{1}{4} 4^{\prime \prime} \times$ WOF strips. Sew the strips together end to end with diagonal seams and cut (2) $1 \frac{1}{4}$ " $5541 / 2^{\prime \prime}$ strips.

Fabric E (7227-69 Forest Scene - Green/Gray), cut:

- (1) $4 \frac{1}{2} 2^{\prime \prime} \times$ WOF strip, sub-cut (2) $4 \frac{1}{2 \prime \prime}$ squares.

Fabric F (7225-88 Snow Birds - Red), cut:

- (1) $47 / 8^{\prime \prime}$ x WOF strip, sub-cut (4) $47 / 8$ " squares. Cut the squares across (1) diagonal to make (8) $47 / 8 "$ triangles.

Fabric G (1351-Forest Just Color! - Forest), cut:

- (1) $5 \frac{1}{4}$ " x WOF strip, sub-cut (2) $51 / 4$ " squares. Cut the squares across both diagonals to make (8) $51 / 4{ }^{\prime \prime}$ triangles.

Fabric H (7231-90 Birch Stripe - Gray), cut:

- (1) $21 / 2 "$ x WOF strip, sub-cut (16) $21 / 2 "$ squares.

Fabric I (7229-09W Rabbits - Gray/Dots are Pigment White), cut:

- (1) $21 / 2^{\prime \prime}$ x WOF strip, sub-cut (16) $21 / 2^{\prime \prime}$ squares.

Fabric J (7230-09 Animal Tracks - Gray), cut:

- (1) $5 \frac{1}{4}$ " x WOF strip, sub-cut (2) $51 / 4$ " squares. Cut the squares across both diagonals to make (8) $51 / 4{ }^{\prime \prime}$ triangles.
- From the remaining fabric, cut (2) $1 \frac{1}{4}$ " x $241 / 2$ " WOF strips.

Fabric K (7223-68 Tossed Greenery - Multi), cut:

- (1) $151 / 2 "$ x WOF strip, sub-cut (2) $151 / 2^{\prime \prime} \times 31 / 2 "$ strips.
- From the remaining fabric, cut (2) $31 / 2^{\prime \prime}$ x 60 " strips, piece as needed.

Backing (7228-90 Tossed Animals - Gray), cut:

- (1) 68 " x 29 " WOF strip for the back.


## Rumner Sewing

Sew using a $1 / 4$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

## Runner Block Assembly

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.

1. Sew (1) $13 / 4$ " $\times 10 \frac{1}{2}$ " Fabric B strip to each side of (1) $10 \frac{1}{2}$ " Fabric A square. Sew (1) $13 / 4$ " X 13 " Fabric B strip to the top and to the bottom of the Fabric A square to make (1) Unit 1 square (Fig. 1). Trim the block to measure 12" x 12". Repeat to make a second Unit 1 square.


Fig. 1 B

Block One
2. Sew (1) $1 \frac{1}{2}$ " $\times 12^{\prime \prime}$ Fabric C strip to each side of (1) Unit 1 square. Sew (1) $1 \frac{1}{2} 2^{\prime \prime} \times 14$ " Fabric C strip to the top and to the bottom of the Unit 1 square to make (1) 14" Block One square (Fig. 2). Repeat to make a second Block One square.


Fig. 2
3. Sew (1) $21 / 2$ " x Fabric H square to the left side of (1) $21 / 2$ " Fabric I square to make the top row. Sew (1) $21 / 2^{\prime \prime}$ Fabric I square to the left side of (1) $21 / 2^{\prime \prime}$ Fabric H square to make the bottom row. Sew together the (2) rows to make (1) $41 / 2$ " Unit 2 square (Fig. 3). Repeat to make (4) Unit 2 squares total.

Unit 2

Fig. 3
Unit 3
4. Repeat Step 3 and refer to Figure 4 for fabric identification, placement and orientation to make (4) Unit 3 squares.
make 4

| I | HA |
| :---: | :---: |
| HA | 1 |

Fig. 4
5. Sew together (1) $5 \frac{1}{4}$ " Fabric G triangle and (1) $5 \frac{1}{4}$ " Fabric J triangle along short sides. Sew (1) $47 / 8^{\prime \prime}$ Fabric F triangle to the long side of the newly sewn triangle to make (1) $4 \frac{1}{2}$ " Unit 4 square (Fig. 5). Repeat to make (8) Unit 4 squares total.

Unit 4


Fig. 5
6. Sew together (1) Unit 2 square, (1) Unit 4 square and (1) Unit 3 square, in that order from left to right, to make the top row (Fig. 6).
7. Sew (1) Unit 4 square to each side of (1) $41 / 2$ " Fabric E square to make the middle row (Fig. 6).
8. Sew together (1) Unit 3 square, (1) Unit 4 square and (1) Unit 2 square, in that order from left to right, to make the bottom row (Fig. 6).
9. Sew together the (3) rows from Steps 6-8 lengthwise to make (1) $121 / 2$ " Block Two square (Fig. 6).
10. Repeat Steps 6-9 to make a second Block Two square.


Fig. 6
11. Sew together the (2) Block Two squares. Sew (1) $1 \frac{1}{4}$ " $\times 24 \frac{1}{2}$ " Fabric J strip to the top and to the bottom of the newly sewn strip. Sew (1) $1 \frac{1}{4 \prime \prime} \times 14^{\prime \prime}$ Fabric D strip to each end of the newly sewn strip. Sew (1) Block One square to each end of the newly sewn strip to make the 53 " x 14 " Runner Center Block (Fig. 7).


## Runner Assembly

## (Follow the Runner Layout in Figure 8 while assembling the runner top.)

12. Sew (1) $1 \frac{1}{4} 4^{\prime \prime} \times 14^{\prime \prime}$ Fabric D strip to each end of the Runner Center Block. Sew (1) $1 \frac{1}{4} 4^{\prime \prime} \times 54 \frac{1}{2}$ " Fabric D strip to the top and to the bottom of the Runner Center Block.
13. Sew (1) $15 \frac{1}{2 \prime \prime} \times 31 / 2$ " Fabric K strip to each end of the Runner Center Block. Sew (1) $31 / 2$ " $\times 601 / 2$ " Fabric K strip to the top and to the bottom of the Runner Center Block to make the Runner top (Fig. 8).

## Runner Layering, Quilting and Finishing

14. Press the runner and 68" x 29" backing well. Layer backing (wrong side up), batting, pressed runner (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

## Runner Binding

15. Cut the ends of the (5) Fabric B binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.
16. Sew the binding to the front of the runner, raw edges together. Turn the folded edge to the back, and hand stitch in place.

Runner Layout


Fig. 8

## Place Mat Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.
WOF = Width of Fabric • LOF = Length of Fabric
Fabric A (7222-68 Animal Blocks - Multi):

- Fussy cut (4) $101 / 2$ " squares, each centered on a block.

Fabric B (1351-Red Delicious Just Color! - Red Delicious), cut:

- (2) $13 / 4$ " x WOF strips, sub-cut (8) $13 / 4 " \times 101 / 2 "$ strips.
- (3) $13 / 4$ " x WOF strips, sub-cut (8) $13 / 4 " \mathrm{x} 13$ " strips.

Fabric C (7226-68 Winter Berries - Multi), cut:

- (3) $1 \frac{1}{2}$ " x WOF strips, sub-cut (8) $1 \frac{1}{2 \prime \prime}$ x 12 " strips.
- (3) $1 \frac{1}{2}$ " x WOF strips, sub-cut (8) $1 \frac{1}{2}$ " x 14 " strips.

Fabric D (Lake-00 Peppered Cottons - Lake), cut:

- (3) $11 / 4$ " x WOF strips, sub-cut (8) $11 / 4$ " x 14 " strips.
- (4) $1 \frac{1}{4}$ " x WOF strips, sub-cut (8) $1 \frac{1}{4} /{ }^{\prime \prime} \times 15 \frac{1}{2}$ " strips.

Fabric E (7227-69 Forest Scene - Green/Gray), cut:

- (1) $151 / 2 \prime 2$ x WOF strip, sub-cut (8) $151 / 2 "$ x 3 " strips.

Fabric F (1351-Forest Just Color! - Forest), cut:

- (8) $21122^{\prime \prime} \times$ WOF strips for the binding.

Backing (7223-68 Tossed Greenery - Multi), cut:
-(2) 24 " x WOF strips, sub-cut (4) 24 " x 19 " rectangles for the backs.

## Place Mat Sewing

Sew using a $1 / 4$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

## Place Mat Block Assembly

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.
17. Sew (1) $13 / 4$ " $\times 10 \frac{1}{2}$ " Fabric B strip to each side of (1) $10 \frac{1}{2}$ " Fabric A square. Sew (1) $13 / 4$ " x 13 " Fabric B strip to the top and to the bottom of the Fabric A square to make (1) Unit 5 square (Fig. 9). Trim the block to measure 12" $\mathbf{x}$ 12". Repeat to make (4) Unit 5 squares total.

Unit 6
18. Sew (1) $1 \frac{1}{2 \prime \prime} \times 12^{\prime \prime}$ Fabric C strip to each side of (1) Unit 5 square. Sew
(1) $1 \frac{1}{2}$ " $\times 14^{\prime \prime}$ Fabric C strip to the top and to the bottom of the Unit 5 square to make (1) Unit 6 square (Fig. 10). Repeat to make (4) Unit 6 squares total.


Fig. 10
19. Sew (1) $1 \frac{1}{4} "^{\prime \prime} \times 14$ " Fabric D strip to each side of (1) Unit 6 square. Sew (1) $11 / 4^{\prime \prime} \times 15 \frac{1}{2}$ " Fabric D strip to the top and to the bottom of the Unit 6 square to make (1) $15 \underline{1} / 2$ " Block Three square (Fig. 11). Repeat to make (4) Block Three squares total.


Fig. 11
20. Sew (1) 3" x $15 \frac{1}{2}$ " Fabric E strip to each side of (1) Block Three square to make (1) Place Mat Top (Fig. 12). Repeat to make (4) Place Mat tops total.

Place Mat Layout make 4


Fig. 12

## Place Mat Layering, Quilting and Finishing

21. Press the runner and (4) 24 " x 19" backings well. Layer backing (wrong side up), batting, pressed place mats (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

## Place Mat Binding

22. Cut the ends of the (8) Fabric F binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together. Cut the strip into (4) equal lengths.
23. Sew the binding to the front of the place mats, raw edges together. Turn the folded edge to the back, and hand stitch in place.
[^1]
[^0]:    * Includes Binding
    ** Just Color! Collection
    + Peppered Cottons Collection

[^1]:    Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check www.studioefabrics.net for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are not for resale.

