American Folk

Featuring fabrics from the American Folk collection by Jennifer Brinley for Studio E Fabrics

Fabric Requirements

(A) 3210-77 .......... 1 panel
(B) 3212-77 .......... 1 yard
(C) 3213-77 .......... 2 yards
(D) 3211-77 .......... ½ yard
(E) 3214-88 .......... 1 yard*
(F) 3215-44 .......... ¾ yard
(G) 3212-44 .......... ½ yard
(H) 3212-88 .......... ⅜ yard
(I) 3214-11 .......... ½ yard
(J) 3215-11 .......... ¼ yard
(K) 3214-44 .......... 1 yard
(L) 3213-88 .......... ⅜ yard

*Includes binding

Additional Supplies Needed

Batting 57” x 69”
Piecing and sewing thread
Quilting and sewing supplies

Pattern Information

Quilt designed by Heidi Pridemore
Finished Quilt Size 49” x 61”
Skill Level: Advanced Beginner
Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (3210-77 Rooster Blocks – Navy), cut:
• Fussy cut (6) 10 ½” blocks.

Fabric B (3212-77 Jacobean Vine – Navy), cut:
• (1) 10 ½” x WOF strip, sub-cut (12) 2” x 10 ½” strips.
• (1) 13 ½” x WOF strip, sub-cut (12) 2” x 13 ½” strips.
• (1) 3 ½” x WOF strip, sub-cut (8) 3 ½” squares.
• (2) 2” x WOF strips, sub-cut (32) 2” squares.

Fabric C (3213-77 Ticking Stripe – Navy), cut:
• (2) 2 ½” x 65” LOF strips.
• (2) 2 ½” x 53” LOF strips.

Fabric D (3211-77 Stars and Stripes – Navy), cut:
• (1) 3 ½” x WOF strip, sub-cut (2) 3 ½” squares.
• (1) 2” x WOF strips, sub-cut (16) 2” squares.
• (2) 2 ½” x WOF strips, sub-cut (32) 2 ½” squares.

Fabric E (3214-88 Bandana Basic – Red), cut:
• (2) 3 ½” x WOF strips, sub-cut (16) 3 ½” squares.
• (2) 3 ½” x WOF strips, sub-cut (32) 2” x 3 ½” strips.
• (1) 2” x WOF strip, sub-cut (16) 2” squares.
• (6) 2 ½” x WOF strips for the binding.

Fabric F (3215-44 Rooster Toss – Cream), cut:
• (1) 6 ½” x WOF strip, sub-cut (8) 3 ½” x 6 ½” strips.
• (1) 3 ½” x WOF strip, sub-cut (8) 3 ½” squares.

Fabric G (3212-44 Jacobean Vine – Cream), cut:
• (1) 2 ½” x WOF strip, sub-cut (8) 2 ½” squares.
• (1) 4 ½” x WOF strip, sub-cut (16) 2 ½” x 4 ½” strips.

Fabric H (3212-88 Jacobean Vine – Red), cut:
• (1) 4 ½” x WOF strip, sub-cut (2) 4 ½” squares.
• (1) 2 ½” x WOF strip, sub-cut (16) 2 ½” squares.

Fabric I (3214-11 Bandana Basic – Chambray), cut:
• (1) 2 ½” x WOF strip, sub-cut (8) 2 ½” squares.
• (1) 4 ½” x WOF strip, sub-cut (8) 2” x 4 ½” strips.

Fabric J (3215-11 Rooster Toss – Chambray), cut:
• (1) 6 ½” x WOF strip, sub-cut (2) 6 ½” squares.

Fabric K (3214-44 Bandana Basic – Cream), cut:
• (1) 3 ½” x WOF strip, sub-cut (16) 2” x 3 ½” strips.
• (3) 2” x WOF strips, sub-cut (56) 2” squares.
• (3) 3 ½” x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 3 ½” x 51 ½” strips.
• (3) 3 ½” x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 3 ½” x 45 ½” strips.
Cutting - Continued

**Fabric L (3213-88 Ticking Stripe – Red), cut:**
- (3) 2” x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2” x 48 ½” strips.
- (2) 2” x 39 ½” WOF strips.

**Backing (3215-11 Rooster Toss – Chambray), cut:**
- (2) 57” x WOF strips. Piece the strips together and trim to 57” x 69” for the backing piece.

**Sewing**
Sew using a ¼” seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

**Block Assembly**
1. Sew (1) 2” x 10 ½” Fabric B strip to each side of (1) 10 ½” Fabric A block. Sew (1) 2” x 13 ½” Fabric B strip to the top and to the bottom of the Fabric A block. Trim the block to measure 12 ½” square to make (1) Block One (Fig. 1). Repeat to make (6) Block Ones total.

2. Place (1) 3 ½” Fabric E square on the left side of (1) 3 ½” x 6 ½” Fabric F strip, right sides together (Fig. 2). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press (Fig. 3). Trim away the excess fabric from behind the triangle, leaving a ¼” seam allowance.

3. Place another 3 ½” Fabric E square on the right side of the 3 ½” x 6 ½” Fabric F strip, right sides together (Fig. 4). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 4). Flip open the triangle formed and press (Fig. 5). Trim away the excess fabric from behind the triangle, leaving a ¼” seam allowance to make (1) EFE unit.

4. Repeat Steps 2-3 to make (8) EFE units total.

5. Repeat Steps 2-3 using (8) 2” x 3 ½” Fabric E strips and (16) 2” Fabric D squares to make (8) DED units (Fig. 6).
6. Sew (1) DED unit to each side of (1) 3 ½” Fabric D square. Sew (1) 2” Fabric E square to each end of (1) DED unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Fabric D square to make (1) D block (Fig. 7). Repeat to make a second D block.

7. Sew (1) EFE unit to each side of (1) D block. Sew (1) 3 ½” Fabric F square to each end of (1) EFE unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the D block to make (1) Block Two (Fig. 8). Repeat to make a second Block Two.

8. Repeat Steps 2-3 using (8) 2 ½” x 4 ½” Fabric I strips and (16) 2 ½” Fabric H squares to make (8) HIH units (Fig. 9).

9. Repeat Steps 2-3 using (16) 2 ½” x 4 ½” Fabric G strips and (32) 2 ½” Fabric D squares to make (16) DGD units (Fig. 10).

10. Sew (1) IHI unit to each side of (1) 4 ½” Fabric H square. Sew (1) 2 ½” Fabric I square to each end of (1) HIH unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the 4 ½” Fabric H square to make (1) H block (Fig. 11). Repeat to make a second H block.

11. Sew (2) DGD units together end to end to make (1) DGD strip. Repeat to make (8) DGD strips total.

12. Sew (1) DGD strip to each side of (1) H block. Sew (1) 2 ½” Fabric G square to each end of (1) DGD strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the H block to make (1) Block Three (Fig. 12). Repeat to make a second Block Three.
13. Place (1) 3 ½” Fabric B square on the top left corner of (1) 6 ½” Fabric J square, right sides together (Fig. 13). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 13). Flip open the triangle formed and press (Fig. 14). Trim away the excess fabric from behind the triangle ¼” away from the sewn seam.

14. Follow Figure 15 for the seam direction to add a 3 ½” Fabric B square to each of the remaining corners of the 6 ½” Fabric J square to make (1) J block (Fig. 16).

15. Repeat Steps 13-14 to make a second J block.

16. Repeat Steps 2-3 using (16) 2” x 3 ½” Fabric K strips and (32) 2” Fabric B squares to make (16) BKB units (Fig. 17).

17. Repeat Steps 2-3 using (24) 2” x 3 ½” Fabric E strips and (48) 2” Fabric K squares to make (24) KEK units (Fig. 18).

18. Sew (2) BKB units together end to end to make (1) BKB strip. Repeat to make (8) BKB strips total.

19. Sew (1) BKB strip to each side of (1) J block. Sew (1) 2” Fabric K square to each end of (1) BKB strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the J block (Fig. 19) to make (1) JK block. Repeat to make a second JK block.

20. Sew (3) KEK units together end to end to make (1) KEK strip. Repeat to make (8) KEK strips total.

21. Sew (1) KEK strip to each side of (1) JK block. Sew (1) 2” Fabric E square to each end of (1) KEK strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the JK block to make (1) Block Four (Fig. 20). Repeat to make a second Block Four.
Quilt Top Assembly
*(Follow the Quilt Layout while assembling the quilt top.)*

22. Sew (1) Block One to each side of (1) Block Two to make Row One. Repeat to make Row Three.

23. Sew (1) Block Three to the left side of (1) Block One. Sew (1) Block Four to the right side of the Block One to make Row Two.

24. Sew (1) Block Four to the left side of (1) Block One. Sew (1) Block Three to the right side of the Block One to make Row Four.

25. Sew the (4) rows together in numerical order to make the quilt top.

26. Sew (1) 2” x 48 ½” Fabric L strip to each side of the quilt top. Sew (1) 2” x 39 ½” Fabric L strip to the top and to the bottom of the quilt top.

27. Sew (1) 3 ½” x 51 ½” Fabric K strip to each side of the quilt top. Sew (1) 3 ½” x 45 ½” Fabric K strip to the top and to the bottom of the quilt top.

28. Center (1) 2 ½” x 65” Fabric C strip on one side of the quilt top and pin in place. Start sewing the strip a ¼” from the top edge of the quilt top and stop a ¼” from the bottom edge. **DO NOT TRIM THE EXCESS.** Repeat with the opposite side.

29. Repeat Step 28 to sew (1) 2 ½” x 53” Fabric C strip to the top and to the bottom of the quilt top, making sure to stop and start ¼” away from each end of the quilt top. To miter each corner, fold the quilt top on a diagonal, wrong side together. This should line up the strips from adjacent sides (Fig. 21).

30. Starting at the sewn seam (represented by the arrow in Figure 21), draw a 45-degree line to the edge of the fabric. Sew on the drawn line. Trim the excess fabric leaving a ¼” seam. Repeat this step with the remaining corners.

Layering, Quilting and Finishing

31. Press the quilt top and 57” x 69” backing well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Binding

32. Cut the ends of the (6) Fabric E binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

33. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.