

A Free Project Sheet
NOT FOR RESALE

Hearts of Love

Table Set



Featuring fabrics from the **Hearts of Love** collection by **Sharla Fults** for **STUDIO·e·fabrics**

Fabric Requirements - Runner

(A) 4379-29	1 ¼ yards
(B) 4375-99	⅝ yard
(C) 4376-2	⅜ yard
(D) 4371-22	⅜ yard
(E) 4373-90	¼ yard
(F) Aluminum-60**	⅜ yard*
Backing	
4374-88	1 ¾ yards

Fabric Requirements - Place Mats

(A) 4379-29	1 ⅛ yards
(B) 1351-Lipstick+	¼ yard
(C) 4375-99	¼ yard
(D) 4377-2	¼ yard
(E) Aluminum-60**	⅔ yard*
Backing	
4371-22	1 ⅛ yards

* Includes Binding
**Peppered Cottons Collection
+ Just Color! Collection

Additional Supplies Needed

Batting (1) 58" x 26", (4) 20" x 16 ½"
(Recommended:
Air Lite® Colour Me 100% Cotton)
Piecing and sewing thread
Quilting and sewing supplies

Quilt designed by Heidi Pridemore
Finished Runner Size 50" x 18"
Finished Place Mat Size 16" x 12 ½"
Skill Level: Advanced Beginner

Fabrics in the Collection



Valentine Patch - Pink/Red
4370-28



Cupids - Pink
4371-22



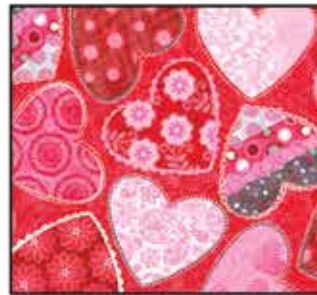
Words - White/Multi
4372-28



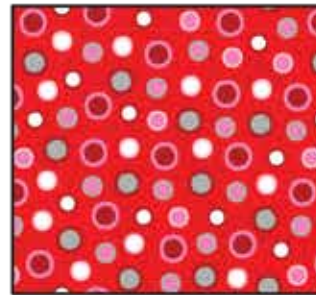
Monotone Scroll with Words
Pink - 4373-22



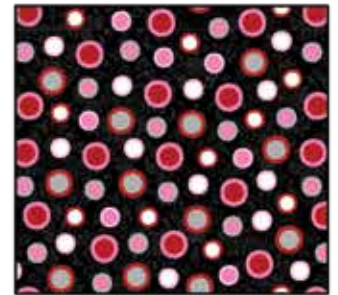
Monotone Scroll with Words
Gray - 4373-90



Tossed Hearts with Patterns
Red - 4374-88



Dots - Red
4375-88



Dots - Black
4375-99



Hearts in Hearts - White/Multi
4376-2



Small Set Hearts - White/Pink
4377-2



Small Set Hearts - Gray/Pink
4377-29



Paisley - Pink
4378-22

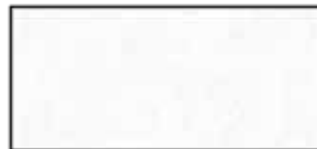


Paisley - Black
4378-99



Novelty Stripe - Pink/Red
4379-29

Select Fabrics from Just Color! and Peppered Cottons



Just Color! - Pigment White
1351-Pigment White



Just Color! - Lipstick
1351-Lipstick



Peppered Cottons - Aluminum
Aluminum-60

Cutting

Cutting Instructions - Runner

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (4379-29 Novelty Stripe – Pink/Red):

- Fussy cut (1) 7" x 38 ½" LOF piece centered on a hearts and "Love" strip.

Fabric B (4375-99 Dots – Black), cut:

- (2) 1 ¼" x 40 ½" WOF strips.
- (4) 2 ½" x WOF strips, sub-cut (52) 2 ½" squares and (2) 1 ½" x 7" strip.

Fabric C (4376-2 Hearts in Hearts – White/Multi), cut:

- (2) 4 ½" x WOF strips, sub-cut (14) 4 ½" squares.

Fabric D (4371-22 Cupids – Pink), cut:

- (2) 4 ½" x WOF strips, sub-cut (14) 4 ½" squares.

Fabric E (4373-90 Monotone Scroll with Words – Gray), cut:

- (4) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 50 ½" strips and (2) 1 ½" x 16 ½" strips.

Fabric F (Aluminum-60 Peppered Cottons – Aluminum), cut:

- (4) 2 ½" x WOF strips for the binding.

Backing (4374-88 Tossed Hearts with Patterns – Red), cut:

- (1) 26" x 58" strip.

Sewing - Runner

Sew using a $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Runner Block Assembly

1. Place (1) $2\frac{1}{2}$ " Fabric B square on the top left corner of (1) $4\frac{1}{2}$ " Fabric D square, right sides together (Fig. 1). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press (Fig. 2). Trim away the excess fabric from behind the triangle $\frac{1}{4}$ " away from the sewn seam.

2. Follow Figure 3 for the seam direction to add a second $2\frac{1}{2}$ " Fabric B square to the upper right corner of the $4\frac{1}{2}$ " Fabric D square to make (1) Unit 1 block (Fig. 4).

3. Repeat Steps 1-2 to make (12) Unit 1 squares total.

4. Repeat Steps 1-2 using (12) $4\frac{1}{2}$ " Fabric C squares and (24) $2\frac{1}{2}$ " Fabric B squares to make (12) Unit 2 squares total (Fig. 5).

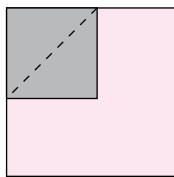


Fig. 1

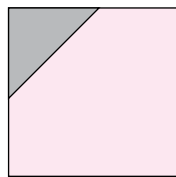


Fig. 2

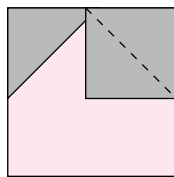


Fig. 3

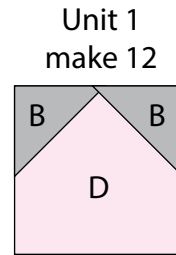


Fig. 4

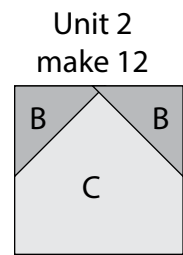


Fig. 5

5. Repeat Steps 1-2 using (2) $4\frac{1}{2}$ " Fabric D squares and (2) $2\frac{1}{2}$ " Fabric B squares to make (2) Unit 3 squares total (Fig. 6).

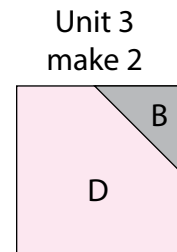


Fig. 6

6. Repeat Steps 1-2 using (2) $4\frac{1}{2}$ " Fabric C squares and (2) $2\frac{1}{2}$ " Fabric B squares to make (2) Unit 4 squares total (Fig. 7).

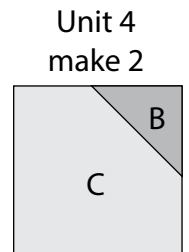


Fig. 7

7. Sew (1) $1\frac{1}{2}$ " x 7" Fabric B strip to each short side of (1) 7" x $38\frac{1}{2}$ " Fabric A strip. Sew (1) $1\frac{1}{4}$ " x $40\frac{1}{2}$ " fabric B strip to the top and bottom of the Fabric A strip to make the Center Block (Fig. 8).

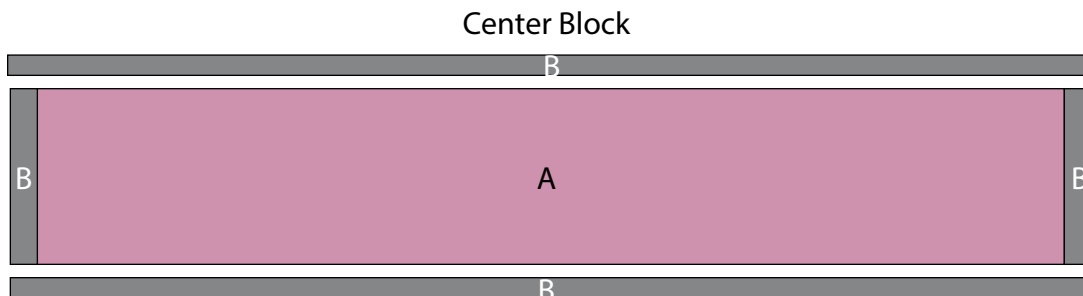


Fig. 8

Runner Top Assembly

(Follow Figure 10 while assembling the runner top.)

8. Follow Figure 9 to sew together (1) Unit 1 square and (1) Unit 2 square to make the side pieced borders. Sew the side pieced borders to each side of the center block.

9. Follow Figure 9 to sew together (5) Unit 1 squares and (5) unit 2 square, alternating them, starting with Unit 1 square. Sew (1) Unit 4 square to the right side of the sewn unit. Sew (1) Unit 3 square to the left side of the sewn unit to complete the bottom pieced border. Repeat to make the top pieced border.

10. Sew the top and bottom pieced borders to the center block.

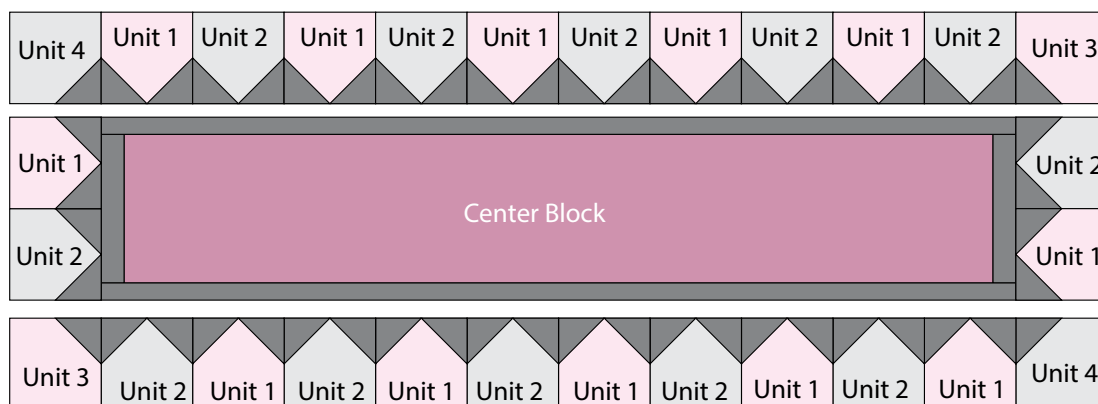


Fig. 9

11. Sew (1) 1 ½" x 16 ½" Fabric E strip to each side of the center block. Sew (1) 1 ½" x 50 ½" Fabric E strip to the top and bottom of the center block to make the runner top (Fig. 10).

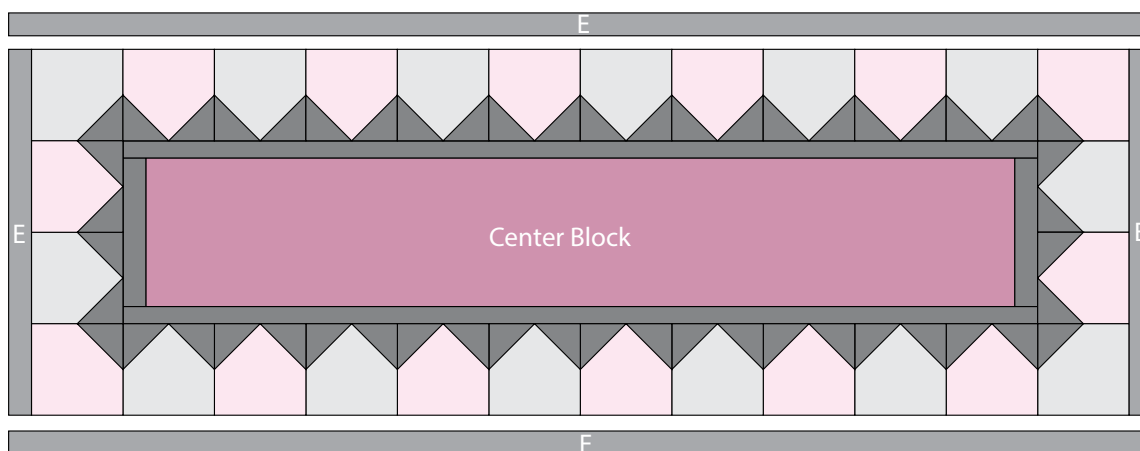


Fig. 10

Runner Layering, Quilting and Finishing

12. Press the runner top and 26" x 58" backing well. Layer backing (wrong side up), batting, pressed runner top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Runner Binding

13. Cut the ends of the (4) Fabric F binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

14. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.

Cutting Instructions - Place Mats

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (4379-29 Novelty Stripe – Pink/Red):

- Fussy cut (4) 7" x 16 ½" pieces each centered on a "Love" and hearts strip.

Fabric B (1351-Lipstick Just Color! – Lipstick), cut:

- (4) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 16 ½" strips.

Fabric C (4375-99 Dots – Black), cut:

- (2) 2 ½" x WOF strips, sub-cut (32) 2 ½" squares.

Fabric D (4377-2 Small Set Hearts – White/Pink), cut:

- (2) 2 ½" x WOF strips, sub-cut (32) 2 ½" squares.

Fabric E (Aluminum-60 Peppered Cottons – Aluminum), cut:

- (8) 2 ½" x WOF strips for the binding.

Backing (4371-22 Cupids –Pink), cut:

- (2) 16 ½" x WOF strips, sub-cut (4) 20" x 16 ½" strips.

Sewing - Place Mats

Sew using a ¼" seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Place Mat Top Assembly

15. Sew together (4) 2 ½" Fabric C squares and (4) 2 ½" Fabric D squares, alternating them, starting with the Fabric C square to make (1) Unit 1 strip (Fig. 11).
16. Repeat Step 15 to make (8) Unit 1 strips total.

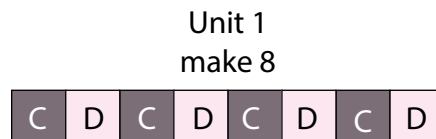


Fig. 11

17. Sew (1) 1 ½" x 16 ½" Fabric B strip to the top and bottom of the 7" x 16 ½" Fabric A strip. Sew (1) Unit 1 strip to the top of the sewn unit with the C square on the left end. Sew (1) Unit 1 strip to the bottom of the sewn unit with the C square on the right end to make (1) Place Mat (Fig. 12). Repeat to make (4) Place Mats total.

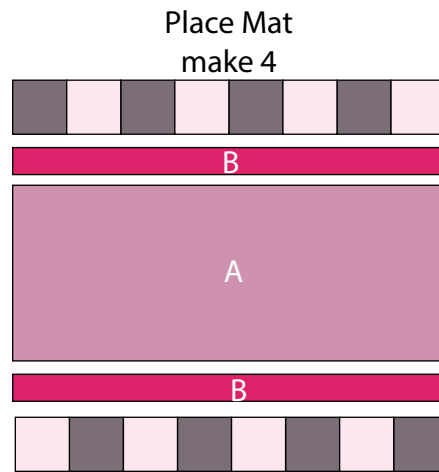


Fig. 12

Place Mat Layering, Quilting and Finishing

18. Press the place mat top and 20" x 16 ½" backing well. Layer backing (wrong side up), batting, pressed place mat top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Place Mat Binding

19. Cut the ends of the (8) Fabric E binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Cut the strip into (4) equal parts. Fold each in half lengthwise and press wrong sides together.

20. Sew a binding to the front of each place mat, raw edges together. Turn the folded edge to the back, and hand stitch in place.